

Documents

Note: Published in reference to information from Miyagi Prefecture and Cabinet Office Websites.

Population of Elderly Individuals by Area

As of the end of March 2012

Municipality name	Population	≥ 60 years		≥ 65 years		≥ 75 years		60-64 years	65-69 years	70-74 years	75-79 years	80-84 years	≥ 85 years	At-home elderly ≥ 65	
		Population	Per-cent %	Population	Per-cent%	Population	Per-cent %							No. living alone	Per-cent %
Shiroishi	37,157	13,640	36.7	10,246	27.6	5,874	15.8	3,394	2,180	2,192	2,207	1,886	1,781	896	8.7
Kakuda	31,548	11,536	36.6	8,517	27.0	4,995	15.8	3,019	1,820	1,702	1,790	1,608	1,597	922	10.8
Zao	13,010	4,946	38.0	3,702	28.5	2,167	16.7	1,244	748	787	787	722	658	407	11.0
Shichikashuku	1,655	849	51.3	715	43.2	527	31.8	134	78	110	162	200	165	122	17.1
Ogawara	23,612	7,139	30.2	5,281	22.4	2,727	11.5	1,858	1,331	1,223	1,099	845	783	825	15.6
Murata	11,923	4,345	36.4	3,224	27.0	1,841	15.4	1,121	685	698	662	602	577	320	9.9
Shibata	38,366	12,352	32.2	8,738	22.8	4,251	11.1	3,614	2,372	2,115	1,691	1,308	1,252	829	9.5
Kawasaki	9,845	3,682	37.4	2,670	27.1	1,560	15.8	1,012	508	602	502	518	540	300	11.2
Marumori	15,421	6,636	43.0	5,156	33.4	3,245	21.0	1,480	880	1,031	1,113	997	1,135	495	9.6
Sennan	182,537	65,125	35.7	48,249	26.4	27,187	14.9	16,876	10,602	10,460	10,013	8,686	8,488	5,116	10.6
Sendai	1,020,241	273,840	26.8	196,851	19.3	94,699	9.3	76,989	54,053	48,099	39,866	29,232	25,601	43,874	22.3
Shiogama	56,642	20,808	36.7	15,595	27.5	8,029	14.2	5,213	3,816	3,750	3,375	2,562	2,092	2,939	18.8
Natori	71,844	18,828	26.2	13,563	18.9	6,631	9.2	5,265	3,533	3,399	2,844	2,015	1,772	1,133	8.4
Tagajo	61,166	16,465	26.9	11,747	19.2	5,350	8.7	4,718	3,395	3,002	2,353	1,660	1,337	1,908	16.2
Iwanuma	43,530	12,385	28.5	8,703	20.0	4,368	10.0	3,682	2,265	2,070	1,772	1,381	1,215	1,167	13.4
Watari	34,091	11,314	33.2	8,066	23.7	4,092	12.0	3,248	2,103	1,871	1,606	1,301	1,185	805	10.0
Yamamoto	14,226	5,953	41.8	4,396	30.9	2,340	16.4	1,557	1,059	997	890	732	718	453	10.3
Matsushima	15,255	6,169	40.4	4,734	31.0	2,581	16.9	1,435	1,006	1,147	1,056	789	736	617	13.0
Shichigahama	20,133	6,265	31.1	4,505	22.4	2,100	10.4	1,760	1,251	1,154	940	626	534	387	8.6
Rifu	35,224	8,331	23.7	5,597	15.9	2,596	7.4	2,734	1,639	1,362	1,130	829	637	645	11.5
Taiwa	26,175	6,931	26.5	5,153	19.7	2,929	11.2	1,778	1,097	1,127	1,140	927	862	614	11.9
Osato	8,873	3,400	38.3	2,499	28.2	1,543	17.4	901	469	487	548	488	507	237	9.5
Tomoya	49,198	10,507	21.4	6,782	13.8	2,597	5.3	3,725	2,320	1,865	1,140	769	688	441	6.5
Ohira	5,535	1,795	32.4	1,279	23.1	754	13.6	516	282	243	269	245	240	105	8.2
Sendai Total	1,462,133	402,991	27.6	289,470	19.8	140,609	9.6	113,521	78,288	70,573	58,929	43,556	38,124	55,325	19.1
Osaki	135,512	44,335	32.7	32,756	24.2	18,814	13.9	11,579	6,864	7,078	7,427	6,183	5,204	4,430	13.5
Shikama	7,465	2,617	35.1	1,951	26.1	1,193	16.0	666	364	394	450	396	347	120	6.2
Kami	25,776	9,954	38.6	7,588	29.4	4,608	17.9	2,366	1,390	1,590	1,751	1,538	1,319	649	8.6
Wakuya	17,584	6,570	37.4	4,832	27.5	2,744	15.6	1,738	1,013	1,075	1,121	901	722	636	13.2
Misato	25,212	9,621	38.2	7,155	28.4	4,051	16.1	2,466	1,584	1,520	1,568	1,319	1,164	859	12.0
Osaki total	211,549	73,097	34.6	54,282	25.7	31,410	14.8	18,815	11,215	11,657	12,317	10,337	8,756	6,694	12.3
Kurihara	75,296	31,119	41.3	24,026	31.9	14,925	19.8	7,093	4,218	4,883	5,711	4,922	4,292	2,564	10.7
Kurihara total	75,296	31,119	41.3	24,026	31.9	14,925	19.8	7,093	4,218	4,883	5,711	4,922	4,292	2,564	10.7
Tome	85,304	31,174	36.5	23,585	27.6	14,507	17.0	7,589	4,265	4,813	5,566	4,747	4,194	2,017	8.6
Tome total	85,304	31,174	36.5	23,585	27.6	14,507	17.0	7,589	4,265	4,813	5,566	4,747	4,194	2,017	8.6
Ishinomaki	152,025	54,263	35.7	40,712	26.8	21,365	14.1	13,551	9,581	9,766	8,847	6,688	5,830	6,961	17.1
Higashimatsushima	40,555	12,826	31.6	9,272	22.9	4,554	11.2	3,554	2,436	2,282	1,846	1,439	1,269	1,261	13.6
Onagawa	8,335	3,444	41.3	2,674	32.1	1,391	16.7	770	654	629	621	418	352	492	18.4
Ishinomaki total	200,915	70,533	35.1	52,658	26.2	27,310	13.6	17,875	12,671	12,677	11,314	8,545	7,451	8,714	16.5
Kesennuma	69,620	28,142	40.4	21,263	30.5	11,193	16.1	6,879	4,820	5,250	4,691	3,474	3,028	3,310	15.6
Minamisanriku	15,352	5,846	38.1	4,392	28.6	2,565	16.7	1,454	851	976	1,024	814	727	486	11.1
Motoyoshi total	84,972	33,988	40.0	25,655	30.2	13,758	16.2	8,333	5,671	6,226	5,715	4,288	3,755	3,796	14.8
Urban total	1,880,440	569,361	30.3	416,836	22.2	215,304	11.4	152,525	103,246	98,286	88,295	67,797	59,212	73,382	17.6
Rural total	422,266	138,666	32.8	101,089	23.9	54,402	12.9	37,577	23,684	23,003	21,270	17,284	15,848	10,844	10.7
Grand total	2,302,706	708,027	30.7	517,925	22.5	269,706	11.7	190,102	126,930	121,289	109,565	85,081	75,060	84,226	16.3
H23	2,318,956	699,230	30.2	514,994	22.2	266,078	11.5	184,236	128,513	120,403	110,263	≥ 80 years: 155,815		Not surveyed	
H22	2,329,344	683,666	29.4	516,790	22.2	260,237	11.2	166,876	136,029	120,524	109,804	82,946	67,487	77,462	15.0
H21	2,330,898	661,904	28.4	508,136	21.8	250,715	10.8	153,768	135,270	122,151	108,016	79,843	62,856	73,421	14.4
H20	2,334,874	640,391	27.4	495,463	21.2	242,468	10.4	144,928	129,184	123,811	107,523	75,874	59,071	69,989	14.1
H19	2,340,485	617,988	26.4	485,275	20.7	231,798	9.9	132,713	130,068	123,409	104,273	71,891	55,634	68,051	14.0
H18	2,344,569	606,688	25.9	473,056	20.2	221,692	9.5	133,632	128,217	123,147	102,279	67,349	52,064	63,926	13.5
H14	2,348,465	563,664	24.0	428,679	18.3	180,305	7.7	134,985	131,765	116,609	87,400	51,126	41,779	37,555	8.8

Public figures

Extent of Damage Caused by the Great East Japan

Municipality	Population [National Census] (H22.10)	Casualties			Human Toll			Residential Damage				Non-residential damage		
		Direct casualties	Related deaths	Total	Injured			Completely destroyed (undated above floor level)	Partially destroyed (undated below floor level)	Partially damaged	Underground inundation			
					Major injuries	Minor injuries	Other							
	Persons	Persons	Persons	Persons	Persons	Persons	Persons	Persons	Persons	Persons	Persons	Persons	Persons	Persons
Sendai	1,045,986	654	250	904	30	276	1,995	0	30,005	108,476	115,986	Under investigation	Under investigation	Under investigation
Ishinomaki	160,826	3,262	243	3,505	453	Unknown	Unknown	Unknown	22,357	11,021	20,364	10,908	10,908	Under investigation
Shiogama	56,490	26	18	44	0	2	8	0	655	3,188	6,798	266	266	2,345
Kesennuma	73,489	1,079	105	1,184	239	Unknown	Unknown	Unknown	8,483	2,571	4,704	Unknown	Unknown	9,604
Shiroishi	37,422	0	1	1	0	0	18	0	40	566	2,171	0	0	Unknown
Natori	73,134	911	39	950	41	14	194	0	2,801	1,129	10,061	1,179	1,179	2,805
Kakuda	31,336	0	0	0	0	0	4	0	13	158	1,021	0	0	15
Tagajo	63,060	188	30	218	0	Unknown	Unknown	Unknown	1,746	3,730	6,047	1,075	1,075	Unknown
Iwanuma	44,187	180	6	186	1	7	286	0	736	1,606	3,086	114	114	3,126
Tome	83,969	0	8	8	4	12	40	0	201	1,798	3,362	3	3	823
Kurihara	74,932	0	1	1	0	6	544	0	58	372	4,552	3	3	48
Higashimatsushima	42,903	1,062	63	1,125	27	62	59	0	5,507	5,560	3,506	1,079	1,079	1,036
Osaki	135,147	2	5	7	0	79	147	0	596	2,434	9,139	0	0	328
Zao	12,882	0	0	0	0	0	0	0	16	156	1,138	0	0	175
Shichikashuku	1,694	0	0	0	0	0	0	0	0	9	0	0	0	0
Ogawara	23,530	0	2	2	0	0	0	1	10	147	1,333	0	0	117
Murata	11,995	0	0	0	0	0	1	0	9	115	650	0	0	Unknown
Shibata	39,341	2	3	5	0	3	1	0	13	189	1,687	0	0	Unknown
Kawasaki	9,978	0	0	0	0	0	0	3	0	14	449	0	0	2
Marumori	15,501	0	0	0	0	0	1	0	1	38	513	0	0	22
Watarai	34,845	263	18	281	6	2	43	0	2,389	1,150	2,048	274	274	3,019
Yamamoto	16,704	680	17	697	18	9	81	Unknown	2,217	1,085	1,138	31	31	339
Matsushima	15,085	2	5	7	0	3	34	0	221	1,785	1,560	91	91	125
Shichigahama	20,416	72	3	75	4	Unknown	Unknown	Unknown	674	649	2,601	0	0	625
Rifu	33,994	3	0	3	0	4	0	0	56	900	3,551	14	14	165
Tajima	24,894	0	1	1	1	0	7	0	42	268	2,783	0	0	Unknown
Osato	8,927	1	0	1	0	1	4	1	50	274	781	0	0	203
Tomiya	47,042	0	1	1	0	2	30	0	16	537	5,301	0	0	0
Ohira	5,334	0	0	0	0	0	4	0	0	19	764	0	0	0
Shikama	7,431	0	0	0	0	0	9	0	0	15	215	0	0	18
Kami	25,527	0	0	0	0	0	33	0	8	35	749	0	0	22
Wakuya	17,494	1	0	1	2	3	20	24	144	734	1,030	0	0	543
Misato	25,190	0	1	1	0	19	48	0	129	627	3,130	0	0	1,705
Onagawa	10,051	584	22	606	266	Unknown	Unknown	Unknown	2,924	347	663	Unknown	Unknown	1,590
Mimamisanbiki	17,429	596	20	616	223	Unknown	Unknown	Unknown	3,143	178	1,204	Unknown	Unknown	234
total	2,348,165	9,568	862	10,430	1,315	504	3,611	29	85,260	152,880	224,085	15,037	15,037	29,034

※1 Damage from aftershocks on April 7/July25/July31/August 19/October 10, 2011, and August 30/December 7, 2012, is included above.

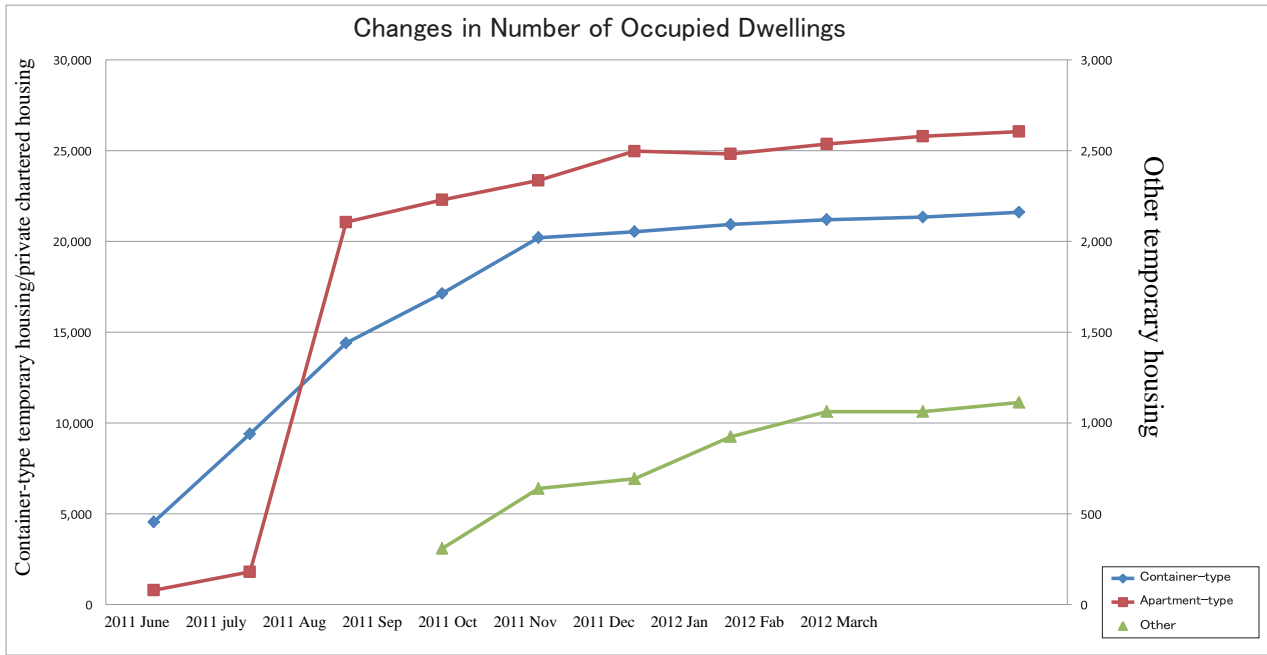
※2 Utilities had been completely restored by December 11, 2011 (excluding areas flooded by the tsunami).

※3 All evacuation shelters inside the prefecture were closed on December 30, 2011.

※4 Regarding casualties:

Direct casualties: The total number of persons confirmed to have perished in disaster-affected municipalities as a

Temporary Housing Under the Disaster Relief Act (FY 2013)



Changes in Occupancy by Month (Throughout the prefecture)

	Emergency Temporary Housing Provided by the Disaster Relief Act								
	Container-type housing※1			Private chartered housing		Other temporary housing※3		Totals	
	Units provided	Units occupied	Tenants	Occupied units (contracts) ※2	Tenants (persons)	Occupied units	Tenants	Occupied units	Tenants
June 2011	9,427	4,551		800				5,351	
July 2011	14,839	9,402	9,402	1,810				11,212	9,402
August 2011	17,230	14,557	38,228	21,060	3,705			35,617	41,933
September 2011	20,336	17,137	44,738	22,291	7,726	309	783	39,737	53,247
October 2011	21,853	19,788	50,466	23,360	63,693	639	1,542	43,787	115,701
November 2011	22,042	20,467	51,759	24,969	68,120	693	1,640	46,129	121,519
December 2011	22,042	20,933	52,736	24,815	67,977	925	2,139	46,673	122,852
January 2012	22,095	21,207	53,025	25,365	69,332	1,063	2,514	47,635	124,871
February 2012	22,095	21,339	53,180	25,788	70,412	1,063	2,514	48,190	126,106
March 2012	22,095	21,610	53,301	26,050	71,033	1,114	2,614	48,774	126,948

※ 1 Prefabricated temporary housing has been gradually improved over 17 steps in 15 cities and towns in the prefecture, and we have accepted tenants from the completed housing complex. Finally, the maintenance of 406 housing complexes and 22,095 units was completed on December 26.

※ 2 The “number of occupied units (contracts)” for emergency temporary housing (private chartered housing) is the number of occupancy decisions made in the prefecture in response to the acceptance report of the occupancy application compiled by each municipality, which is larger than the actual number of contracts concluded. Please note that the reason for this is that the victims who sought to secure stable housing at an early stage during the turmoil after the disaster had applied for duplicate housing with prefabricated temporary housing.

※ 3 Other temporary housing includes public housing, public servant housing, Urban Renaissance Agency rental housing, etc.

What is emergency temporary housing? . . .

- Based on the Disaster Relief Act, the prefecture secures dwellings for disaster-stricken households that do not have residential housing as a result of having lost their homes in the Great East Japan Earthquake.
- Under the Disaster Relief Act, we have constructed and provided temporary (container-type) housing, but because the damage caused by the Great East Japan Earthquake was extensive, and many people lost their residences in disaster-affected municipalities, we have also provided apartment-type housing through the prefecture as an alternative. Existing housing resources such as disaster public housing are also handled in the same way to maximize their utility.

Location and Occupancy Status of Emergency Temporary Housing (Private Chartered Housing) by Municipality

As of April 5, 2013

Municipality	Number of occupied units (contracts)	Tenants	Notes
Sendai	8,340	19,940	
Ishinomaki	4,145	11,084	
Shiogama	472	1,115	
Kesenuma	1,263	3,699	
Shiroishi	167	471	
Natori	787	2,272	
Kakuda	176	470	
Tagajo	1,001	2,464	
Iwanuma	489	1,470	
Tome	355	1,091	
Kurihara	55	152	
Higashimatsushima	842	2,442	
Osaki	474	1,277	
Zao	24	86	
Shichikashuku	1	3	
Ogawara	109	300	
Murata	10	36	
Shibata	158	470	
Kawasaki	5	12	
Marumori	12	47	
Watari	220	713	
Yamamoto	68	259	
Matsushima	144	432	
Shichigahama	77	267	
Rifu	159	427	
Taiwa	70	196	
Osato	10	42	
Tomiya	105	295	
Ohira	2	6	
Shikama	1	3	
Kami	21	57	
Wakuya	84	227	
Misato	85	258	
Onagawa	52	168	
Minamisanriku	49	165	
Total	20,032	52,416	

※ The number of occupants and occupants by location of the rented property have been replaced with the figures based on the current contract information. Thus, figures are different from previous figures based on occupancy decisions.

Provision and Status of Emergency Temporary Housing (Container-Type Housing) (As of April 5, 2013)

Unit: dwellings

	Com-plexes	Completed units (C) = (A) + (B)										Occu-pied units	Tenants	Occu-pancy rate
		Dwelling type			Group home type									
		ID	2DK	3K	Total (A)	Elderly	Disabled	Total (B)						
Sendai	19	1,523	1,239	127	1,505	18	18	1,312	2,592			86.1%		
Ishinomaki	131	7,297	4,942	1,399	7,153	88	144	7,089	16,192			97.1%		
Shiogama	7	206	115	25	206			193	431			93.7%		
Kesennuma	93	3,504	2,497	373	3,459	45	45	3,215	7,704			91.8%		
Natori	8	910	775	57	889	16	5	833	1,758			91.5%		
Tagajo	6	373	332	19	373			350	680			93.8%		
Iwanuma	3	384	236	76	384			359	888			93.5%		
Higashinasushina	25	1,753	1,009	419	1,727	16	10	1,609	4,070			91.8%		
Watari	5	1,126	784	171	1,126			968	2,562			86.0%		
Yamamoto	11 (2)	1,030 (284)	470 (284)	186	1,030 (284)			906	2,317			88.0%		
Shichigahama	7	421	232	93	421			367	897			87.2%		
Onagawa	30 (1)	1,294 (189)	830 (189)	140	1,285 (189)	9	9	1,281	2,996			99.0%		
Minamisanriku	58 (2)	2,195 (50)	1,860 (50)	207	2,168 (50)	27	27	2,122	5,770			96.7%		
Osato	1	15	12	1	15			8	23			53.3%		
Misato	2	64	42	22	64			56	182			87.5%		
Total	406 (5)	22,095 (523)	15,375 (523)	3,315	21,805 (523)	219	71	20,668	49,062			93.5%		

※ Numbers in parentheses are included in emergency temporary housing and meeting facilities ordered by municipalities.

Unit: buildings

Meet-ing	Meeting Facilities				With bath-rooms
	100 m ² type	150 m ² type	200 m ² type	Total	
12	8	3	1	24	1
76 (2)	28	12	6	122 (2)	14
4	1	0	0	5	0
55	16 (1)	6	0	77 (1)	5
1	1	5	0	7	1
4	1	1	0	6	0
4	1	1	0	6	0
20	4	4	0	28	2
0	4	3	0	7	0
0	8 (2)	1	0	9 (2)	0
4	3	0	0	7	0
20 (1)	5	1 (1)	0	26 (2)	0
33 (8)	4	2 (1)	1	40 (9)	2
0	0	0	0	0	0
0	1	0	0	1	0
233 (11)	85 (3)	39 (2)	8 (0)	365 (16)	25 (0)

※ For meeting facilities, the number of buildings and rooms in existing meeting places is listed. (Common room units include vacant units in temporary housing.)

Basic Documents on Regional Suicides (by Prefecture), Miyagi Version

(Day of Suicide, Place of Residence)

▶ Number of individuals attempting suicide and suicide mortality rate

	2009-2012		2009		2010		2011		2012	
	Total	Men	Women	Total	Men	Women	Total	Men	Women	Total
Number of individuals attempting suicide	2,215	648	579	485	503					
Suicide mortality rate	—	27.8	24.86	24.51	21.84					
Population	—	2,330,898	2,329,344	2,316,956	2,302,706					

▶ Male/female totals

	2009-2012		2009		2010		2011		2012	
	Total	Men	Women	Total	Men	Women	Total	Men	Women	
Male	1,585	483	434	324	344					
Female	630	165	145	161	159					

Age group	2009-2012		2009		2010		2011		2012	
	Total	Men	Women	Total	Men	Women	Total	Men	Women	
~19	46	25	21	16	10	6	15	7	8	6
20~29	285	173	92	79	53	26	59	37	22	64
30~39	369	272	97	102	67	83	60	83	56	27
40~49	362	283	79	107	81	26	94	77	17	82
50~59	422	334	88	148	128	20	123	102	21	76
60~69	354	263	91	91	68	23	95	74	21	83
70~79	242	159	83	62	37	25	68	51	17	50
80~	154	75	79	43	21	22	42	23	19	38
Unknown	1	0	0	0	0	0	0	0	0	0
Total	2,215	1,585	630	648	483	165	579	434	145	485

▶ Presence or absence of other individuals in the household

Other individuals in the household	2009-2012		2009		2010		2011		2012	
	Total	Men	Women	Total	Men	Women	Total	Men	Women	
Present	1,680	1,171	509	486	355	131	447	326	121	373
Absent	523	403	120	138	124	34	131	107	24	106
Unknown	12	11	1	4	4	1	1	0	6	6
Total	2,215	1,585	630	648	483	165	579	434	145	485

Occupation	2009-2012		2009		2010		2011		2012	
	Total	Men	Women	Total	Men	Women	Total	Men	Women	
Self-employed business	217	200	17	61	59	2	69	65	4	34
Employed business	713	589	124	227	197	30	158	133	25	150
Unemployed	1,282	774	508	356	223	133	348	232	116	291
Student	71	46	25	20	15	5	22	13	9	15
Unemployed (household)	1,191	728	463	336	208	128	326	219	107	276
Household	138	0	138	37	0	37	31	0	31	48
Temporarily unemployed	135	124	11	54	51	3	35	32	3	29
Nonresident	368	227	141	74	43	31	85	61	24	48
Other unemployed	550	377	173	171	114	57	175	126	48	117
Other unemployed (household)	23	22	1	4	4	0	4	4	0	10
Total	2,215	1,585	630	648	483	165	579	434	145	485

▶ By cause/motivation (Note 2)

Cause/motivation	2009-2012		2009		2010		2011		2012	
	Total	Men	Women	Total	Men	Women	Total	Men	Women	
Family problems	412	271	141	102	71	31	95	67	28	93
Health problems	1,187	721	466	214	128	275	172	103	250	142
Financial problems	703	641	62	277	260	17	222	201	21	107
Work problems	255	230	25	86	80	6	44	39	5	54
Marital problems	120	73	47	34	21	13	24	12	12	15
Stress problems	39	29	10	12	10	2	15	9	6	5
Other	103	73	30	21	16	5	33	26	7	27
Unknown	343	253	90	88	46	22	118	93	25	103
Total	3,162	2,291	871	842	718	224	826	619	207	665

Because there is a possibility of multiple answers, the totals here may not be consistent with those above.

▶ By method

Method	2009-2012		2009		2010		2011		2012	
	Total	Men	Women	Total	Men	Women	Total	Men	Women	
Hanging	1,199	812	387	319	224	95	325	234	91	207
Poisoning	114	52	62	33	16	17	31	12	19	22
Choked, etc.	325	285	40	119	103	16	85	78	7	60
Jumping off	153	82	71	51	32	19	34	21	13	27
Jumping into something	82	72	10	26	23	3	21	20	1	19
Other	342	282	60	100	85	15	83	69	14	90
Unknown	0	0	0	0	0	0	0	0	0	0
Total	2,215	1,585	630	648	483	165	579	434	145	485

▶ By method

By method	2009-2012		2009		2010		2011		2012	
	Total	Men	Women	Total	Men	Women	Total	Men	Women	
Method	1,687	1,007	300	355	276	79	370	286	84	326
Hanging	69	34	35	26	15	11	17	10	7	11
Poisoning	339	296	43	118	102	16	100	89	11	55
Choked, etc.	164	86	78	48	26	22	42	21	21	36
Jumping off	25	13	12	9	5	4	1	3	5	2
Jumping into something	250	148	102	92	59	33	46	27	19	51
Unknown	1	0	0	0	0	0	0	0	0	0
Total	2,215	1,585	630	648	483	165	579	434	145	485

▶ By day of the week

Day of the week	2009-2012		2009		2010		2011		2012	
	Total	Men	Women	Total	Men	Women	Total	Men	Women	
Sunday	258	202	86	70	50	20	100	72	28	56
Monday	323	236	87	113	79	34	77	58	19	67
Tuesday, etc.	311	213	98	95	62	33	56	17	70	45
Wednesday	335	235	100	94	64	30	87	67	20	74
Thursday	338	248	90	95	61	14	93	68	25	71
Friday	301	223	78	98	80	18	73	55	18	45
Saturday	258	178	80	62	50	12	60	44	16	82
Unknown	61	50	11	21	17	4	16	14	2	14
Total	2,215	1,585	630	648	483	165	579	434	145	485

▶ By time of day

Time of day	2009-2012		2009		2010		2011		2012	
	Total	Men	Women	Total	Men	Women	Total	Men	Women	
12-2 AM	167	118	49	60	42	18	39	32	7	31
2-4 AM	129	90	39	37	28	9	34	25	9	24
4-6 AM	172	135	37	46	38	8	42	34	8	43
6-8 AM	167	119	48	50	37	13	38	26	12	44
8-10 AM	106	74	32	40	28	12	27	19	8	17
10AM-12PM	167	113	54	45	31	14	56	41	15	32
12-2 PM	183	145	38	56	42	14	39	31	8	45
2-4 PM	180	122	58	45	35	10	61	46	15	33
4-6 PM	171	109	62	39	25	14	52	39	13	49
6-8 PM	132	87	45	43	30	13	28	21	7	31
8-10 PM	91	62	29	34	24	10	25	17	8	16
10PM-12 AM	119	80	39	31	20	11	29	20	9	30
Unknown	431	331	100	122	103	19	109	83	26	90
Total	2,215	1,585	630	648	483	165	579	434	145	485

▶ History of previous attempts

Previous attempts	2009-2012		2009		2010		2011		2012	
	Total	Men	Women	Total	Men	Women	Total	Men	Women	
Yes	413	219	194	102	59	43	97	53	44	112
No	1,375	1,035	340	367	303	84	364	302	82	293
Unknown	427	331	96	159	121	38	98	79	19	80
Total	2,215	1,585	630	648	483	165	579	434	145	485

Basic Documents on Regional Suicides (by Prefecture), Miyagi Version (Day of Suicide, Place of Residence)

Number of individuals attempting suicide and suicide mortality rate

	2009-2012		2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men	Total	Men
Number of suicide attempters	2,233	651	603	480	480	480	480	480	480	480
Suicide mortality rate	—	27.93	25.89	24.26	21.67	21.67	21.67	21.67	21.67	21.67
Population	—	2,330,898	2,329,344	2,318,955	2,302,706	2,302,706	2,302,706	2,302,706	2,302,706	2,302,706

Male/female totals

Gender	2009-2012		2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men	Total	Men
Men	1,600	482	482	456	320	342	342	320	342	342
Women	633	189	189	147	180	157	180	180	157	157

By age

Age group	2009-2012		2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men	Total	Men
~19	45	25	16	10	14	6	6	2	4	9
20~29	289	178	91	79	53	26	64	42	21	61
30~39	379	282	97	101	83	18	89	69	61	28
40~49	359	278	81	108	82	26	98	79	76	56
50~59	428	338	90	149	127	22	126	106	76	48
60~69	347	256	91	90	66	24	97	78	21	78
70~79	242	159	83	62	37	25	69	52	17	50
80~	155	76	79	43	21	22	42	23	19	39
Unknown	9	8	1	3	0	4	3	1	1	0
Total	2,233	1,600	633	651	482	169	603	456	147	480

Presence or absence of other individuals in the household

Other individuals in the household	2009-2012		2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men	Total	Men
Present	1,684	1,169	515	466	352	134	456	335	123	370
Absent	525	410	115	158	124	34	136	113	23	106
Unknown	24	21	3	7	6	1	9	8	1	4
Total	2,233	1,600	633	651	482	169	603	456	147	480

By occupation

Occupation	2009-2012		2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men	Total	Men
Self-employed/sole business	212	197	15	60	58	2	69	65	4	32
Employed/working	709	581	128	223	193	30	163	136	27	148
Unemployed	1279	791	488	358	222	136	359	244	115	294
Student	72	47	25	19	14	5	23	14	9	15
Unemployed/working	1,207	744	463	339	208	131	336	230	106	279
Housewife	140	0	140	38	0	38	32	0	32	48
Low job	137	128	9	53	50	3	38	35	3	29
Non-employment	369	227	142	76	44	32	87	63	24	80
Occupation/working	561	389	172	172	114	58	179	132	47	122
Occupation/working	33	31	2	10	9	1	12	11	1	6
Total	2,233	1,600	633	651	482	169	603	456	147	480

By cause/motivation (Note 2)

Cause/motivation	2009-2012		2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men	Total	Men
Family problems	418	276	140	103	72	31	95	69	27	95
Health problems	1,188	719	469	339	209	130	280	176	104	249
Financial problems	709	649	60	277	259	18	226	206	20	106
Work problems	243	219	24	83	77	6	45	40	5	26
Misconduct problems	118	71	47	32	20	12	25	12	13	26
Substance	38	28	10	11	9	2	15	9	6	5
Other	106	75	31	21	16	5	38	28	8	27
Unknown	354	261	93	75	51	24	127	101	26	100
Total	3,172	2,298	874	641	713	228	850	641	209	658

Because there is a possibility of multiple answers, the totals here may not be consistent with those above.

By method

Method	2009-2012		2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men	Total	Men
Hanging	1,200	812	388	319	224	95	326	234	92	267
Poisoning	116	53	63	33	16	17	31	12	19	23
Choking, etc.	335	292	43	121	104	17	95	86	9	60
Jumping off something	151	80	71	51	30	21	35	22	13	27
Swimming in some place	81	71	10	26	23	3	24	24	0	15
Other	350	292	58	101	85	16	92	78	14	88
Unknown	0	0	0	0	0	0	0	0	0	0
Total	2,233	1,600	633	651	482	169	603	456	147	480

By method

By method	2009-2012		2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men	Total	Men
Method	1,374	1,015	359	354	274	80	380	298	84	323
Hanging	68	35	35	26	15	11	17	10	7	11
Poisoning	349	303	46	123	106	17	110	97	13	52
Choking, etc.	170	85	81	48	26	22	44	22	22	41
Jumping off something	23	11	12	9	5	4	1	3	1	2
Swimming in some place	0	0	0	0	0	0	0	0	0	0
Unknown	0	0	0	0	0	0	0	0	0	0
Total	2,233	1,600	633	651	482	169	603	456	147	480

By day of the week

Day of the week	2009-2012		2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men	Total	Men
Sunday	288	206	83	71	51	20	99	72	27	56
Monday	327	238	91	112	77	35	82	61	21	67
Tuesday	315	217	98	94	61	33	78	60	16	74
Wednesday	342	244	98	98	65	31	90	72	18	74
Thursday	339	249	90	93	79	14	98	73	25	70
Friday	289	218	81	97	77	20	73	54	19	71
Saturday	261	180	81	65	53	12	64	48	16	60
Unknown	62	5	11	23	19	4	19	16	3	12
Total	2,233	1,600	633	651	482	169	603	456	147	480

By time of day

Time of day	2009-2012		2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men	Total	Men
12-2 AM	174	126	48	61	43	18	45	38	7	31
2-4 AM	127	89	38	37	28	9	36	26	10	23
4-6 AM	172	133	39	43	34	9	42	34	8	46
6-8 AM	167	118	49	52	38	14	39	27	12	42
8-10 AM	106	73	33	39	27	12	27	19	8	18
10 AM-12 PM	170	116	54	45	31	14	59	44	15	33
12-2 PM	185	145	40	56	42	14	43	33	10	44
2-4 PM	181	123	58	44	33	11	84	50	14	32
4-6 PM	169	107	62	38	24	14	50	38	12	49
6-8 PM	129	84	45	42	29	13	27	19	8	30
8-10 PM	88	59	29	32	22	10	27	19	8	16
10 PM-12 AM	123	83	40	31	20	11	31	22	9	30
Unknown	442	344	98	131	111	20	113	87	26	86
Total	2,233	1,600	633	651	482	169	603	456	147	480

History of previous attempts

Previous attempts	2009-2012		2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men	Total	Men
Yes	413	215	196	103	59	44	100	55	45	111
No	1,380	1,039	341	382	257	85	399	315	83	291
Unknown	440	346	94	166	128	40	105	86	19	78
Total	2,233	1,600	633	651	482	169	603	456	147	480

Basic Documents on Regional Suicides (by Prefecture), Miyagi Version (Day of Discovery, Place of Residence)

▶ Number of individuals attempting suicide and suicide mortality rate

Age group	2009-2012		2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men	Total	Men
Number of individuals attempting suicide	2,247	655	593	488	511	511	488	511	511	488
Suicide mortality rate	—	28.1	25.46	24.96	22.19	22.19	24.96	22.19	22.19	24.96
Total	—	2,330.896	2,329.444	2,318.956	2,302.706	2,302.706	2,318.956	2,302.706	2,302.706	2,318.956

▶ Male/female totals

Gender	2009-2012		2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men	Total	Men
Men	1,610	487	446	327	350	327	350	327	350	327
Women	637	168	147	161	161	161	161	161	161	161

▶ By age

Age group	2009-2012		2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men	Total	Men
~19	46	25	21	16	10	15	7	8	6	2
20~29	270	177	93	79	53	26	61	39	22	65
30~39	375	275	100	86	18	87	65	22	83	56
40~49	366	287	79	108	82	26	95	78	17	82
50~59	428	339	89	150	129	21	125	104	21	79
60~69	360	267	93	92	68	24	98	77	21	83
70~79	244	161	83	83	38	25	88	51	17	51
80~	157	78	79	43	21	22	44	25	19	38
Unknown	1	1	0	0	0	0	0	0	0	0
Total	2,247	1,610	637	555	487	168	593	446	147	488

▶ Presence or absence of other individuals in the household

Observation household	2009-2012		2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men	Total	Men
Present	1,697	1,165	512	466	355	131	457	334	123	376
Absent	538	414	124	165	128	37	135	111	24	106
Unknown	12	11	1	4	0	1	0	6	6	0
Total	2,247	1,610	637	655	487	168	593	446	147	488

▶ By occupation

Occupation	2009-2012		2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men	Total	Men
Self-employed family business	218	201	17	61	49	2	69	65	4	34
Employed working	723	597	126	230	199	31	163	138	25	150
Student	71	46	25	20	15	5	22	13	9	15
Unemployed	1,210	742	468	340	210	130	335	226	109	278
Housewife	139	0	139	37	0	37	31	0	31	48
Lost job	137	126	11	54	51	3	36	33	3	30
Retirement/insurance	372	231	141	74	43	31	87	83	24	83
Other unemployed	562	385	177	175	116	59	181	130	51	117
Other unemployed	25	24	1	4	0	4	0	4	0	11
Total	2,247	1,610	637	655	487	168	593	446	147	488

▶ By cause/motivation (Note 2)

Cause/motivation	2009-2012		2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men	Total	Men
Family problems	423	280	143	102	71	31	100	72	28	93
Health problems	1,198	729	469	344	215	129	280	176	104	251
Financial problems	711	649	62	267	17	227	206	21	106	93
Work problems	255	230	25	86	6	44	39	5	54	49
MtA-brink problems	122	74	48	34	21	13	25	12	13	26
School problems	39	29	10	12	2	15	9	6	5	4
Other	105	75	30	22	17	5	34	27	7	27
Unknown	349	246	93	71	47	24	120	94	26	104
Total	3,027	2,022	880	950	723	227	845	635	210	688

Because there is a possibility of multiple answers, the totals here may not be consistent with those above

▶ By method

Method	2009-2012		2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men	Total	Men
Hanging	1,206	818	388	320	225	95	327	236	91	267
Poisoning	115	53	62	34	17	17	31	12	19	22
Choking etc.	328	288	40	119	103	16	86	79	7	61
Jumping off something	164	86	76	33	21	39	24	15	28	9
Jumping into something	88	77	11	28	4	24	23	1	20	18
Other	346	268	80	100	85	15	86	72	14	90
Unknown	0	0	0	0	0	0	0	0	0	0
Total	2,247	1,610	637	655	487	168	593	446	147	488

▶ By method

Method	2009-2012		2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men	Total	Men
Hanging	1,300	1,020	360	357	278	79	378	294	84	327
Poisoning	70	35	35	26	15	11	17	10	7	11
Choking etc.	344	300	44	119	103	16	101	90	11	56
Jumping off something	25	13	12	9	5	4	4	1	3	5
Jumping into something	281	154	107	96	80	36	51	30	21	52
Other	2	1	1	0	0	0	0	0	0	1
Unknown	2	1	1	0	0	0	0	0	0	1
Total	2,247	1,610	637	655	487	168	593	446	147	488

▶ By day of the week

Day of the week	2009-2012		2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men	Total	Men
Sunday	289	203	88	70	50	20	100	72	28	56
Monday	328	240	88	115	34	79	59	20	67	50
Tuesday	314	214	100	96	62	34	74	57	17	45
Wednesday	338	237	101	95	64	31	87	67	20	49
Thursday	339	249	90	95	81	14	94	69	25	71
Friday	303	224	79	99	81	18	73	55	18	45
Saturday	261	181	80	62	50	12	62	46	16	63
Unknown	75	62	13	23	16	5	24	21	3	16
Total	2,247	1,610	637	655	487	168	593	446	147	488

▶ By time of day

Time of day	2009-2012		2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men	Total	Men
12-2 AM	169	119	50	61	42	19	40	33	7	31
2-4 AM	129	90	39	37	28	9	34	25	9	24
4-6 AM	172	135	37	46	38	8	42	34	8	43
6-8 AM	168	120	48	50	37	13	38	26	12	44
8-10 AM	106	74	32	40	28	12	27	19	8	17
10AM-12PM	167	113	54	45	31	14	56	41	15	32
12-2 PM	183	145	38	56	42	14	39	31	8	45
2-4 PM	180	122	58	45	35	10	61	46	15	33
4-6 PM	173	110	63	39	25	14	54	40	14	49
6-8 PM	132	87	45	43	30	13	28	21	7	31
8-10 PM	92	63	29	34	24	10	25	17	8	16
10PM-12AM	119	80	39	31	21	11	29	20	9	30
Unknown	457	352	105	128	107	21	120	93	27	93
Total	2,247	1,610	637	655	487	168	593	446	147	488

▶ History of previous attempts

Previous attempts	2009-2012		2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men	Total	Men
Yes	421	223	196	104	60	44	102	57	45	112
No	1,391	1,048	343	389	304	85	389	307	82	295
Unknown	435	337	98	162	123	39	102	82	20	81
Total	2,247	1,610	637	655	487	168	593	446	147	488

Basic Documents on Regional Suicides (by Prefecture), Miyagi Version (Day of Discovery, Place of Residence)

Number of individuals attempting suicide and suicide mortality rate

2009-2012	2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men
Number of individuals attempting suicide	2,289	658	620	483	508	323	349	349
Suicide rate (per 100,000)	28.23	26.62	24.41	22.06	24.06	16.0	15.9	15.9
Population	2,330,898	2,329,344	2,318,956	2,302,706	2,302,706	1,600,000	1,600,000	1,600,000

By age

Age group	2009-2012		2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men	Total	Men
~19	45	20	16	10	6	14	6	2	4	9
20~29	273	181	92	53	26	44	22	65	44	21
30~39	388	288	100	45	19	84	72	22	90	62
40~49	384	283	81	109	83	26	99	80	19	76
50~59	434	343	91	151	128	23	128	108	20	77
60~69	353	260	93	91	66	25	100	79	21	78
70~79	243	160	83	62	37	25	69	52	17	51
80~	158	79	43	21	22	44	25	19	39	21
Unknown	11	9	2	3	0	6	2	1	0	1
Total	2,289	1,628	641	658	486	172	620	470	150	483

Presence or absence of other individuals in the household

Other individuals in the household	2009-2012		2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men	Total	Men
Present	1,703	1,185	518	487	353	134	489	344	125	372
Absent	593	420	119	164	127	37	140	117	23	106
Unknown	27	23	4	7	6	1	11	9	2	5
Total	2,289	1,628	641	658	486	172	620	470	150	483

By occupation

Occupation	2009-2012		2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men	Total	Men
Self-employed business	213	158	15	60	58	2	69	65	4	32
Employment	722	592	130	227	196	31	169	142	27	148
Unemployed	1,298	805	493	361	223	138	368	251	117	297
Student	72	47	25	19	14	5	23	14	9	15
Housewife	1,226	758	468	342	209	133	845	237	108	282
Housework	141	0	141	38	0	38	32	0	32	48
Part-time employment	140	131	9	53	50	3	39	36	3	31
Overseas employment	373	231	142	76	44	32	89	65	24	81
Overseas employment	572	396	178	175	115	60	165	108	49	122
Overseas employment	36	33	3	10	9	1	14	12	2	6
Total	2,289	1,628	641	658	486	172	620	470	150	483

By cause/motivation (Note 2)

Cause/motivation	2009-2012		2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men	Total	Men
Family problems	427	285	142	103	72	31	101	74	27	95
Health problems	1,199	727	472	341	210	131	285	180	105	250
Financial problems	719	659	60	279	261	18	232	212	20	108
Work problems	243	219	24	83	77	6	45	40	5	50
Male-female problems	120	72	48	32	20	12	26	12	16	15
School problems	38	28	10	11	9	2	15	9	6	5
Other	108	77	31	21	16	5	37	29	8	27
Unknown	362	265	97	79	518	26	131	103	28	100
Total	3,216	2,332	864	949	718	231	872	659	213	661

Because there is a possibility of multiple answers, the totals here may not be consistent with those above.

By method

Method	2009-2012		2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men	Total	Men
Hanging	1,207	818	389	320	225	95	328	238	92	267
Poisoning	117	64	63	34	17	17	31	12	19	23
Chloroform, etc.	338	295	43	121	104	17	96	87	9	61
Jumping into water	184	87	77	54	31	23	42	26	16	28
Jumping into something	88	77	11	28	4	28	28	0	15	13
Other	355	297	58	101	85	16	95	81	14	89
Unknown	0	0	0	0	0	0	0	0	0	0
Total	2,289	1,628	641	658	486	172	620	470	150	483

By method

By method	2009-2012		2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men	Total	Men
Hanging	1,390	1,031	359	276	80	390	306	84	325	222
Poisoning	354	207	47	124	107	17	111	96	13	53
Chloroform, etc.	172	91	81	48	26	22	44	22	22	41
Jumping off	23	11	12	9	5	4	4	3	3	2
Jumping into water	259	154	105	95	57	38	53	33	20	50
Jumping into something	2	0	2	0	0	0	1	0	1	0
Unknown	2	0	2	0	0	0	1	0	1	0
Total	2,289	1,628	641	658	486	172	620	470	150	483

By day of the week

Day of the week	2009-2012		2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men	Total	Men
Sunday	289	206	83	71	51	20	99	72	27	56
Monday	533	241	92	114	79	35	84	62	22	66
Tuesday	318	218	100	95	61	34	79	61	18	70
Wednesday	345	245	99	97	65	32	90	72	18	74
Thursday	340	250	90	93	79	14	99	74	25	78
Friday	301	219	82	98	78	20	73	54	19	71
Saturday	365	184	81	66	54	12	68	50	16	61
Unknown	78	64	14	24	19	5	30	25	5	13
Total	2,289	1,628	641	658	486	172	620	470	150	483

By time of day

Time of day	2009-2012		2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men	Total	Men
12-2 AM	176	127	49	62	43	19	46	39	7	31
2-4 AM	127	89	38	37	26	9	36	26	10	23
4-6 AM	172	133	39	43	34	9	42	34	8	46
6-8 AM	168	119	49	52	38	14	39	27	12	42
8-10 AM	106	73	33	39	27	12	27	19	8	18
10 AM-12 PM	170	116	54	45	31	14	59	44	15	33
12-3 PM	185	145	40	56	42	14	43	33	10	44
3-4 PM	181	123	58	44	33	11	64	50	14	32
4-6 PM	171	108	63	36	24	14	52	39	13	27
6-8 PM	129	84	45	42	29	13	27	19	8	30
8-10 PM	89	60	29	32	22	10	27	19	8	16
10 PM-12 AM	123	83	40	31	20	11	31	22	9	18
Unknown	472	368	104	137	115	22	127	99	28	89
Total	2,289	1,628	641	658	486	172	620	470	150	483

History of previous attempts

Previous attempts	2009-2012		2009		2010		2011		2012	
	Total	Men	Total	Men	Total	Men	Total	Men	Total	Men
Yes	422	222	200	105	60	45	105	59	46	112
No	1,997	1,053	344	389	298	86	403	320	83	293
Unknown	450	353	97	169	128	41	112	91	21	78
Total	2,289	1,628	641	658	486	172	620	470	150	483

Number of Suicides Related to the Great East Japan Earthquake (March 2013)

[Provisional values, by day and place of discovery, counted in persons]

April 18, 2013
Cabinet Office Suicide
Prevention Department

1. National Totals and Those for

	Total	Men	Women
2011J	55	42	13
2012J	24	18	6
January 2013	4	4	0
February 2013	2	2	0
March 2013	4	1	3

2. Age (in 10-year brackets)

	Less than 20	20-29	30-39	40-49	50-59	60-69	70-79	greater than 80	Unknown
2011J	1	4	4	4	11	19	7	5	0
2012J	0	2	4	3	5	5	2	3	0
January 2013	0	2	0	1	1	0	0	0	0
February 2013	0	0	0	1	1	0	0	0	0
March 2013	0	0	0	0	3	0	0	1	0

3. By Occupation

	Self-employed/family business	Employed/working	Unemployed						unknown	
			Unemployed	Student	Unemployed			Unemployed (other)		
					Student	Housewife	Lost job			
2011J	10	14	31	1	30	3	6	13	8	0
2012J	3	5	16	0	16	0	3	7	6	0
January 2013	0	3	1	0	1	0	1	0	0	0
February 2013	0	1	1	0	1	0	0	0	1	0
March 2013	0	0	4	0	4	0	0	2	2	0

4. By Cause/Motivation (as multiple choices are possible here, totals do not match)

	Family problems	Health problems	Financial problems	Work problems	Male-female problems	School problems	Other	unknown
2011J	11	16	16	7	0	0	11	16
2012J	5	11	5	2	0	0	4	5
January 2013	1	1	1	1	0	0	0	1
February 2013	1	1	1	0	0	0	0	0
March 2013	1	3	2	0	0	0	1	0

6. By Prefecture

	Tohoku prefectures (3)			Other					
	Iwate	Miyagi	Fukushima	Ibaraki	Saitama	Tokyo	Kanagawa	Osaka	Kyoto
2011J	17	22	10	1	1	2	1	1	0
2012J	8	3	13	0	0	0	0	0	0
January 2013	1	2	1	0	0	0	0	0	0
February 2013	1	0	1	0	0	0	0	0	0
March 2013	0	2	1	0	0	0	0	0	1

Note: Figures for 2011 are totals from June (when we started keeping track) to December 2011.
Figures for 2012 are totals from January to December 2012.

Note: February 2013 figures are the same as above even if counted by place or residence or day of suicide.

1.. Raising Public Awareness (4): Public Awareness Training and Salon Activities

	Date	Training Name	Content	Municipality	Targets	People
1	4/21	FY 2012 Kiwanis One-Day Lecture	A child's mental responses after an earthquake	Sendai	Resident volunteers	50
2	4/27	Motoyoshi, Koizumi Area Temperance Meeting (Session 1)	About stress and alcohol	Kesenuma	Koizumi Middle School temporary residents	13
3	5/10	Relaxation Salon (co-hosted with the Miyagi Psychiatric Center)	Health lecture with a doctor, relaxation exercises, crafts	Natori	Temporary housing tenants	10
4	5/16	Kesenuma Retirees' Association	Post-disaster mental health	Kesenuma	Kesenuma staff retirees	41
5	5/18	Relaxation salon (co-hosted with the Miyagi Psychiatric Center)	Health lecture with a doctor, relaxation exercises, crafts	Yamamoto	Temporary housing tenants	4
6	5/24	Relaxation salon (co-hosted with the Miyagi Psychiatric Center)	Health lecture with a doctor, relaxation exercises, crafts	Natori	Temporary housing tenants	18
7	6/1	Akaiwa Children's Center/Parenting Net Akaiwa Training	How to work with mothers and children in infancy/early childhood	Kesenuma	Parents, nursery teachers	28
8	6/8	Tohoku Bunka Gakuen University Faculty of Medical Welfare Department of Health and Welfare Special Lecture	About support for the mentally ill	Sendai	psychiatric social work students	10
9	6/13	Miyagi Disability Employment Center Training Session	Understanding the characteristics of developmental disorders	Sendai	Developmentally disabled people, employment	11
10	6/14	Relaxation Salon (co-hosted with the Miyagi Psychiatric Center)	Health lecture with a doctor, relaxation exercises, crafts	Natori	Temporary housing tenants	11
11	6/15	National Psychiatric Social Work Project Alliance in Yokohama	The current state of disaster areas after the Great East Japan Earthquake (now)	Yokohama, Naka Ward	Psychiatric social work professionals, families, and clients	100
12	6/22	Relaxation Salon (co-hosted with the Miyagi Psychiatric Center)	Relaxation Salon (co-hosted with the Miyagi Psychiatric Center)	Yamamoto	Temporary housing tenants	4
13	6/23	Traveling Lecture "Mental Health Seminar"	Post-disaster mental health and future countermeasures	Kesenuma	Temporary housing tenants	15
14	6/26	Traveling Lecture "Mental Health Seminar"	Post-disaster mental health and future countermeasures	Kesenuma	Temporary housing tenants	11
15	6/28	Relaxation Salon (co-hosted with the Miyagi Psychiatric Center)	Health lecture with a doctor, relaxation exercises, crafts	Natori	Temporary housing tenants	12
16	7/6	Traveling Lecture "Mental Health Seminar"	Stress and mental health care	Kesenuma	Residents	26
17	7/9	FY 2012 Matsushima middle school health lectures	About internet game addiction and mental and physical health	Matsushima	Students at Matsushima Middle School	369
18	7/10	Traveling Lecture "Mental Health Seminar"	Stress and mental health care	Kesenuma	Residents	20
19	7/12	Relaxation Salon (co-hosted with the Miyagi Psychiatric Center)	Health lecture with a doctor, relaxation exercises, crafts	Natori	Temporary housing tenants	19
20	7/13	Karakuwa kindergarten lecture sessions	Child mental health care after the Great East Japan Earthquake	Kesenuma	PTA/ staff	16
21	7/19	Traveling Lecture "Mental Health Seminar"	Stress and mental health care	Kesenuma	Temporary housing tenants	18
22	7/20	Relaxation Salon (co-hosted with the Miyagi Psychiatric Center)	Health lecture with a doctor, relaxation exercises, crafts	Yamamoto	Temporary housing tenants	20
23	7/25	Ishinomaki resident lecture	Mental health care lecture "Fascial Massage Self-Maintenance"	Ishinomaki	Temporary residents/temporary support staff	100
24	7/26	Third Health Lecture	Mental health creation: how to live with energy	Tome	Food habits improvement staff, community residents	33
25	7/26	Relaxation Salon (co-hosted with the Miyagi Psychiatric Center)	Health lecture with a doctor, relaxation exercises, crafts	Natori	Temporary housing tenants	26
26	8/9	Relaxation salon (co-hosted with the Miyagi Psychiatric Center)	Health lecture with a doctor, relaxation exercises, crafts	Natori	Temporary housing tenants	15
27	8/10	KRA tea party (salon)	Mini-lecture, health counseling	Kesenuma	Temporary residents	3
28	8/17	Relaxation Salon (co-hosted with the Miyagi Psychiatric Center)	Health lecture with a doctor, relaxation exercises, crafts	Yamamoto	Temporary housing tenants	20
29	8/21	Mental Health Creation Lecture (Motoyoshi Hall)	Prevention of dementia and depression	Kesenuma	Residents	15
30	8/23	Relaxation Salon (co-hosted with the Miyagi Psychiatric Center)	Health lecture with a doctor, relaxation exercises, crafts	Natori	Temporary housing tenants	9
31	8/25	National Rehabilitation Forum 2012	Subcommittee meeting: "The Great East Japan Earthquake: Now and in the Future"	Tokyo, Toshima Ward	Psychiatric social work professionals Families, and clients	100
32	8/27	Traveling Lecture "Mental Health Seminar"	Post-disaster mental health and future countermeasures	Kesenuma	Residents/doctors/municipality staff	62
33	8/29	FY 2012 Ishinomaki Playhabilitation Project	Guidance for hip exercises while sitting	Ishinomaki	Temporary residents	13
34	8/30	KRA tea party (salon)	Salivary gland massage, oral exercises, falling prevention exercises	Kesenuma	Temporary residents	9
35	9/11	Mental Health Creation Lecture (Koizumi Middle School)	Prevention of dementia and depression	Kesenuma	Residents	15
36	9/13	Relaxation Salon (co-hosted with the Miyagi Psychiatric Center)	Health lecture with a doctor, relaxation exercises, crafts	Natori	Temporary housing tenants	19
37	9/14	KRA tea party (salon)	Health check, tea party, lecture on sugar and sodium intake	Kesenuma	Temporary residents	15
38	9/21	Relaxation Salon (co-hosted with the Miyagi Psychiatric Center)	Health lecture with a doctor, relaxation exercises, crafts	Yamamoto	Temporary housing tenants	22
39	9/24	Energy Classroom	Health education, mental health counseling, and care prevention exercises for temporary housing tenants	Kesenuma	Temporary housing tenants	21
40	9/27	Relaxation Salon (co-hosted with the Miyagi Psychiatric Center)	Health lecture with a doctor, relaxation exercises, crafts	Natori	Temporary housing tenants	16
41	10/2	Mental Health Creation Lecture	Prevention of dementia and depression	Kesenuma	Residents	15
42	10/2	Izumi Ward Public Health Center Mental Health Creation Lecture	Stress and mental health in the disaster area—how to rest your mind and body	Sendai, Izumi Ward	Residents	70
43	10/5	Daiwa Densetsu Kogyo in-house workshop	About mental health in the workplace	Sendai	MDMHCC employees	90
44	10/11	Relaxation Salon (co-hosted with the Miyagi Psychiatric Center)	Health lecture with a doctor, relaxation exercises, crafts	Natori	Temporary housing tenants	9
45	10/19	Relaxation Salon (co-hosted with the Miyagi Psychiatric Center)	Health lecture with a doctor, relaxation exercises, crafts	Yamamoto	Temporary housing tenants	17
46	10/23	Energy Classroom	Health education, mental health counseling, and care prevention exercises for temporary housing tenants	Kesenuma	Temporary housing tenants	35
47	10/25	Relaxation Salon (co-hosted with the Miyagi Psychiatric Center)	Health lecture with a doctor, relaxation exercises, crafts	Natori	Temporary housing tenants	12
48	11/2	FY 2012 Ishinomaki Playhabilitation Project	Gymnastics guidance for fall and dementia prevention	Ishinomaki	Temporary housing tenants	16
49	11/4	Kesenuma Health Festival Café (Koko Cafe)	Massage, social gathering	Kesenuma	General residents	245
50	11/8	Relaxation Salon (co-hosted with the Miyagi Psychiatric Center)	Health lecture with a doctor, relaxation exercises, crafts	Natori	Temporary housing tenants	8
51	11/8	Mental Health Training for Elderly Club Alliance Women's Department	"Mental health after the earthquake," fascial massage	Watari	Elderly Club Alliance Women's Department	63
52	11/13	Matsushima Mental Health Care Lecture	Let's laugh! Let's loosen up! Mind and body—10 years Rejuvenating mind and body self-care	Matsushima	Matsushima people, civil welfare officers, etc.	70
53	11/16	FY 2012 Mental Health Lecture	Tomado Adolescent—let's grow in the circle of the community	Tome	General residents, civil/child welfare officers, etc.	200
54	11/16	Relaxation Salon (co-hosted with the Miyagi Psychiatric Center)	Health lecture with a doctor, relaxation exercises, crafts	Yamamoto	Temporary housing tenants	4
55	11/17	Symposium on health and reconstruction town development	Thinking about the future of mental care	Taiwa	General residents	80
56	11/20	Energy Classroom	Health education, mental health counseling, and care prevention exercises for temporary housing tenants	Kesenuma	Temporary housing tenants	24

57	11/20	Hebei Regional Comprehensive Support Center Care Prevention Project	About mental and physical health after the earthquake	Ishinomaki	Temporary housing tenants	13
58	11/20	Lecture to Hakozuka Sakura Temporary "Mimamori Corps"	About winter health management, about drinking	Natori	Temporary residents	7
59	11/20	Lectures for Miyagi/Iwate/Fukushima citizens and supporters	Activity introduction of the Miyagi Heart Care Center	Sendai	Miyagi /Iwate /Fukushima residents, supporters	80
60	11/22	Mental health promotion lecture	Aspects of mental health you want to be careful about after the earthquake	Kesenuma	Residents	39
61	11/22	Relaxation salon (co-hosted with Miyagi Psychiatric Center)	Health lecture with a doctor, relaxation exercises, crafts	Natori	Temporary housing tenants	17
62	11/27	Mental health creation supporter lecture	Let's be good at listening ~ Treat with a feeling of being close	Shiogama	General residents	23
63	12/14	Rifu community lecture session	What is stress? ~ To create a healthy heart that can withstand stress ~	Rifu	Civil welfare officers, child welfare officers, general residents	30
64	12/17	JA Green mental health training session	Stress management	Osaki	JA Green managers	70
65	12/17	Japan Catholic Medical Association	Mental health	Kesenuma	Temporary residents	8
66	12/21	Relaxation salon (co-hosted with Miyagi Psychiatric Center)	Health lecture with a doctor, relaxation exercises, crafts	Yamamoto	Temporary housing tenants	15
67	1/18	Relaxation salon (co-hosted with Miyagi Psychiatric Center)	Health lecture with a doctor, relaxation exercises, crafts	Yamamoto	Temporary housing tenants	5
68	1/21	Salon "Koko Cafe"	Tapping Touch Salon	Kesenuma	Designated Temporary housing tenants	9
69	1/21	JA Green mental health training session	About occupational mental health	Misato	JA Green managers	70
70	1/22	JA Green mental health training session	About occupational mental health	Misato	JA Green managers	90
71	1/23	JA Green mental health training session	About occupational mental health	Misato	JA Green managers	90
72	1/31	Salon "Koko Cafe"	Salon with tapping touch / aroma experience	Kesenuma	Designated Temporary housing tenants	7
73	2/1	Minamiuwa City Mental Health Thinking Group	Earthquake disaster and mental care	Minamiuwa	General residents	—
74	2/8	2nd HIT Workshop	To maintain Mental health	Sendai	New entrepreneurs	50
75	2/8	KRA-hosted tea party (salon)	Mini-lecture on cold/flu prevention, stiff shoulder exercises, fall prevention exercises	Kesenuma	Temporary housing tenants	17
76	2/13	FY 2012 Mental Health Exchange: Koko Cafe	Let's relieve the tiredness of mind and body	Kesenuma	Private chartered housing tenants	13
77	2/16	Fukushima's Gathering & Koransho Tea Party	Yoga, hand massage, individual consultation, tea party	Natori	Private chartered housing tenants (Fukushima prefecture)	25
78	2/16	Great East Japan Earthquake Bunkyo Citizens Symposium	About health activities immediately after the disaster	Tokyo	Residents of Bunkyo	80
79	2/22	Relaxation Salon (co-hosted with the Miyagi Psychiatric Center)	Health lecture with a doctor, relaxation exercises, crafts	Yamamoto	Temporary housing tenants	10
80	2/23	Exchange meeting sponsored by Miyagi Prefecture Support Center Support Office	Hometown salon (Rifu Matsushima private chartered housing tenants social)	Rifu	Private chartered housing residents	27
81	2/23	Dementia supporter education lecture	About dementia	Ishinomaki	Temporary residents, Community residents	24
82	2/25	Okayama Pearl Lions Club Regular Meeting	Children after the Great East Japan Earthquake	Okayama	Okayama Lions' Club Members	20
83	2/26	Energy Classroom	To maintain Mental health	Kesenuma	Residents	28
84	2/26	Salon "Koko Cafe"	About the relationship between mind and body	Kesenuma	Private chartered housing tenants	11
85	2/27	Mental Health Creation Lecture	How to deal with stress well	Zao	General residents	100
86	2/27	Mental health creation study session (Suicide countermeasures project)	About stress management	Misato	General residents	22
87	3/2	Fukushima's Gathering & Koransho Tea Party	Yoga, hand massage, individual consultation, tea party	Natori	Private chartered housing tenants	28
88	3/3	Disaster Mental Health Care Training	Hoping for the recovery of the victims' hearts—Support during the reconstruction period, Miyagi's activities	Niigata, Nagaoka	General residents, welfare workers	30
89	3/7	Higashimatsushima study session at the Women's Club regular meeting	Mental care after the earthquake	Higashimatsushima	General residents	40
90	3/9	Mental care support forum	Current status and issues of mental care in the disaster area	Tokyo	Resident volunteers	70
91	3/10	Disaster Mental Health Care Training	Report on mental care activities in the Niigata-Chuetsu earthquake, introduction of Miyagi's activities	Niigata, Nagaoka	General residents, welfare workers	20
92	3/17	Disaster Mental Health Care Training	Progress report from immediately after the earthquake in Kochitani Community, Miyagi's activity introduction	Niigata, Nagaoka	General residents, welfare workers	11
93	3/24	Disaster Mental Health Care Training	Introducing Miyagi's activities on how to support people who have experienced parting with their loved ones in a disaster	Niigata, Nagaoka	General residents, welfare workers	30

1. Raising Public Awareness (5): Information Dissemination Through the Media

	Date	Training Name	Content	Municipality	Targets	People
1	10/3	Appeared on community FM programs	FM radio appearance "About alcohol"	Iwanuma	General residents	—
2	12/11	Appeared on community FM programs	FM radio appearance "Mental health self-care" (sleep theme this time)	Onagawa	General residents	—
3	3/4	Sanriku Shinpo coverage	Introduction of Miyagi Heart Care Centr	Kesenuma	General residents	—
4	3/8	Information provision in Onagawa disaster FM	About mental health care	Onagawa	General residents	—

3. Human Resource Development (1): Hosting Disaster Social Events

	Date	Training Name	Content	Municipality	Targets	People
1	11/10	The 3rd Earthquake Mental Care social Miyagi	It's been one year and eight months since the earthquake/~Current situation and issues in the disas-	Sendai	Psychiatric social workers	60
2	3/1	Earthquake mental care social Miyagi in Ishinomaki	Let's talk about the present and future of disaster victim support	Ishinomaki	All supporters	83

3. Human Resource Development (2) Training Sessions by Disaster-Related Topic <Alcohol-related problems training workshops >

	Date	Training Name	Content	Municipality	Targets	People
1	4/3	Alcohol training for new life supporters	About alcohol	Minamisanriku	Temporary support staff	40
2	4/4	Lecture and group work	About addiction	Kesennuma	Temporary support staff	40
3	4/18	Group work training	Alcohol case study	Minamisanriku	Supporter, public health nurse	17
4	5/2	Group work for public health nurses	Group work	Minamisanriku	Public health nurse	5
5	5/2	Group work training	Group work	Kesennuma	Temporary support staff	54
6	5/16	Southern temporary support staff group work training	Group work	Minamisanriku	Temporary support staff	10
7	5/18	Kesennuma alcohol training workshops	Alcohol and health	Kesennuma	Fraternity visitor	13
8	6/6	Kesennuma alcohol training workshops	Alcoholism and families	Kesennuma	Municipality staff, temporary support	40
9	6/6	Group work with each satellite chief	About alcohol	Minamisanriku	Support Center	6
10	6/20	Group work training	Case study and group work	Minamisanriku	Temporary support staff	9
11	7/4	Kesennuma alcohol training workshops	Treatment and confirmation of alcohol problems	Kesennuma	Temporary support staff	43
12	7/4	Shizugawa satellite group work training	Group work	Minamisanriku	Temporary support staff	14
13	7/5	Alcohol-related problems training	Initial intervention in alcohol-related problems	Iwanuma	Municipality staff	18
14	7/9~14	Alcohol-related problems training for medical staff ①	Alcohol-related problems, knowledge and skills needed to help	Coastal areas	Psychiatric nurses/psychiatric social	3
15	7/18	Utatsu satellite group work training	Group work	Minamisanriku	Temporary support staff	14
16	7/19	Yamamoto Alcohol training	About alcohol	Yamamoto	municipality staff	15
17	8/6~11	Alcohol-related problems training for medical staff ②	Alcohol-related problems, knowledge and skills needed to help	Coastal areas	Psychiatric nurses/psychiatric social	3
18	9/10~15	Alcohol-related problems training for medical staff ③	Alcohol-related problems, knowledge and skills needed to help	Coastal areas	Psychiatric nurses/psychiatric social	3
19	9/19	Nursing care specialist training workshops	Addiction as a related illness	Kesennuma	Care support specialists	24
20	10/15~20	Alcohol-related problems training for medical staff ④	Alcohol-related problems, knowledge and skills needed to help	Coastal areas	Psychiatric nurses/psychiatric social	3
21	12/5	Temporary support staff training workshops	About alcohol and its harm	Minamisanriku	Temporary support staff	13
22	12/13	Temporary Nagai housing complex resident alcohol problem case study meeting	About individual correspondence of alcohol problem	Ishinomaki	Temporary support staff	12
23	1/11	Alcohol-related problems basic training	Alcohol-related problems and alcoholism	Ishinomaki	Municipal public health nurses	45
24	1/21	Alcohol study session	Learn about alcoholism and its content	Iwanuma	Municipal public health nurses	2
25	1/22	Kesennuma Care Support Specialist Training	Correspondence to those who have addiction problems	Kesennuma	Care support specialists	40
26	2/8	Alcohol-related problems basic training	About alcohol-related problems	Ishinomaki	Municipal public health nurses/Community supporters	40
27	2/13	Community Care Study Group on Alcohol Cases in Momou District	Alcohol case study	Ishinomaki	Community supporters	30
28	3/8	Alcohol-related problems basic training	Alcohol-related problems,” “about mental illness”	Ishinomaki	Government, medical care, persons	40

3. Human Resource Development (2): Training Sessions by Disaster-Related Topic <Elderly Mental Health Training>

	Date	Training	Content	Municipality	Targets	People
1	7/18	The 7th Iwanuma City Mental Health Care Study Group	What you need to know about dementia	Iwanuma	City public health nurse, other supporters	20
2	2/19	Elderly mental health care workshop	Comprehensive assessment of dementia and depression	Ishinomaki	Municipal public health nurses, visiting nurses, community supporters	59
3	2/26	Elderly mental health care workshop	Mental care for the elderly after the earthquake—focusing on dementia-	Iwanuma	Municipal public health nurses, temporary supporters, community supporters	47

3. Human Resource Development (2) Training Sessions by Disaster-Related Topic <Suicide Countermeasure Training>

	Date	Training	Content	municipality	Targets	People
1	10/18	Suicide prevention measures training workshops	Think about suicide prevention in the Motoyoshi area	Kesennuma	Administrative staff, volunteers	31
2	10/22	Suicide prevention gatekeeper education lecture	You are also a gatekeeper	Osaki	Iwadeyama district barber union member	64
3	11/15	Misato mental health making training (suicide countermeasure training)	Deepening understanding of mental health and building relationships that are easy to consult in the community	Misato	civil welfare officers	8
4	11/20	2012 Mental health creation supporter lecture	Suicide prevention and mental health-to protect your precious life-	Shiogama	Psychiatric social workers	17
5	12/20	2012 2nd suicide prevention measures support training workshops	What are suicide prevention measures—advanced edition	Kesennuma	Victim support workers in Motoyoshi Community	20
6	1/25	Tome suicide prevention measures business consultation counter Training workshops	About suicide risk/prevention related to the earthquake	Tome	Public health nurse, counselor, etc.	30
7	2/4	2012 suicide countermeasure training workshops for healthcare professionals	What you need to do to prevent suicide in the community	Tome	Health care workers	30
8	2/6	2012 Suicide prevention measures training workshops	How to deal with psychiatric problems that are likely to occur after a disaster	Kesennuma	Healthcare professionals and other related organizations staff	42
9	2/25	Barber hygiene disinfection class	Suicide prevention gatekeeper education lecture	Ishinomaki	Barber life hygiene trade union member	110
10	3/5	2012 Osaki Suicide Countermeasure Project “Gatekeeper training workshops”	You are also a gatekeeper	Osaki Sanbongi	Civil / child welfare officers	134
11	3/8	Taiwa Gatekeeper education training workshops	What you can do “now” for your child’s future	Taiwa	Administrative staff, volunteers, child welfare	40

3. Human Resource Development (2): Disaster-Related Topics Training < Child Mental Health Training >

	Date	Training	Content	Municipality	Targets	People
1	4/26	Motoyoshi Support Center Supporter Workshop	The reaction of the child's mind after the disaster	Kesennuma motoyoshi	Schoolchildren related staff	11
2	6/21	2012 Sendai School Health Association	About mental care for children after a disaster	Sendai	School officials	132
3	7/31	2012 Kurokawa school Health Association	About mental care for children after an earthquake	Tomiya	School officials	50
4	9/21	Health Association Sendai Standing Hospital Staff Training	Current situation and response to child abuse	Sendai	Medical personnel	50
5	9/30	The 6th Children's Mental Clinician Workshop	Disasters and children's hearts	Tokyo	Pediatrician / psychiatrist	165
6	10/14	7th This Pediatric Psychiatric Association Tohoku Regional Association	After the Great Earthquake "What the Earthquake Has Affected in the Child-rearing Environment"	Sendai	Medical personnel	100
7	10/21	Yamagata Prefectural School Health Association	About the reaction of children's minds after the Great East Japan Earthquake	Yamagata, okitama	psychiatric social work officials	36
8	10/23	Tokyo Child Guidance Center Staff Training	Response to children after the Great East Japan Earthquake	Tokyo	okyo Kita Children's Counseling Center staff	40
9	10/24	The 64th Miyagi Prefectural School Health Association	Supporting children's minds after the disaster	Iwanuma	School officials	135
10	11/8	2012 School Health Workshop	When listening to the impact and stories of the earthquake on children	Tome	Educators	120
11	11/9	Natori City Child Protection Area Council Workshop	Points to keep in mind:	Natori	Educators	120
12	11/22	Hyogo Prefecture Mental Care Center "Mental Care" Symposium	Response to child abuse and the impact of the earthquake on children	Hyogo	psychiatric social work relationship	30
13	11/27	2012 Special Needs Education Understanding Workshop	Mental care in the Great East Japan Earthquake-Now in the disaster area-	Sendai	School officials	50
14	11/29	2012 Sendai Nursery School Federation Nursery School Director Workshop	Understanding and support for children with disabilities from the perspective of medical	Sendai	Childcare personnel	130
15	12/1	NPO Rosie Bell Volunteer & Staff Workshop	practice "Earthquake and child rearing	Sendai	volunteer	20
16	12/11	Training for Municipal Public Health Nurses	Breathing method and fascia care	Kesennuma	Municipal public health nurse	10
17	12/25	Miyagi Prefecture Tomiya Town Board of Education "Education Forum"	Nurturing environment and child rearing	Tomiya	Faculty and staff, civil welfare children's	100
18	1/15	Taiwa Town Tsurusu Elementary School Children's Understanding Teachers'	About the impact of the earthquake on children	Taiwa	Yogo teacher, public health nurse	30
19	2/5	Oshika District School Health Liaison Council	Raising the heart of a child	Ishinomaki	nursing teacher	10
20	2/5	Oshika General Branch Elementary and Junior High School Nurse Teacher Training	Child-rearing environment and child-rearing	Ishinomaki	Child welfare, public health nurse	10
21	2/12	Workshop on Children's Mental Health Care	How to grasp the heart of a child after a disaster	Osaki	Child guidance center staff	20
22	2/12	Children's Mental Health Care Liaison Task Force Meeting	About mental care of children after the great earthquake-Current situation and future-	Osaki	Pediatric medicine	20
23	2/15	Miyagi Pediatric Health Seminar 2013	About the reaction of the earthquake and the child's heart	Sendai	Faculty and staff, civil welfare children's committee, home education promotion	50
24	3/6	Series Seminar " Learn from the Great East Japan Earthquake" 6th	Current status of care after the earthquake-Verification for the second year	Kobe	Yogo teacher, public health nurse	20
25	3/16	Developmental Disability Medicine Seminar	Support for children with developmental disabilities during a disaster	Tokyo	psychiatric social work related faculty	98

3. Human Resource Development (2): <Media conferences>

	Date	Training	Content	Municipality	Targets	People
1	2/20	Media conference	Mental care after the earthquake—Current status report of Higashimatsushima-	Sendai	Media personnel	20

3. Human Resource Development (2): Training on Disaster-Related Topics <Other Training Projects for Specialists & Community Supporters (Temporary Support Staff, Etc.)>

	Date	Training	Content	Municipality	Targets	People
1	4/16	Onagawa living counselor training workshops	Expectations for listening volunteer activities (about listening)	Onagawa	Temporary support staff	14
2	4/23	Onagawa living counselor training workshops	Expectations for listening volunteer activities (about listening)	Onagawa	Temporary support staff	15
3	4/27	Matsushima food habits improvement staff training workshops	Think about your health after the earthquake	Matsushima	Food habits improvement staff	43
4	5/12	Psychiatric Nursing Technology Association Miyagi Prefectural Branch general training workshops	Support in the event of a disaster	Sendai	Nursing	50
5	5/14	Matsuyama community mental health training workshops	About mental care after a disaster—How should I be involved in the future	Osaki Matsuyama	Civil welfare officers/child welfare officers	20
6	5/16	The 5th Iwanuma Mental Care Study Group	How to deal with people with personality disorder and cognitive bias	Iwanuma	City public health nurse, other supporters	20
7	5/24	The 108th Annual Meeting of the Psychiatry and Neurology Society (Symposium)	Post-earthquake psychiatric situation in Miyagi Prefecture one year later	Hokkaido	Member medical welfare workers student	—
8	6/3	Meiji Yasuda Mental Health Foundation Specialized lecture	Psychoeducation in the psychiatric ward at the beginning of the Great East Japan Earthquake	Tokyo	Child-related professional	68
9	6/8	Ishinomaki Kama/Okaido District Health Promotion Staff training workshops	About disuse syndrome	Ishinomaki	Health promoter	21
10	6/10	The 11th Traumatic/Stress Society (Luncheon Seminar)	Mental health care after the Great East Moto Earthquake in the Miyagi family—Based on recent activities	Fukuoka	Member medical welfare workers student	—
11	6/11	Bando City Iwai District civil and child welfare officers council training workshops	About the role required in the event of a disaster	Sendai	Civil welfare officers/child welfare officers	43
12	6/14	Home nurse training workshops	Points to keep in mind during activities	Tagajo	Home nurse staff	15

13	6/20	The 6th Iwanuma Mental Care Study Group	Checkpoints for residents' medical examination	Iwanuma	City public health nurse, other supporters	24
14	6/21	Iwanuma training ①	Important things when visiting	Iwanuma	Temporary support staff	12
15	6/23	The 22nd Society of Mental Health Nursing (Symposium)	What can we do now in the Great East Japan Earthquake? -Issues for medium- to long-term support-Kumamoto focusing on supporting nurses in the disaster area	Kumamoto	Academic members Medical welfare workers Participants Students	-
16	6/28	Ishinomaki jurisdiction supporters training workshops	Points of support for the victims of the disaster-Interviews with people in distress-	Ishinomaki	Public health nurse, Comprehensive Support Center	26
17	7/5	Iwanuma Training (2)	Understanding and engaging in mental illness	Iwanuma	Temporary support staff	10
18	7/10	Taiwa Volunteer Friends' Club training workshops	About medium- to long-term support	Taiwa	Community volunteer	18
19	7/12	Ishinomaki Ohashi Ward Temporary support staff training workshops	About listening	Ishinomaki	Temporary support staff	24
20	7/20	Mental Symposium IN Urayasu	Mental health care activities after the Great East Japan Earthquake-From experience at Miyagi-	Urayasu	Health care workers	—
21	7/20	Miyagi Prefecture Psychiatric Social Work Association "P Lab"	About the actual situation in the disaster area and the care center for Miyagi	Sendai	Member of Miyagi Prefecture Psychiatric Social Work Association	10
22	7/23	Ishinomaki Community Long-term care staff training workshops	Disaster and mental care	Ishinomaki	Chief helper	4
23	7/25	2012 Miyagi prefecture mid-sized civil and child welfare officers' training workshops	Post-disaster mental care-close to the victims' hearts-	Sendai	Civil welfare officers/child welfare officers	115
24	7/26	Training workshops on visits	Perform role play	Iwanuma	Temporary support staff	8
25	8/1	Group work training	Case study on the hardships of activities	Minamisanriku	Support staff	20
26	8/2	Training workshops on visits	Perform role play	Iwanuma	Temporary support staff	8
27	8/5	The 7th Community depression Medical Promotion Summit	Initiatives at Miyagi through support for communities and work areas	Tokyo	doctors	—
28	8/22	Ishinomaki Monou temporary support staff training workshops	About listening	Ishinomaki	Temporary support staff	12
29	8/23	Ishinomaki Watanoha area temporary support staff training workshops	About listening	Ishinomaki	Temporary support staff	17
30	8/27	Ishinomaki Ogatsu/Kitakami district temporary support staff training workshops	About listening	Ishinomaki	Temporary support staff	12
31	8/28	Ishinomaki Kahoku district temporary support staff training workshops	About listening	Ishinomaki	Temporary support staff	16
32	8/29	Ishinomaki Inai district temporary support staff training workshops	About listening	Ishinomaki	Temporary support staff	32
33	8/30	Ishinomaki Hebata/Kama/Okaido district temporary support staff training workshops	About listening	Ishinomaki	Temporary support staff	17
34	8/30	Ishinomaki mental health lecture session (listening volunteer)	Changes in mind after the earthquake	Ishinomaki	Ishinomaki listening volunteer	100
35	8/31	Ishinomaki Oshika district temporary support staff training workshops	About listening	Ishinomaki	Temporary support staff	4
36	8/31	Miyagi prefecture-sponsored Miyagi prefecture center care training workshops	Mental care for the victims—To connect the victims with appropriate support	Sendai	Psychiatric social workers	30
37	9/1	Ishinomaki SPR training	Psychological/recovery/skill training	Ishinomaki	Community supporters centered on the Ishinomaki area	25
38	9/3	Ishinomaki Kanan district temporary support staff training workshops	About listening	Ishinomaki	Temporary support staff	17
39	9/8	Kochi occupational medicine training workshops	Mental health measures after a large-scale disaster	Kochi	Health care workers	—
40	9/11	Ishinomaki mental health lecture session (listening volunteer)	How do you get close to the other person's heart?	Ishinomaki	Ishinomaki listening volunteer	70
41	9/12	Ishinomaki Watanoha district health promotion staff mental care training workshops	About mental care	Ishinomaki	Health promoter	14
42	9/20	Ishinomaki Health Promoter training workshops	If you feel tired around this time—Health promotion to protect yourself and your loved ones	Ishinomaki	Health promoter	40
43	9/20	Shikama teaching staff/civil welfare officer training workshops	About child abuse	Shikama	Teaching staff, civil welfare officers	11
44	9/23	66th Tohoku Psychiatry and Neurology Society General Assembly	Toward the reconstruction of the heart of the disaster area "Miyagi Prefecture Mental Care"	Akita	Member medical welfare workers student	200
45	9/28	2012 Kesenuma Welfare Forum for Persons with Disabilities	About the reaction of the heart after the disaster	Kesenuma	Welfare for persons with disabilities	30
46	9/29	Ishinomaki SPR training	Psychological/recovery/skill training	Ishinomaki	Community supporters centered on the Ishinomaki area	18
47	9/30	Ishinomaki mental health lecture session (listening volunteer)	How do you get close to the other person's heart?	Ishinomaki	Ishinomaki listening volunteer	54
48	10/3	Temporary support staff group work training	About the meaning of listening and the importance of listening support	Minamisanriku	Deemed temporary support staff, public health nurse	8
49	10/13	55th Main Hospital/Community Psychiatric Association	Symposium Great East Japan Earthquake and Nuclear Disaster and Mental Health "Current Situation and Issues of Mental Health in Disaster Areas" Furuya City	Nagoya	Member medical welfare workers Student	1000
50	10/19	Sendai Volunteer Liaison Council	About mental care	Sendai	Volunteer staff	30
51	10/19	2012 World Psychiatric Association International Conference (Symposium)	Mental health issues and countermeasures after the Great East Japan Earthquake in Miyagi Prefecture Praha, Czech Republic society members, Medical welfare workers, students	Praha, Czech Republic	Member medical welfare workers student	—
52	10/24	Takasago Home Care Liaison Committee training workshops "One and a half years after the earthquake, think about mental care again" Mental care after the earthquake	Mental care after the earthquake	Sendai	Supporters	40
53	10/25	National Psychiatric Social Work Liaison Council general meeting	Current status and issues of mental health in the disaster area	Miyazaki	Psychiatric social workers	30
54	10/27	Ishinomaki SPR training	Psychological / Recovery / Skill training	Ishinomaki	Community supporters centered on the Ishinomaki area	15
55	10/30	This Home-Visit Nursing Foundation Mental Health Training	Introducing necessary viewpoints, perspectives, and actual support flow through examples	Natori	Visiting nurse	8
56	10/31	9th Iwanuma Mental Care Study Group	Consider how to deal with people with mental illness through case studies	Iwanuma	City public health nurse, other supporters	20
57	11/1	"Mental care" activity workers training workshops in the disaster area in 2012	Current status and issues of mental health after the Great East Japan Earthquake	Niigata, Nagaoka	Psychiatric social workers	30

58	11/1	2012 Sendai civil welfare officers, child welfare officers council director / councilor movement training workshops	Impact of the earthquake and mental and physical care	Sendai	civil/child welfare officers	70
59	11/7	Temporary support staff group work training	Relationships with supporters and confidentiality obligations as supporters	Minamisanriku	Temporary support staff	8
60	11/13	2012 labor management lecture	Future response to mental problems that occur after the earthquake	Sendai	Corporate labor manager	30
61	11/17	(Special) psychiatric social work Exchange Promotion Association 19th Career Advancement Support Training	Great East Japan Earthquake Miyagi initiatives	Sendai	Psychiatric social workers	40
62	11/21	Temporary support staff group work training	Be confused about how to respond	Minamisanriku	Temporary support staff	13
63	11/24	The 12th Society of Cognitive Therapy (Symposium)	Support after a large-scale disaster: Efforts to popularize cognitive-behavioral psychological support	Tokyo	Member medical welfare workers Student	—
64	11/28	The 10th Iwanuma Mental Care Study Group	Consider grief through case studies	Iwanuma	City public health nurses, other supporters	20
65	12/8	Hyogo Prefecture Psychiatric Social Work Technician Association regular training	“Listen/learn/think” about the Great East Japan Earthquake	Hyogo, Kobe	Member of Hyogo Prefecture Psychiatric Social Work Association	15
66	12/11	KRA staff training workshops	To recover in the community	Kesenuma	KRA staff	40
67	12/13	The 3rd Prefectural Area Employment Support Organization Liaison Conference for Persons with Disabilities	To have mental health	Kesenuma	Welfare workers with disabilities	30
68	12/19	The 11th Iwanuma Mental Care Study Group	Looking back on the year-end—Why don’t you review “mental care”?	Iwanuma	City public health nurses, other supporters	20
69	1/11	Temporary support manager training	About team building	Tagajo	Temporary support manager	8
70	1/18	Temporary support manager training	About team building	Tagajo	Temporary support manager	4
71	1/21	Osaki Matsuyama civil welfare officers/child welfare officers training workshops	Think about mental care through support for victims	Osaki	Civil welfare officers, administrative staff, council staff	20
72	1/22	Kurokawa-gun Uchimachi-mura Council of Social Welfare training workshops	Supporting recovery from disasters	Taiwa	Council of Social Welfare staff	100
73	1/23	Earthquake and mental care lecture session in Sendai	Mental care after the earthquake—Toward medium- to long-term support	Sendai	Medical health personnel	—
74	1/23	12th Iwanuma Mental Care Study Group	Communication skills as a “tool”	Iwanuma	City public health nurse, other supporters	20
75	1/31	Tapping touch training	About tapping touch	Kesenuma	Volunteer center staff	21
76	2/1	Temporary support staff leader training (Session 1)	About the team	Tagajo	Temporary support staff leader	6
77	2/1	2012 PTSD countermeasure specialized training project large-scale disaster countermeasure course (psychiatric care)	From the activity experience of the Great East Japan Earthquake	Tokyo	Health care workers	150
78	2/4	Kesenuma dispatch staff training	Stress and communication associated with changing places	Kesenuma	Kesenuma dispatch staff	76
79	2/5	Case study meeting	About wrist cut cases	Ishinomaki	Municipal public health nurses	9
80	2/5	Oshika district health promotion staff training workshops	In the 2nd year of the earthquake (changes in mind after the earthquake)	Ishinomaki	Health promoter	18
81	2/11	Workshop for planning disaster mental support strategies	Damage and support activities in Miyagi’s psychiatric care and mental health after the Great East Japan Earthquake	Tokyo	Expert	30
82	2/13	Ishinomaki Childrearing Support Center staff training workshops	About care of the helper’s mind and valuing emotions/feelings	Higashimatsushima	Persons involved in childrearing support	21
83	2/19	2012 Ishinomaki Health Promotion Staff training workshops	To be close to the feelings of the other person	Ishinomaki	Municipal public health nurses	29
84	2/20	13th Iwanuma Mental Care Study Group	Looking back on mental health examinations, communication skills as a “tool” part 2	Iwanuma	City public health nurse, other supporters	18
85	2/20	Mental care meeting	Report on Designated temporary residents’ health survey follow-up results	Ishinomaki	Community supporters	23
86	2/22	Kyoritsu maintenance staff training	About teamwork	Tagajo	Kyoritsu maintenance staff (temporary support staff)	6
87	2/25	Wakayama Prefecture psychiatric social work-related specialized training workshops	Current status and issues of mental health after the Great East Japan Earthquake	Wakayama	psychiatric social work relationship	30
88	3/2	Emergency residents’ symposium	“Thinking about the mental problems of tsunami-affected residents” in preparation for the Great East Japan Earthquake and another crisis	Tokyo	Medical personnel Media personnel general residents	100
89	3/5	Training for salon staff to deal with disaster victims	Precautions when listening to the story	Natori	Administrative staff, private organizations	20
90	3/6	Tohoku University practical religious studies donation lecture	Mental health and medical care	Whole prefecture	Monks and ministers	15
91	3/8	Osaki Community Activity Support Center for Persons with Disabilities and related organizations joint training workshops	About support for persons with disabilities	Osaki	Administrative staff	19
92	3/13	Natori Home-visit Nursing Foundation Training	How to deal with people who have a mental risk	Natori	Home-visit nursing foundation	4
93	3/14	Lecture at the Scrivener Association	About the situation of the victims in Miyagi prefecture	Sendai	Government, judiciary	13
94	3/23	SPR follow-up training in Ishinomaki	Case study on support using SPR (3 cases)	Ishinomaki	Government officials	2
95	3/26	Training for Japan Overseas Cooperation volunteers entrusted with Natori community revitalization project	Stress care management	Natori	Government, public organization	16
96	3/26	Initial abuse training workshops	Group work on initial response and parent support methods	Iwanuma	Administration, temporary support staff, child welfare	22
97	All year	Psychological support skill up lecture (15 times in total)	Training workshops on psychological support skills	Sendai	Psychologist and others	450
98	All year	Reconstruction Support Center Hiyori Case Study Meeting (34 times in total)	Case study	Natori	Life counseling supporter	340

3. Human Resource Development (3) Mental health training for supporters

	Date	Training Name	Content	Municipality	Targets	People
1	4/11	Miyagi Prefectural Nursing Association Shiogama Branch: Mental	Post-disaster mental care—Mental care for patients and themselves	Shiogama	Nurses	25
2	4/12	Mental and physical care training for Ishinomaki management staff	About mental health care after the earthquake	Ishinomaki	Ishinomaki government office manager	25
3	4/12	Ishinomaki Regional Waterworks Corporation Mental Health training	About mental health that I want to be careful about one year after the earthquake	Ishinomaki	Ishinomaki Regional Waterworks Corporation staff	34
4	4/18	The 4th Iwanuma Mental Care Study Group	Mental health of public health nurses/care for secondary disasters	Iwanuma	City public health nurse, other supporters	2
5	4/26	Ishinomaki Regional Waterworks Corporation Mental Health training	About mental health that I want to be careful about one year after the earthquake	Ishinomaki	Ishinomaki Regional Waterworks Corporation staff	125
6	5/14	Kesennuma staff management training	Mental health after the earthquake	Kesennuma	Kesennuma staff management	32
7	5/15	Kesennuma staff management training	Mental health after the earthquake	Kesennuma	Kesennuma staff management	32
8	5/17	For Ishinomaki Wide Area Administrative Office staff	About mental health care after the earthquake	Ishinomaki	For Ishinomaki Wide Area Administrative	103
9	5/21	Public Shizugawa Hospital Nurse Mental Health training workshops	Post-disaster mental care	Minamisanriku	nurses	6
10	5/24	Public Shizugawa Hospital Nurse Mental Health training workshops	Post-disaster mental care	Tome	nurses	6
11	6/1	Ishinomaki Wide Area Administrative Office Mental Health training	About mental health that I want to be careful about one year after the earthquake	Ishinomaki	For Ishinomaki Wide Area Administrative	112
12	6/7	Ishinomaki Regional Waterworks Corporation Mental Health training	About mental health that I want to be careful about one year after the earthquake	Ishinomaki	Ishinomaki Regional Waterworks Corporation staff	27
13	6/10	The 11th Traumatic / Stress Society (Symposium)	Impact of trauma/stress on nurses in the Great East Japan Earthquake and future support issues	Fukuoka	Member medical welfare workers Student	—
14	6/25	Self-Defense Force Funaoka Camp lecture session	About mental health care after the earthquake	Shibata	Funaoka Camp Funaoka Self-Defense	20
15	6/26	Ishinomaki Community Comprehensive Support Center staff training	Mental health of care providers	Ishinomaki	Comprehensive staff, care manager	20
16	7/3	Ishinomaki Community Comprehensive Support Center staff training	Mental health of care providers	Ishinomaki	Comprehensive staff, care manager	20
17	7/26	This doctors meeting 2012 emergency disaster medical director liaison	Mental health of disaster medicine supporters	Tokyo	Doctors Association Emergency Disaster	176
18	7/29	The 14th Society of Disaster Nursing (Symposium)	Mental care for nurses in the disaster area and future issues	Aichi	Member medical welfare workers Student	—
19	8/20	Kakuda staff training workshops	To maintain mental health—Rethinking life-work balance	Kakuda	Kakuda staff	23
20	8/22	The 3rd Care Manager Liaison Meeting	To have mental health	Tagajo	Care workers	50
21	8/24	Self-Defense Forces Funaoka Camp lecture session Mental health	About mental health care after the earthquake	Shibata	Self-Defense Forces executive	25
22	8/24	Matsushima supporters support training workshops	To have mental health	Matsushima	Psychiatric social workers	66
23	8/29	8th Iwanuma Mental Care Study Group	Supporters stress and burnout	Iwanuma	City public health nurse, other supporters	20
24	9/6	Watari Council of Social Welfare supporters Mental support business	About mental health after a disaster	Watari	Shakyo staff, temporary supporters	27
25	9/13	Ishinomaki Wide Area Administrative Affairs Association Guidance	About mental health care	Ishinomaki	Ishinomaki Wide Area Administrative Office staff	63
26	9/20	Ishinomaki Wide Area Administrative Affairs Association Guidance	About mental health care	Ishinomaki	Ishinomaki Wide Area Administrative Office staff	2
27	9/27	Miyagi Prefecture Victim Support Worker Training Step-up Training I	Mental care of support staff	Sendai	Support staff	30
28	10/2	Minamisanriku staff administrator training	Mental health in the workplace after the earthquake	Minamisanriku	Minamisanriku staff management	15
29	10/4	Minamisanriku staff administrator training	Mental health in the workplace after the earthquake	Minamisanriku	Minamisanriku staff management	15
30	10/4	Miyagi Prefecture Victim Support Worker Training Step-up Training I	Mental care of support staff	Minamisanriku	Kesennuma District Support Center Supporter	53
31	10/5	Shiogama District Industrial Hygiene and Safety Convention	Points of mental health in the prime of work	Shiogama	Occupational health personnel	40
32	10/16	Minamisanriku Life Support Staff Training	Communication and self-care	Tome	Minamisanriku Life Supporter	29
33	10/17	2012 2nd Nursing Care Support Specialist Training	About self-care of helpers	Kesennuma	Care support specialist	26
34	10/18	Miyagi Prefecture Disaster Victim Support Worker Training	Support staff care	Ishinomaki	Temporary support staff	70
35	10/21	13th Seminar Team Medical / Community Rehabilitation training	Disasters and mental health—What We Are Aiming for (Focusing on the Mental Health of Supporters)	Miyagi, Matsushima	Psychiatric social workers	100
36	10/24	Minamisanriku Life Support Staff Training	Communication and self-care	Minamisanriku	Minamisanriku Life Support Staff / Welfare staff	28
37	10/24	Hyogo Prefecture Mental Care Center: Continuous Seminar Session 1	Stress and mental care of disaster-stricken nurses—From the practice of continuous mental health support for disaster-stricken nurses-	Kobe	Medical health welfare worker	—
38	10/26	Kesennuma Health Survey Report Meeting	About the mental health of staff	Kesennuma	City hall staff	30
39	10/30	Miyagi Prefecture Disaster Victim Support Worker Training	Support staff care	Ishinomaki	Temporary support staff	80
40	11/6	Watari Council of Social Welfare supporters Mental support business	Mind and body self-maintenance	Watari	Shakyo staff, temporary supporters	25
41	11/6	Natori staff training workshops (for managers)	To have mental health	Natori	Natori staff	30
42	11/12	Ishinomaki Health Promotion Division Public Health Nurse Training	Supporters self-care	Ishinomaki	Ishinomaki Public Health Nurse	17
43	11/13	Miyagi Prefecture Ishinomaki Government Building staff training	About mental health in the workplace	Ishinomaki	Prefecture staff	40
44	11/16	Minamisanriku Life Support Staff Training	What to do with your care	Minamisanriku	Life supporter	47
45	11/19	Natori staff training workshops (for general jobs)	“To maintain mental health,” “Relaxation by fascial massage”	Natori	Natori staff	30
46	11/19	2012 foreigner consultation counter training workshops	Interview basics and supporters’ mental health	Sendai	Prefecture staff	30
47	11/20	Miyagi Prefecture Ishinomaki Government Building staff training	About mental health in the workplace	Ishinomaki	Prefecture staff	40
48	11/21	Miyagi Prefecture Disaster Victim Support Worker Training Step-up Training I	Stress and relaxation	Ishinomaki	Temporary support staff	30
49	11/26	Higashimatsushima Yamoto Akai no Sato staff training workshops	Mental health points in the prime of work—Mental health promotion to protect yourself and your loved ones	Higashimatsushima	Long-term care staff, life counselor	42
50	11/27	Miyagi Prefecture Ishinomaki Government Building staff training	About mental health in the workplace	Ishinomaki	Prefecture staff	40
51	12/6	Self-Defense Force Funaoka Camp lecture session	About mental health care after the earthquake	Shibata	Funaoka Camp Funaoka Self-Defense	60
52	12/9	The 38th Meeting to Improve the Welfare of Persons with Disabilities	To have mental health	Kesennuma	Welfare workers with disabilities	50
53	12/19	Reconstruction support coordinator and life support counselor infor-	Introduction of efforts at Watari, fascial massage as supporters support	Watari	Iwanuma Community Reconstruction Coordinator / Life Support Counselor	20
54	1/16	Minamisanriku Temporary support staff training	About self-care for assistants	Tome	Temporary support staff	19
55	1/28	Aoba Ward Disability Elderly Division staff training	About mental health in the workplace	Sendai	Sendai administrative staff	30
56	1/29	Ishinomaki Community Long-term care staff training workshops	Mental health of interpersonal assistance	Ishinomaki	Home-visit care office staff	6
57	2/5	Ishinomaki Community Long-term care staff training workshops	Mental health of interpersonal assistance	Ishinomaki	Home-visit care office staff	5
58	2/5	Watari Council of Social Welfare supporters Mental support business	How to use aroma massage and massage experience	Watari	Temporary support staff	18
59	2/7	Mental health training workshops for Ishinomaki staff	Workplace mental health: As a boss	Ishinomaki	Ishinomaki staff	70
60	2/19	Yamamoto staff training workshops	To maintain mental health	Yamamoto	Yamamoto staff manager	10
61	2/19	2012 Tagajo Health Promotion Staff training workshops	To maintain mental health	Tagajo	Health promotion staff	40
62	2/21	Mental health training workshops for Ishinomaki staff	Workplace mental health: As a boss	Ishinomaki	Ishinomaki staff	43
63	2/28	Minamisanriku staff Mental health training workshops	Staff health survey results and countermeasures	Minamisanriku	Minamisanriku staff	154
64	3/5	Support care for those who support	Healing supplements—Manipulative by yourself	Sendai	Administrative staff	4
65	3/6	Support staff training	About self-care of helpers	Minamisanriku	Temporary support staff	50
66	3/6	About tiredness and self-care felt at work (core support center life support	About the relationship between mind and body	Sendai	Temporary support staff	19
67	3/13	About tiredness and self-care felt at work (core support center life support	About the relationship between mind and body	Sendai	Temporary support staff	16
68	3/15	Self-Defense Force Funaoka Camp lecture session	About mental health care after the earthquake	Shibata	Funaoka Camp Funaoka Self-Defense	60

3. Human Resource Development(4)

	Date	Training Name	Content	Municipality	Targets	People
1	4/2~6	FY 2012 MDMHCC New Hire Training	Post-earthquake situation, Miyagi Prefecture's efforts, Miyagi Heart Care Center, etc.	Sendai	MDMHCC staff	36
2	5/23	FY 2012 MDMHCC Regular Staff Training ①	About the progress of support in Miyagi Prefecture and the way of support required in the future	Sendai	MDMHCC staff	44
3	6/22	FY 2012 MDMHCC Regular Staff Training ②	Understanding and care for the Great East Japan Earthquake and PTSD trauma	Sendai	MDMHCC staff	38
4	7/21,22	FY 2012 MDMHCC Regular Staff Training ③	SPR Training	Sendai	MDMHCC staff	27
5	8/24	FY 2012 MDMHCC Regular Staff Training ④	Basics of interpersonal assistance and the way teams and collaboration should be—Important switching between logic and emotions-	Sendai	MDMHCC staff	27
6	9/21	FY 2012 MDMHCC Regular Staff Training ⑤	"Trauma and Resilience"—From Adults to Children, From Individuals to Groups	Sendai	MDMHCC staff	26
7	11/22	FY 2012 MDMHCC Regular Staff Training ⑥	Case study meeting	Sendai	MDMHCC staff	29
8	12/21	FY 2012 MDMHCC Regular Staff Training ⑦	Support for those who help—Reflecting supervision	Sendai	MDMHCC staff	35
9	1/25	FY 2012 MDMHCC Regular Staff Training ⑧	About manners required for interpersonal assistance	Sendai	MDMHCC staff	21
10	2/27	FY 2012 MDMHCC Regular Staff Training ⑨	Looking back on the activities of the Miyagi Heart Care Center in 2012—Future prospects and issues-	Sendai	MDMHCC staff	32
11	6/19	MDMHCC Ishinomaki Community Center staff training	About alcoholism and treatment	Ishinomaki	MDMHCC staff, Public Health Center staff	18
12	All year	Tohokukai Hospital alcohol-related problems/mental care center staff	Acquisition of knowledge and skills on alcohol/drug-related issues	Sendai	MDMHCC staff	18

5. Support for Various Activities (2): Help with Various Training Sessions / Event Co-hosting / Name Sponsorship

	Date	Training Name	Content	Municipality	Targets	People
1	4/1	[Support] Disaster supporters Stress Hot Line	Consultation counter for supporters in the Great East Japan Earthquake	Hyogo	All supporters	—
2	4/21,22	[Co-sponsored] Facilitator education lecture	Supporting those who lost their loved ones in the earthquake—Facing and supporting grief-	Sendai	General residents	100
3	6/5	[Support] Earthquake and mental care lecture session in Shiogama	General knowledge of mental care required in clinical practice	Shiogama	Psychiatric workers	—
4	6/15	[Support] Earthquake and mental care lecture session in Ishinomaki	About the situation at the time of the disaster in the Coastal areas of Miyagi Prefecture and future	Ishinomaki	Psychiatric workers	50
5	7/21,22	[Co-sponsored] Facilitator education lecture	Supporting those who lost their loved ones in the earthquake—Facing and supporting grief	Sendai	General residents	100
6	7/25	[Co-sponsored] Listening volunteer education lecture	Self-care, changes in mind after the earthquake, etc. (4 series)	Ishinomaki	Listening volunteer	200
7	9/7	[Co-sponsored] The 55th Bar Association Human Rights Convention Pre-Symposium	Suicide prevention measures in the symposium community	Sendai	Persons involved in suicide prevention measures	110
8	9/25	[Support] Grief lecture (sponsored by Sendai Grief Care Study Group / JDGS Project)	5 series training workshops on grief care	Sendai	Victims/bereaved Family Support Students, etc.	—
9	12/3	[Support] Dr. Pauline Boss Workshop	Lectures on ambiguous loss theory and practices, case studies and supervision	Sendai	Psychiatric/earthquake support personnel, etc.	146
10	1/22	[Co-sponsored] Community psychiatric social work activities after the 2012 disaster training workshops	Training workshops for studying medium- to long-term community psychiatric social work activities after a disaster and organizing past activities	Osaki	Municipality/public health nurse in charge of public health nurse	50
11	1/23	[Co-sponsored] Earthquake and mental care lecture session in Sendai	Mental care after the earthquake—Toward medium- to long-term support	Sendai	Psychiatric workers	—
12	1/27,3/2	[Support] Workshop for dealing with suicide attempters in the medical field	Workshop to appropriately deal with suicide attempters and discuss suicide prevention in the emergency medical field	Sendai	Psychiatric workers	32
13	3/30	[Support] Children's Heart Summit in Sendai	World cafe-style discussion for junior high school students to think about and talk about "Mental health"	Sendai	Middle-schoolers in Sendai	50

Table 1 : Municipal Population Changes (2003-2012)
(As of the end of December of each year)

	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012
Prefectural Total	2,360,411	2,358,702	2,354,832	2,350,134	2,344,234	2,338,753	2,335,757	2,332,650	2,310,533	2,327,104
City Total	1,560,111	1,561,478	1,563,092	1,562,833	1,568,548	1,564,643	1,564,237	1,562,046	1,586,586	1,904,117
1)	(1,922,604)	(1,920,724)	(1,917,979)	(1,914,518)	(1,910,060)	(1,906,039)				
Town/village Total	800,300	797,224	791,740	787,301	775,686	772,114	771,520	770,604	723,947	422,987
2)	(438,007)	(437,908)	(435,853)	(435,616)	(434,174)					
Sendai	998,990	1,001,085	1,004,065	1,006,686	1,007,901	1,010,227	1,012,882	1,016,096	1,022,664	1,042,686
Aoba Ward	267,909	268,373	268,907	269,339	270,230	271,379	272,732	274,238	276,690	287,690
Miyagino Ward	175,086	176,054	176,455	176,856	182,201	183,354	183,848	184,333	182,991	185,986
Wakabayashi Ward	127,825	127,403	127,015	126,581	126,520	126,972	127,986	128,213	127,563	129,321
Taihaku Ward	221,028	220,889	220,771	220,741	219,028	218,249	217,545	217,941	220,441	223,342
Izumi Ward	207,142	208,366	209,917	209,469	209,922	210,273	210,771	211,398	212,989	216,342
Ishinomaki	118,536	117,736	117,344	116,883	117,151	116,721	116,294	115,914	115,914	151,940
Shiogama	60,890	60,577	60,115	59,494	58,939	58,324	58,001	57,469	56,876	56,564
Furukawa	73,652	73,889	74,270	(into Osaki)						
Kesennuma	40,461	39,954	39,070	38,511	38,046	37,581	37,116	36,651	36,186	35,721
Shiroishi	40,382	40,164	39,846	39,530	39,214	38,898	38,582	38,266	37,950	37,634
Natori	68,507	68,610	68,769	68,915	69,062	69,209	69,356	69,503	69,650	69,797
Kakuda	33,974	33,671	33,342	33,015	32,688	32,361	32,034	31,707	31,380	31,053
Togajo	61,882	62,352	62,822	63,292	63,762	64,232	64,702	65,172	65,642	66,112
Iwanuma	42,837	43,440	44,043	44,646	45,249	45,852	46,455	47,058	47,661	48,264
Tome	—	—	91,083	89,948	88,814	87,680	86,546	85,412	84,278	83,144
Kurihara	—	—	82,077	80,965	79,853	78,741	77,629	76,517	75,405	74,293
Higashimatsushima	—	—	43,813	43,356	42,900	42,443	41,986	41,529	41,072	40,615
Osaki	—	—	138,262	137,778	137,294	136,810	136,326	135,842	135,358	134,874
Katta District	15,797	15,750	15,620	15,417	15,378	15,257	15,000	14,891	14,752	14,632
Zao	13,849	13,843	13,688	13,514	13,508	13,424	13,239	13,161	13,071	12,966
Shichikashuku	1,946	1,907	1,932	1,903	1,870	1,833	1,791	1,730	1,681	1,666
Shibata District	86,873	86,738	86,486	86,267	85,988	85,231	84,749	84,078	84,078	84,129
Ogawa	23,256	23,327	23,351	23,496	23,633	23,633	23,488	23,423	23,631	23,746
Murata	13,178	13,024	12,885	12,787	12,617	12,448	12,338	12,145	12,022	11,905
Shibata	39,511	39,500	39,467	39,398	39,143	38,904	38,739	38,437	38,530	38,725
Kawasaki	10,928	10,887	10,783	10,686	10,655	10,546	10,484	10,073	9,895	9,753
Igu District	17,585	17,428	17,198	16,873	16,630	16,328	16,133	15,833	15,543	15,312
Mannori	17,585	17,428	17,198	16,873	16,630	16,328	16,133	15,833	15,543	15,312
Watai District	53,991	53,885	53,762	53,524	53,208	52,859	52,486	52,086	51,658	51,211
Watai	35,868	35,978	36,018	35,988	35,964	35,725	35,683	35,618	34,274	33,994
Yamanoto	18,123	17,907	17,744	17,536	17,244	17,134	17,003	16,735	14,455	13,776
Miyagi District	70,546	70,775	70,714	70,701	70,625	70,574	70,809	71,027	70,917	70,929
Matsushima	16,774	16,637	16,486	16,299	15,961	15,736	15,396	15,323	15,216	15,216
Shichigahama	21,643	21,661	21,441	21,266	21,304	21,198	21,038	20,897	20,261	19,985
Rifu	32,129	32,477	32,787	33,166	33,360	33,640	34,135	34,734	35,333	35,728
Kurokawa District	79,883	80,922	81,930	82,874	84,095	85,395	86,283	87,754	89,612	91,058
Taiwa	24,275	24,231	24,059	23,843	24,242	24,629	24,753	25,316	26,115	26,601
Osato	9,732	9,672	9,573	9,479	9,335	9,217	9,128	9,048	8,917	8,856
Tomiya	39,816	41,246	42,572	43,654	44,877	45,980	46,915	47,924	49,033	50,038
Ohira	5,860	5,773	5,726	5,698	5,641	5,569	5,487	5,466	5,547	5,563
Kami District	36,256	35,964	35,604	35,227	34,830	34,398	34,002	33,645	33,414	33,112
Nakanishi (into Kami)	—	—	—	—	—	—	—	—	—	—
Onoda (into Kami)	—	—	—	—	—	—	—	—	—	—
Miyazaki (into Kami)	8,037	7,950	7,877	7,845	7,761	7,666	7,562	7,474	7,432	7,432
Shikama	28,219	28,014	27,727	27,382	27,069	26,732	26,440	26,119	25,940	25,680
Shida District	29,619	29,514	29,289	29,269	29,269	29,269	29,269	29,269	29,269	29,269
Matsuyama	7,102	7,137	7,124	(into Osaki)	—	—	—	—	—	—
Sunougi	8,588	8,573	8,475	(into Osaki)	—	—	—	—	—	—
Kashimada	13,929	13,804	13,670	(into Osaki)	—	—	—	—	—	—
Tamaokuni District	23,066	22,714	22,315	22,315	22,315	22,315	22,315	22,315	22,315	22,315
Iwadeyama	14,023	13,861	13,611	(into Osaki)	—	—	—	—	—	—
Naruko	9,043	8,853	8,704	(into Osaki)	—	—	—	—	—	—
Toda District	59,769	59,232	58,747	58,262	57,777	57,292	56,807	56,322	55,837	55,352
Wakuya	19,218	18,952	18,774	18,507	18,241	18,075	17,809	17,543	17,277	17,011
Tajiri	13,323	13,223	13,155	(into Osaki)	—	—	—	—	—	—
Kogota	20,146	20,055	19,943	(into Osaki)	—	—	—	—	—	—
Nengo	7,082	7,002	6,877	(into Misato)	—	—	—	—	—	—
Misato	—	—	—	(into Misato)	26,239	25,913	25,797	25,529	25,279	25,280
Kurihara District	84,108	83,116	82,124	81,132	80,140	79,148	78,156	77,164	76,172	75,180
Tsukidate	15,585	15,424	(into Kurihara)	—	—	—	—	—	—	—
Wakayanagi	14,522	14,327	(into Kurihara)	—	—	—	—	—	—	—
Kurikoma	13,945	13,777	(into Kurihara)	—	—	—	—	—	—	—
Takeshimizu	4,505	4,417	(into Kurihara)	—	—	—	—	—	—	—
Ichihassana	9,438	9,297	(into Kurihara)	—	—	—	—	—	—	—
Semine	5,494	5,467	(into Kurihara)	—	—	—	—	—	—	—
Uguisuzawa	3,193	3,140	(into Kurihara)	—	—	—	—	—	—	—
Kanari	8,290	8,183	(into Kurihara)	—	—	—	—	—	—	—
Shiwahime	7,528	7,502	(into Kurihara)	—	—	—	—	—	—	—
Hanyama	1,608	1,584	(into Kurihara)	—	—	—	—	—	—	—
Tome District	88,534	87,842	87,150	86,458	85,766	85,074	84,382	83,690	83,000	82,310
Hasama	22,677	22,593	(into Tome)	—	—	—	—	—	—	—
Toyono	6,024	5,934	(into Tome)	—	—	—	—	—	—	—
Towa	8,621	8,382	(into Tome)	—	—	—	—	—	—	—
Nakata	17,060	17,030	(into Tome)	—	—	—	—	—	—	—
Toyouso	7,388	7,369	(into Tome)	—	—	—	—	—	—	—
Yoneyama	11,193	11,057	(into Tome)	—	—	—	—	—	—	—
Ishikoshi	6,174	6,082	(into Tome)	—	—	—	—	—	—	—
Minamikata	9,497	9,415	(into Tome)	—	—	—	—	—	—	—
Monou District	93,367	92,988	92,609	92,230	91,851	91,472	91,093	90,714	90,335	89,956
Kahoku	13,383	13,201	(into Ishinomaki)	—	—	—	—	—	—	—
Yamato	32,170	32,388	(into Ishinomaki)	—	—	—	—	—	—	—
Ogatsu	5,274	5,146	(into Ishinomaki)	—	—	—	—	—	—	—
Kunan	18,030	18,003	(into Ishinomaki)	—	—	—	—	—	—	—
Monou	8,571	8,465	(into Ishinomaki)	—	—	—	—	—	—	—
Naruse	11,530	11,414	(into Ishinomaki)	—	—	—	—	—	—	—
Kiukami	4,409	4,369	(into Ishinomaki)	—	—	—	—	—	—	—
Osaka District	16,672	16,423	16,174	15,925	15,676	15,427	15,178	14,929	14,680	14,431
Onagawa	11,358	11,195	10,937	10,679	10,420	10,161	9,902	9,643	9,384	9,125
Osaka	5,314	5,228	(into Ishinomaki)	—	—	—	—	—	—	—
Minamisoma District	44,434	43,931	43,428	42,925	42,422	41,919	41,416	40,913	40,410	39,907
Shiragawa	13,831	13,654	(into Minamisoma)	—	—	—	—	—	—	—
Tsuyama	4,257	4,225	(into Tome)	—	—	—	—	—	—	—
Motoyoshi	12,101	11,969	(into Tome)	—	—	—	—	—	—	—
Kanakawa	8,604	8,499	(into Minamisoma)	—	—	—	—	—	—	—
Uatsui	5,641	5,588	(into Minamisoma)	—	—	—	—	—	—	—
Minamisoma	—	—	19,008	1						

Table 2 Changes in the Number of Households by Municipality (2003-2012)

(As of the end of December of each year)

	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012
Prefectural Total	869,146	867,151	875,689	884,603	892,571	899,862	907,078	915,068	918,194	938,050
City Total	619,335	625,554	713,111	742,905	746,026	755,170	764,674	771,007	774,135	792,439
1)	(731,809)	(731,809)	(731,809)	(745,998)	(752,515)	(758,690)	(764,674)	(771,007)	(774,135)	(792,439)
Town/village Total	239,811	241,597	162,558	141,698	146,545	144,792	142,404	144,061	144,059	145,611
2)	(133,933)	(135,342)	(136,909)	(138,605)	(140,056)	(141,293)	(142,404)	(144,061)	(144,059)	(145,611)
Sendai	425,287	429,280	433,998	438,594	442,683	447,300	451,318	455,875	462,589	477,259
Aoba Ward	125,879	126,875	127,899	129,056	130,086	131,462	132,504	133,839	136,999	143,613
Miyagino Ward	77,324	79,042	80,493	81,991	83,169	84,023	84,671	84,671	84,472	86,370
Wakabayashi Ward	54,597	54,853	55,242	55,653	56,436	56,883	57,436	58,012	58,386	59,906
Taihaku Ward	90,649	91,122	91,681	92,179	92,322	92,630	92,949	93,777	95,597	97,763
Izumi Ward	77,891	79,106	80,134	81,303	82,438	83,436	84,406	85,576	87,155	89,607
Ishinomaki	42,969	43,222	59,179	59,652	59,955	60,303	60,562	60,860	58,144	58,859
Shiogama	21,472	21,956	21,781	21,806	21,943	21,958	22,123	22,179	22,162	22,406
Furukawa	24,739	25,158	25,610	25,610 (into Osaki)	—	—	—	—	—	—
Kesennuma	20,582	20,660	20,644	20,644	23,097	23,112	26,616	26,622	25,581	25,648
Shiroishi	13,488	13,621	13,724	13,844	13,851	13,914	13,914	13,936	13,940	14,035
Natori	23,043	23,341	23,586	23,861	24,418	24,973	25,753	26,418	26,210	26,883
Kakuda	10,500	10,586	10,626	10,734	10,804	10,821	10,822	10,845	10,935	11,012
Togajo	22,671	23,266	23,536	23,942	24,157	24,364	24,542	24,776	24,715	24,715
Iwanuma	14,384	14,734	15,049	15,389	15,674	15,917	15,958	15,979	16,121	16,315
Tome	—	—	26,191	26,347	26,429	26,369	26,416	26,443	26,744	26,938
Kurihara	—	—	24,696	24,705	24,717	24,673	24,657	24,637	24,694	24,802
Higashimatsushima	—	—	14,489	14,690	14,893	14,970	15,043	15,068	14,880	14,748
Osaki	—	—	45,918	46,405	46,576	46,576	46,954	47,339	48,066	48,819
Kata District	4,742	4,767	4,834	4,890	4,936	4,931	4,906	4,934	4,977	5,020
Zao	4,031	4,084	4,110	4,155	4,206	4,205	4,199	4,225	4,287	4,331
Shichikashuku	711	683	724	735	730	726	707	709	689	689
Shibata District	28,710	29,133	29,505	29,970	30,242	30,298	30,387	30,453	30,795	31,191
Ogawara	8,012	8,183	8,321	8,518	8,692	8,724	8,746	8,810	8,974	9,121
Murata	3,733	3,753	3,768	3,826	3,835	3,808	3,844	3,888	3,874	3,874
Shibata	13,806	13,978	14,178	14,381	14,440	14,485	14,528	14,519	14,689	14,930
Kawasaki	3,159	3,217	3,238	3,245	3,275	3,281	3,274	3,280	3,264	3,266
Igu District	5,015	5,022	5,043	5,022	5,030	5,031	5,073	5,053	5,038	5,058
Manumori	5,015	5,022	5,043	5,022	5,030	5,031	5,073	5,053	5,038	5,058
Wairi District	16,019	16,139	16,359	16,512	16,654	16,735	16,851	17,011	16,203	16,065
Wairi	10,496	10,607	10,793	10,944	11,091	11,162	11,254	11,437	11,279	11,323
Yamanoto	5,523	5,532	5,566	5,568	5,563	5,573	5,597	5,574	4,924	4,742
Miyagi District	21,664	21,951	22,182	22,462	22,704	22,932	23,221	23,571	23,785	24,048
Matsushima	5,525	5,549	5,583	5,570	5,502	5,495	5,508	5,499	5,495	5,510
Shichigahama	6,405	6,461	6,387	6,391	6,461	6,497	6,590	6,599	6,451	6,448
Rifu	9,734	9,941	10,212	10,501	10,741	10,940	11,173	11,503	11,839	12,090
Kurokawa District	24,750	25,288	25,922	26,582	27,236	27,993	28,559	29,572	30,572	31,422
Taiwa	8,035	8,095	7,990	8,047	8,223	8,488	8,688	9,104	9,522	9,830
Osato	2,477	2,493	2,528	2,559	2,563	2,578	2,607	2,630	2,636	2,692
Toniyu	12,650	13,212	13,830	14,390	14,834	15,335	15,716	16,228	16,744	17,192
Ohira	1,588	1,578	1,574	1,586	1,596	1,592	1,588	1,610	1,670	1,708
Kami District	9,829	9,806	9,815	9,826	9,853	9,896	9,881	9,911	9,965	10,034
Nakamida (into Kami)	—	—	—	—	—	—	—	—	—	—
Onoda (into Kami)	—	—	—	—	—	—	—	—	—	—
Miyazaki	1,981	1,955	1,941	1,965	1,963	1,953	1,934	1,954	1,963	1,982
Shikama	7,848	7,851	7,874	7,861	7,890	7,943	7,947	7,957	8,002	8,052
Shida District	8,740	8,794	8,802	8,802	—	—	—	—	—	—
Matsuyama	2,071	2,087	2,119 (into Osaki)	—	—	—	—	—	—	—
Sunongi	2,455	2,456	2,429 (into Osaki)	—	—	—	—	—	—	—
Kashimaki	4,214	4,251	4,254 (into Osaki)	—	—	—	—	—	—	—
1), 2) are city and town/village totals collected in Dec 2010 at the municipal level										
Tamatsukuri District	7,615	7,603	7,549 (into Osaki)	—	—	—	—	—	—	—
Iwadyama	4,353	4,354	4,331 (into Osaki)	—	—	—	—	—	—	—
Naniko	3,262	3,249	3,218 (into Osaki)	—	—	—	—	—	—	—
Toda District	17,391	17,478	17,561	14,074	14,118	14,204	14,259	14,320	14,403	14,513
Wakuya	5,737	5,743	5,777	5,763	5,771	5,821	5,825	5,847	5,886	5,886
Tajiri	3,507	3,526	3,542 (into Osaki)	—	—	—	—	—	—	—
Kogota	6,286	6,281	6,325 (into Misato)	—	—	—	—	—	—	—
Nango	1,921	1,928	1,917 (into Misato)	—	—	—	—	—	—	—
Misato	—	—	—	8,311	8,347	8,383	8,434	8,473	8,513	8,627
Kurihara District	24,561	24,578	—	—	—	—	—	—	—	—
Tsukidate	5,082	5,107 (into Kuribara)	—	—	—	—	—	—	—	—
Wakayanagi	4,224	4,233 (into Kuribara)	—	—	—	—	—	—	—	—
Kirikoma	3,962	3,958 (into Kuribara)	—	—	—	—	—	—	—	—
Takeshimizu	1,240	1,226 (into Kuribara)	—	—	—	—	—	—	—	—
Ichihiasama	2,641	2,638 (into Kuribara)	—	—	—	—	—	—	—	—
Semine	1,639	1,649 (into Kuribara)	—	—	—	—	—	—	—	—
Uguisuzawa	953	942 (into Kuribara)	—	—	—	—	—	—	—	—
Kanari	2,280	2,269 (into Kuribara)	—	—	—	—	—	—	—	—
Shiwahime	2,051	2,048 (into Kuribara)	—	—	—	—	—	—	—	—
Hanyama	499	497 (into Kuribara)	—	—	—	—	—	—	—	—
Tome District	24,762	24,871	—	—	—	—	—	—	—	—
Hisama	7,060	7,103 (into Tome)	—	—	—	—	—	—	—	—
Toyoma	1,848	1,837 (into Tome)	—	—	—	—	—	—	—	—
Towa	2,686	2,608 (into Tome)	—	—	—	—	—	—	—	—
Nakita	4,467	4,517 (into Tome)	—	—	—	—	—	—	—	—
Toyosato	1,962	1,987 (into Tome)	—	—	—	—	—	—	—	—
Yoneyama	2,800	2,808 (into Tome)	—	—	—	—	—	—	—	—
Ishikoshi	1,594	1,593 (into Tome)	—	—	—	—	—	—	—	—
Minamikata	2,405	2,418 (into Tome)	—	—	—	—	—	—	—	—
Monou District	27,978	27,973	—	—	—	—	—	—	—	—
Kaboku	3,574	3,574 (into Ishinomaki)	—	—	—	—	—	—	—	—
Yamoto	10,749	10,918 (into Ishinomaki)	—	—	—	—	—	—	—	—
Ogatsu	1,724	1,713 (into Ishinomaki)	—	—	—	—	—	—	—	—
Kanan	5,073	5,092 (into Ishinomaki)	—	—	—	—	—	—	—	—
Monou	2,237	2,236 (into Ishinomaki)	—	—	—	—	—	—	—	—
Nanase	3,310	3,320 (into Ishinomaki)	—	—	—	—	—	—	—	—
Kitakami	1,121	1,120 (into Ishinomaki)	—	—	—	—	—	—	—	—
Ohbika District	5,849	5,837	3,880	3,904	3,914	3,913	3,904	3,868	3,428	3,413
Ohgawa	3,941	3,924	3,880	3,904	3,914	3,913	3,904	3,868	3,428	3,413
Ohbika	1,908	1,913 (into Ishinomaki)	—	—	—	—	—	—	—	—
Motoyoshi District	12,376	12,357	8,856	8,856	8,858	8,859	5,368	5,368	4,893	4,847
Shzugawa	3,945	3,933 (into Minamisuriku)	—	—	—	—	—	—	—	—
Tsuyama	1,238	1,234 (into Tome)	—	—	—	—	—	—	—	—
Motoyoshi	3,467	3,480	3,481	3,489	3,489	—	—	—	—	—
Karakawa	2,292	2,283	2,275 (into Minamisuriku)	—	—	—	—	—	—	—
Utatsu	1,434	1,427 (into Minamisuriku)	—	—	—	—	—	—	—	—
Minamisuriku	—	—	5,363	5,369	5,369	5,360	5,368	5,368	4,893	4,847
Senmaru Area	62,455	63,129	63,732	64,460	64,863	64,995	65,098	65,221	65,685	66,316

Resident Basic Ledger Annual Report Municipal, Population of Men/Women by 5-Year Age Groups (As of 3/31/2012) — Men, Women, Total

Name	Gender	Number	0-4	5-9	10-14	15-19	20-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	>80 years
Miyagi	Men	1,120,196	48,538	51,433	55,922	56,623	60,698	68,214	76,414	85,661	80,140	69,729	73,075	80,505	94,233	61,693	55,811	46,587	54,726
	Women	1,182,510	46,313	48,735	52,729	54,473	58,714	67,835	74,821	82,656	77,490	69,449	73,361	81,017	95,807	65,237	65,478	62,978	105,417
	Total	2,302,706	94,851	100,174	108,721	111,096	119,412	136,049	151,235	168,317	157,630	139,178	146,436	161,522	190,100	126,930	121,289	109,565	160,143
Sendai	Men	493,521	23,085	24,372	24,461	23,675	33,569	38,858	42,601	40,457	32,831	30,693	31,045	32,831	40,057	28,180	25,999	22,828	35,758
	Women	526,720	22,258	21,590	22,854	23,698	30,055	35,467	38,239	42,553	39,486	33,151	31,716	32,831	40,057	28,180	25,999	22,828	35,758
	Total	1,020,241	45,343	44,445	47,226	48,159	59,730	69,036	75,098	82,540	79,943	65,982	62,409	63,776	78,989	54,055	48,099	39,866	54,833
Aoba Ward	Men	132,734	5,735	5,871	6,125	6,353	5,654	10,978	10,978	8,578	8,578	8,578	8,578	8,578	8,578	8,578	8,578	8,578	8,578
	Women	145,298	5,493	5,414	5,728	6,140	9,305	10,356	10,462	11,457	10,640	9,227	8,893	8,780	10,788	7,520	7,237	6,678	11,180
	Total	278,032	11,228	11,285	12,493	18,869	19,968	20,465	22,435	21,418	18,086	17,031	17,031	17,031	17,031	14,227	12,982	11,303	16,892
Miyagino Ward	Men	89,187	4,840	4,165	4,224	4,326	5,005	6,775	7,627	8,480	7,619	5,946	5,630	5,153	6,135	4,086	3,446	2,768	2,952
	Women	93,270	4,673	3,974	3,978	4,118	5,348	6,970	7,725	8,124	7,090	5,782	5,257	5,426	6,415	4,558	4,314	3,839	5,679
	Total	182,457	9,513	8,139	8,202	8,444	10,353	13,745	15,352	16,604	14,708	11,728	10,887	10,579	12,550	8,654	7,760	6,607	8,631
Waka-bayashi Ward	Men	61,903	2,813	2,658	2,927	2,958	3,512	4,445	4,851	5,665	5,162	4,230	3,950	3,919	4,571	3,138	2,626	2,128	2,350
	Women	65,258	2,823	2,889	2,816	3,611	4,596	4,862	5,407	5,015	4,133	3,844	3,890	4,799	3,271	3,219	2,912	2,454	2,898
	Total	127,161	5,636	5,281	5,816	7,123	9,041	9,713	11,072	10,177	7,863	7,944	7,890	9,370	6,409	5,845	5,040	4,548	5,696
Taihaku Ward	Men	106,544	5,018	5,141	5,462	5,218	5,860	6,498	7,567	9,002	8,771	7,083	6,475	6,237	8,087	5,810	5,225	4,023	4,567
	Women	113,996	4,821	4,751	5,055	5,150	5,799	7,858	8,966	8,543	6,998	6,833	7,081	8,842	6,434	5,954	5,233	4,233	4,299
	Total	219,940	9,839	9,892	10,517	10,368	11,659	13,477	15,425	17,968	17,314	14,081	13,108	13,818	16,929	12,244	11,179	9,256	12,866
Izumi Ward	Men	103,153	4,679	5,020	5,834	5,606	5,734	6,289	6,811	8,478	8,127	6,713	6,500	6,836	8,510	6,122	5,088	3,494	3,494
	Women	109,498	4,448	4,828	5,204	5,474	5,992	6,566	7,332	8,599	8,198	7,011	7,089	7,654	9,213	6,397	5,275	4,166	6,052
	Total	212,651	9,127	9,848	10,838	11,080	11,726	12,856	14,143	17,075	16,325	13,724	13,589	14,590	17,723	12,519	10,333	7,660	9,546
Ishinomaki	Men	73,821	2,750	3,143	3,688	3,775	3,571	3,828	4,438	4,966	4,753	4,460	4,975	5,568	6,765	4,549	4,479	3,698	4,145
	Women	78,404	2,555	2,991	3,515	3,711	3,287	3,628	4,037	4,608	4,582	4,528	4,859	5,476	6,786	5,032	5,287	5,149	8,373
	Total	152,225	5,305	6,134	7,173	7,486	6,858	7,556	8,475	9,574	9,335	8,988	9,834	11,044	13,551	9,581	9,766	8,847	12,518
Shiogama	Men	27,107	904	1,076	1,251	1,408	1,355	1,380	1,566	1,762	1,778	1,681	1,790	2,063	2,320	1,811	1,672	1,430	1,650
	Women	29,535	894	1,027	1,219	1,374	1,405	1,308	1,451	1,684	1,813	1,695	1,854	2,086	2,693	2,005	2,078	1,945	3,004
	Total	56,642	1,798	2,103	2,470	2,782	2,760	2,688	3,017	3,446	3,591	3,386	3,644	4,149	5,213	3,816	3,750	3,375	4,654
Kesen-numa	Men	33,704	1,064	1,282	1,718	1,758	1,207	1,278	1,590	2,046	2,066	2,135	2,393	2,813	3,459	2,300	2,454	2,017	2,184
	Women	35,916	961	1,260	1,540	1,631	1,097	1,121	1,520	2,024	2,166	2,357	2,838	3,420	4,520	2,798	2,798	2,418	4,318
	Total	69,620	2,025	2,542	3,258	3,389	2,304	2,399	3,110	3,869	4,280	4,301	4,750	5,251	6,879	4,820	5,250	4,691	6,502
Shiroishi	Men	18,128	664	745	893	909	1,024	1,070	1,154	1,154	1,033	1,241	1,543	1,707	1,089	994	994	839	1,238
	Women	19,029	623	663	770	857	810	928	977	1,039	1,029	1,036	1,432	1,687	1,081	1,198	1,268	1,268	2,429
	Total	37,157	1,287	1,408	1,595	1,750	1,719	1,952	2,047	2,189	2,079	2,069	2,447	2,975	2,180	2,192	2,267	2,667	3,667
Natori	Men	35,244	1,699	1,889	2,002	2,109	1,828	1,999	2,477	2,912	2,693	2,269	2,335	2,476	2,639	1,717	1,610	1,281	1,309
	Women	36,600	1,703	1,837	1,876	1,931	1,865	2,097	2,496	2,823	2,572	2,442	2,320	2,366	2,626	1,816	1,789	1,563	2,478
	Total	71,844	3,402	3,726	3,878	4,040	3,693	4,096	4,973	5,265	4,711	4,655	4,842	5,265	5,333	3,399	2,844	2,377	4,883
Kakuda	Men	15,566	584	695	667	761	852	875	935	1,005	855	795	1,069	1,257	1,551	941	841	771	1,112
	Women	15,982	586	599	712	644	715	791	825	907	782	809	1,011	1,281	1,468	879	861	1,019	2,093
	Total	31,548	1,170	1,294	1,379	1,405	1,567	1,666	1,760	1,912	1,637	1,604	2,080	2,538	3,019	1,820	1,702	1,790	3,205
Tagajo	Men	30,509	1,535	1,550	1,670	1,672	1,802	1,934	2,323	2,435	2,435	2,867	2,828	2,950	2,289	1,668	1,376	1,035	1,075
	Women	30,657	1,405	1,440	1,521	1,539	1,484	1,854	2,119	2,367	2,229	2,229	2,791	2,958	2,429	1,727	1,626	1,318	1,822
	Total	61,166	2,940	2,990	3,191	3,211	3,286	3,788	4,442	4,802	4,588	3,714	3,643	4,108	4,718	3,395	3,002	2,353	2,897
Iwanuma	Men	21,376	1,087	1,158	1,203	1,102	1,094	1,308	1,532	1,728	1,544	1,222	1,341	1,538	1,802	1,127	959	762	869
	Women	22,154	979	1,084	1,050	1,017	1,116	1,302	1,558	1,675	1,414	1,196	1,310	1,587	1,880	1,138	1,111	1,010	1,727
	Total	43,530	2,066	2,242	2,253	2,119	2,210	2,610	3,090	3,403	2,998	2,418	2,651	3,125	3,668	2,265	2,070	1,772	2,596
Tome	Men	41,412	1,845	1,982	2,033	1,907	2,264	2,668	2,525	2,163	2,284	2,284	2,991	3,864	4,055	2,112	2,134	2,305	2,856
	Women	43,892	1,527	1,657	1,896	1,935	1,734	2,102	2,332	2,240	2,221	2,637	2,319	3,570	3,534	2,679	3,261	2,679	3,085
	Total	85,304	3,372	3,639	3,929	3,842	3,998	4,366	5,000	4,745	4,221	4,515	5,309	7,234	7,589	4,265	4,813	5,566	8,941
Kurihara	Men	36,421	1,258	1,384	1,621	1,595	1,586	1,835	2,058	2,058	1,788	1,854	2,605	3,354	3,682	2,137	2,089	2,305	3,213
	Women	38,675	1,128	1,319	1,542	1,564	1,395	1,557	1,777	1,789	1,671	1,738	2,521	3,181	3,411	2,081	2,794	3,406	6,001
	Total	75,096	2,386	2,703	3,163	3,159	2,981	3,392	3,836	3,847	3,457	3,592	5,126	6,535	7,093	4,218	4,883	5,711	9,214
Higashi-matsu-shima	Men	19,865	846	976	1,092	1,067	1,021	1,182	1,333	1,425	1,300	1,176	1,265	1,475	1,759	1,162	1,083	809	874
	Women	20,690	832	916	991	1,076	882	1,124	1,248	1,387	1,249	1,127	1,267	1,472	1,755	1,254	1,199	1,037	1,834
	Total	40,555	1,678	1,892	2,083	2,143	1,903	2,306	2,581	2,812	2,549	2,307	2,532	2,947	3,554	2,436	2,282	1,846	2,708
Osaki	Men	66,008	2,842	3,066	3,254	3,314	3,219	4,026	4,518	4,643	4,136	4,023	4,528	5,255	5,893	3,353	3,142	3,035	3,742
	Women																		

People Attempting Suicide and Suicide Mortality Rates in Miyagi Prefecture Before and After the Great East Japan Earthquake

【Overall】

	H22		H23		H24	
	Ppl. at-tempting suicide	Suicide mortality rate	Ppl. at-tempting suicide	Suicide mortality rate	Ppl. at-tempting suicide	Suicide mortality rate
Sendai (total)	212	20.98	223	22.04	210	20.58
Aoba Ward	58	21.36	59	21.62	79	28.41
Miyagino Ward	50	27.28	48	26.17	33	18.09
Wakabayashi	28	21.88	36	28.22	25	19.66
Taihaku Ward	45	20.73	38	17.51	47	21.37
Izumi Ward	31	14.73	42	19.93	26	12.23
Ishinomaki	45	27.51	36	-	35	23.02
Shiogama	21	36.31	14	24.45	11	19.42
Kesennuma	17	22.69	13	-	11	15.8
Shiroishi	12	31.54	11	29.26	14	37.68
Natori	21	29.11	13	17.97	8	11.14
Kakuda	12	37.43	4	12.62	0	0
Tagajo	13	20.75	7	-	8	13.08
Iwanuma	6	13.54	7	15.94	4	9.19
Tome	25	28.97	14	16.35	34	39.86
Kurihara	32	41.38	24	31.5	17	22.58
Higashimatsu-shima	12	27.69	6	14.19	6	14.79
Osaki	41	30.15	29	21.4	34	25.09
Zao	3	22.71	3	22.86	5	38.43
Shichikashuku	1	57.34	0	0	0	0
Ogawara	3	12.8	3	12.84	8	33.88
Murata	5	40.79	5	41.36	4	33.55
Shibata	10	25.98	5	13.07	14	36.49
Kawasaki	2	19.71	4	39.82	3	30.47
Marumori	5	31.19	5	31.79	4	25.94
Watari	4	11.22	6	17.04	2	5.87
Yamamoto	4	23.68	0	0	1	7.03
Matsushima	1	6.44	4	26.08	5	32.78
Shichigahama	4	19.06	3	14.51	4	19.87
Rifu	10	29.26	4	11.47	5	14.19
Taiwa	7	28.2	6	23.58	10	38.2
Osato	4	43.9	5	55.62	4	45.08
Tomiya	9	19.06	5	10.4	10	20.33
Ohira	0	0	0	0	3	54.2
Shikama	1	13.21	3	40.02	5	66.98
Kami	6	22.79	7	26.9	5	19.4
Wakuya	7	39.21	4	22.62	10	56.87
Misato	11	42.98	7	27.58	6	23.8
Onagawa	2	19.55	1	-	1	12
Minamisanriku	11	61.75	4	-	2	13.03
Total	579	26.77	485	-	503	24.61

※Mean suicide mortality rates in disaster-affected and unaffected areas

	H22	H23	H24
Disaster area (16 wards, cities and towns)	24.86	-	15.56
Non-disaster area (23 wards, municipalities)	28.09	23.42	30.91

【Men】

	H22		H23		H24	
	Ppl. at-tempting suicide	Suicide mortality rate	Ppl. at-tempting suicide	Suicide mortality rate	Ppl. at-tempting suicide	Suicide mortality rate
Sendai (total)	155	31.72	148	30.27	146	29.58
Aoba Ward	41	31.7	36	27.68	50	37.67
Miyagino Ward	35	39.05	37	41.3	24	26.91
Wakabayashi	22	35.29	27	43.45	16	25.85
Taihaku Ward	36	34.13	24	22.81	39	36.6
Izumi Ward	21	20.61	24	23.54	17	16.48
Ishinomaki	33	41.85	23	-	21	28.52
Shiogama	15	54.11	9	32.8	8	29.51
Kesennuma	12	33.13	10	-	8	23.74
Shiroishi	11	59.09	8	43.5	10	55.16
Natori	17	48.17	7	19.77	5	14.19
Kakuda	11	69.46	3	19.21	0	0
Tagajo	11	35.15	4	-	6	19.67
Iwanuma	3	13.77	5	23.14	3	14.03
Tome	21	50.14	9	21.68	21	50.71
Kurihara	25	66.93	20	54.3	9	24.71
Higashimatsu-shima	11	51.84	4	19.32	4	20.14
Osaki	31	46.83	21	31.86	24	36.36
Zao	2	31.03	2	31.19	5	78.39
Shichikashuku	0	0	0	0	0	0
Ogawara	1	8.74	2	17.51	3	25.98
Murata	5	82.26	2	33.37	2	33.78
Shibata	7	36.56	2	10.52	11	57.79
Kawasaki	2	40.08	4	80.82	2	41.19
Marumori	3	37.88	2	25.68	3	39.37
Watari	3	17.28	2	11.64	2	12
Yamamoto	3	36.59	0	0	0	0
Matsushima	1	13.29	3	40.46	2	27.14
Shichigahama	2	19.21	1	9.74	3	30.06
Rifu	5	29.83	3	17.54	3	17.31
Taiwa	7	56	6	46.63	8	60.39
Osato	2	44.88	2	45.44	3	69.14
Tomiya	8	34.4	5	21.11	7	28.89
Ohira	0	0	0	0	3	108.5
Shikama	1	27.27	3	82.69	3	82.94
Kami	4	31.17	5	39.35	5	39.76
Wakuya	7	80.41	3	34.74	8	93.29
Misato	7	56.69	2	16.3	6	49.15
Onagawa	1	20.19	1	-	0	0
Minamisanriku	7	80.28	3	-	0	0
Total	434	38.85	324	-	344	34.75

※Mean suicide mortality rates in disaster-affected and unaffected areas

	H22	H23	H24
Disaster area (16 wards, cities and towns)	35.56	-	18.07
Non-disaster area (23 wards, municipalities)	41.14	31.74	46.36

【Women】

	H22		H23		H24	
	Ppl. at-tempting suicide	Suicide mortality rate	Ppl. at-tempting suicide	Suicide mortality rate	Ppl. at-tempting suicide	Suicide mortality rate
Sendai (total)	57	10.93	75	14.35	64	12.15
Aoba Ward	17	11.96	23	16.1	29	19.96
Miyagino Ward	15	16.01	11	11.73	9	9.65
Wakabayashi	6	9.14	9	13.76	9	13.79
Taihaku Ward	9	8.07	14	12.52	8	7.05
Izumi Ward	10	9.21	18	16.55	9	8.22
Ishinomaki	12	14.16	13	-	14	17.86
Shiogama	6	19.92	5	16.76	3	10.16
Kesennuma	5	12.92	3	-	3	8.35
Shiroishi	1	5.15	3	15.62	4	21.02
Natori	4	10.85	6	16.24	3	8.2
Kakuda	1	6.16	1	6.22	0	0
Tagajo	2	6.38	3	-	2	6.52
Iwanuma	3	13.32	2	8.97	1	4.51
Tome	4	9.01	5	11.34	13	29.62
Kurihara	7	17.51	4	10.16	8	20.58
Higashimatsu-shima	1	4.52	2	9.27	2	9.67
Osaki	10	14.33	8	11.5	10	14.39
Zao	1	14.78	1	14.91	0	0
Shichikashuku	1	112.11	0	0	0	0
Ogawara	2	16.68	1	8.37	5	41.45
Murata	0	0	3	49.21	2	33.32
Shibata	3	15.51	3	15.59	3	15.52
Kawasaki	0	0	0	0	1	20.04
Marumori	2	24.65	3	37.78	1	12.82
Watari	1	5.47	4	22.19	0	0
Yamamoto	1	11.5	0	-	1	13.76
Matsushima	0	0	1	12.62	3	38.04
Shichigahama	2	18.9	2	19.21	1	9.85
Rifu	5	28.72	1	5.63	2	11.18
Taiwa	0	0	0	0	2	15.47
Osato	2	42.96	3	65.39	1	22.06
Tomiya	1	4.17	0	0	3	12.02
Ohira	0	0	0	0	0	0
Shikama	0	0	0	0	2	51.98
Kami	2	14.82	2	15.02	0	0
Wakuya	0	0	1	11.05	2	22.2
Misato	4	30.2	5	38.13	0	0
Onagawa	1	18.94	0	-	1	23.73
Minamisanriku	4	43.98	1	-	2	25.69
Total	145	15.18	161	-	159	14.84

※Mean suicide mortality rates in disaster-affected and unaffected areas

	H22	H23	H24
Disaster area (16 wards, cities and towns)	14.67	-	13.19
Non-disaster area (23 wards, municipalities)	15.53	15.45	15.99

* Created at the Miyagi Disaster Mental Health Care Center based on the total data on suicides of the Cabinet Office.

(The suicide rate of coastal areas cities and towns that were severely damaged by the Great East Japan Earthquake in 2011 is not shown.)

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