

FY 2021 Activity Report

- FY 2021 Activity Report by project item
- Activity Report of Divisions
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 - Community Support Division, Ishinomaki Regional Center
 - Community Support Division, Kesenuma Regional Center
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FY 2021 Activity Report by project item

We report on the performance of resident support, support for supporters, public awareness campaigns, and other projects that were implemented in FY 2021 by the MDMHCC in accordance with the Second Operation Plan.

1. FY 2021 performance and overall numbers (Table 1)

Table 1. Number of activities by affiliation

	Community Support Division			Business Management Division	Stem C managers	Part-time/contract	Supporters, etc.	Total
	Kesennuma	Ishinomaki	Stem					
Resident support	3,130	556	194	15	7	2	0	3,904
Support for supporters	190	266	137	8	6	0	0	607
Public awareness campaigns	166	15	16	11	10	0	0	218
Support for various activities	0	0	0	0	0	0	0	0
Meeting contact coordination	313	367	38	100	13	0	0	831

2. By project item

(1) Resident support (Tables 2 and 3)

Table 2. Total number of people supported, by support method (excluding support method “letters”; N = 3,853)

Support method	Number of people
Home visit	657
Walk-in visitors (responses by service booths, etc.)	2,034
Telephone counseling	1,101
Counseling in group activities	21
Case conference (when subject is attending)	7
Accompanying consultation	16
Other	17
Total	3,853

Table 3. Routes to initial support by the center (multiple selections; N = 339)

Consultation route	Number of people
Health survey/all-household visits	104
From administrative agency	46
From individuals themselves	90
From family/relatives	41
From support center/temporary housing supporters	1
From medical/welfare institutions	11
Other (neighbors, workplace, unknown, other)	60

(1) Support recipients

a. Sex, age, and employment status (Fig. 1)



Fig. 1. Support recipients by sex and age group (total number of people; N = 3,853)

b. Damage status

Bereavement status and subject (Figs. 2, 3), injury status (Figs. 4, 5), housing damage (Figs. 6, 7)

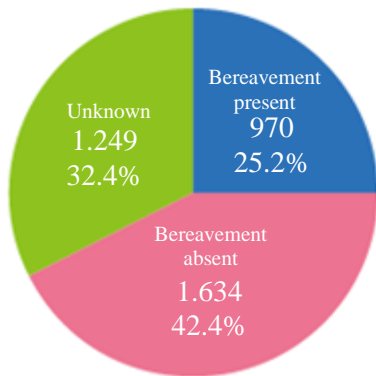


Fig. 2. Bereavement status (total number of people; N = 3,853)

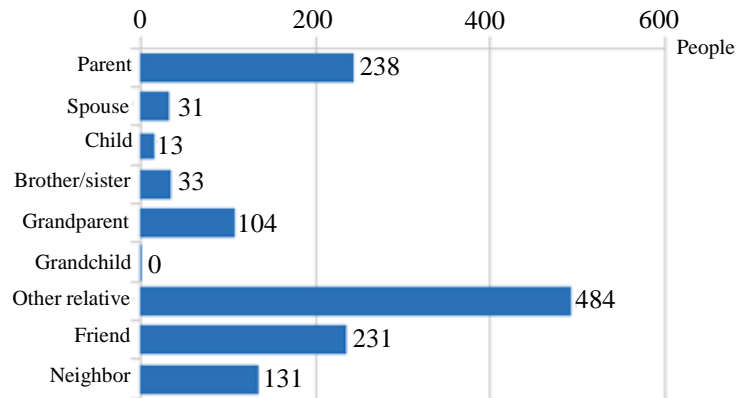


Fig. 3. Details of bereavement (total number of people, multiple selection; N = 970)

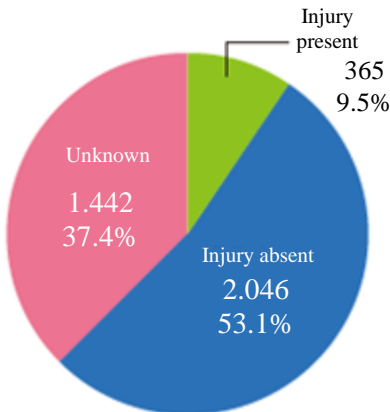


Fig. 4. Presence or absence of injury in individual or close relative (total number of people; N = 3,853)

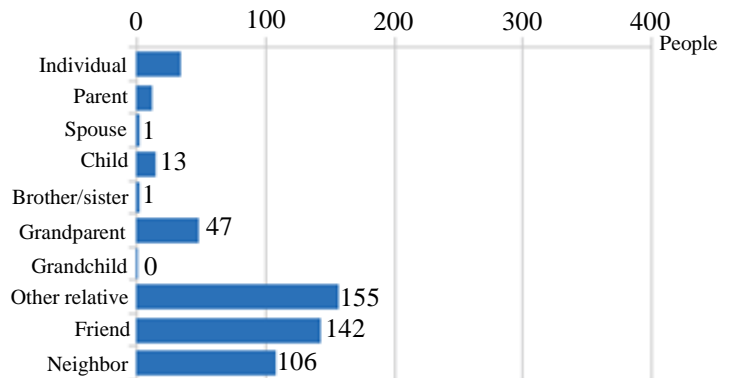


Fig. 5. Details of injuries (total number of people, multiple selection; N = 365)

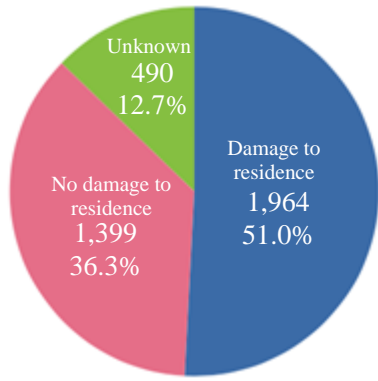


Fig. 6. Presence or absence of residential damage (total number of people; N = 3,853)

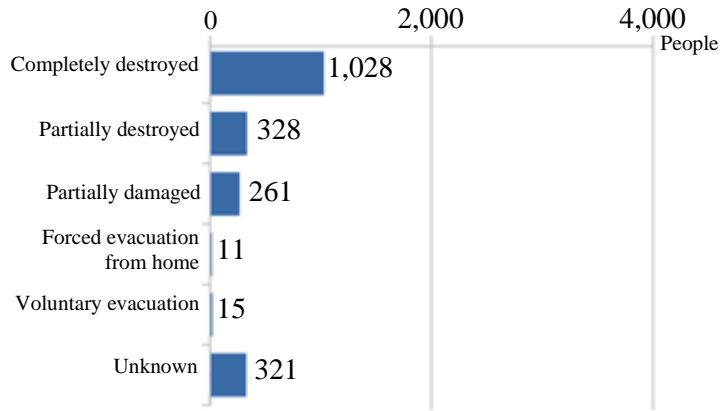


Fig. 7. Details of residence damage (total number of people; N = 1,964)

c. Living conditions (Table 4, Figs. 8, 9)

Table 4. Current living environment (total number of people; N = 3,853)

Living environment	Number of people
Home	2,732
Container-type temporary housing	34
Apartment-type rental housing	4
Public housing	956
Other/unknown	127

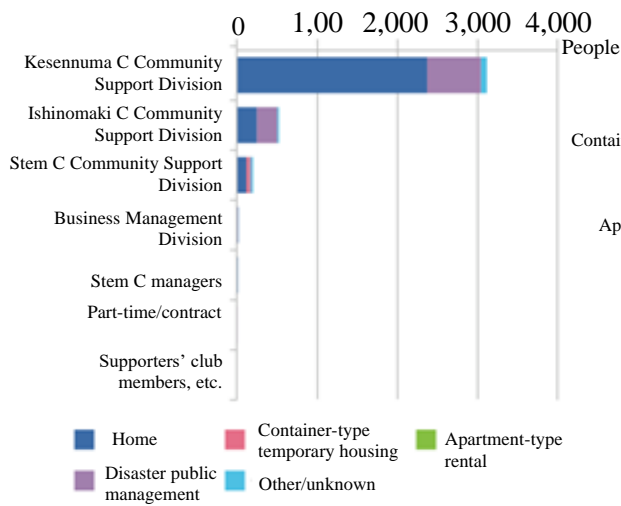


Fig. 8. Current living conditions for each overseeing division (total number of people; N = 3,853)

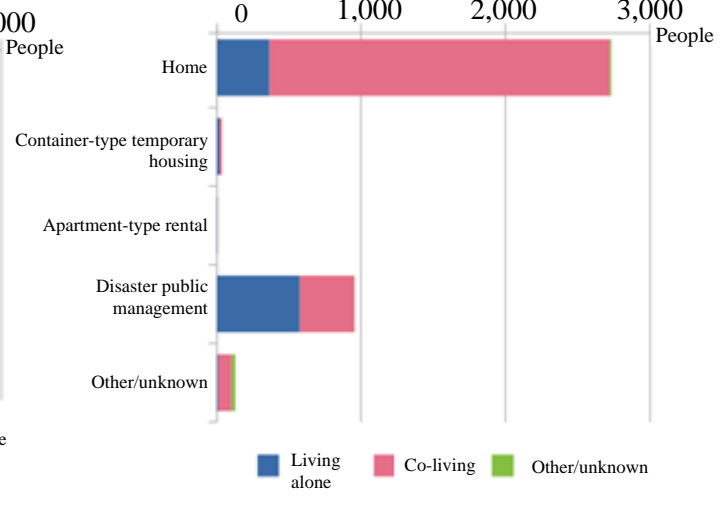


Fig. 9. Living environment and household situation (total number of people; N = 3,853)

d. Consultation background (Fig. 10)

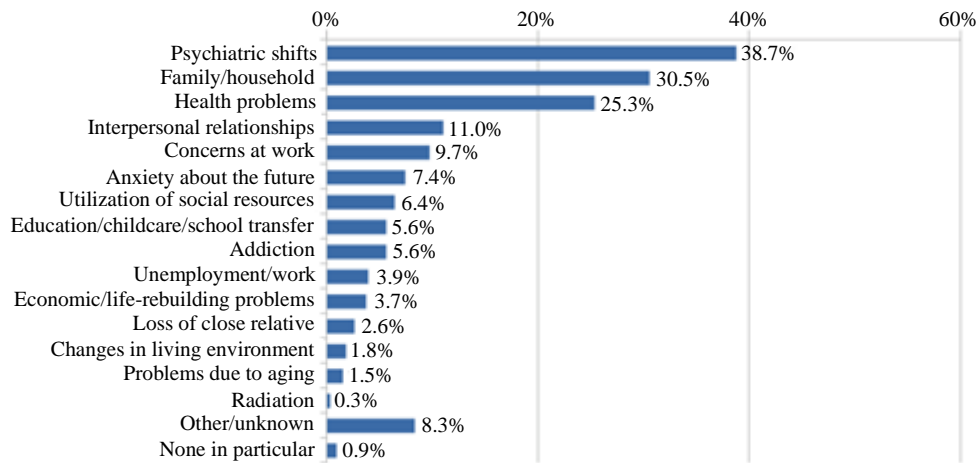


Fig. 10. Percentages relative to the number of valid responses in consultation background (total number of people, multiple responses; N = 3,853)

e. Psychiatric shifts (Fig. 11)

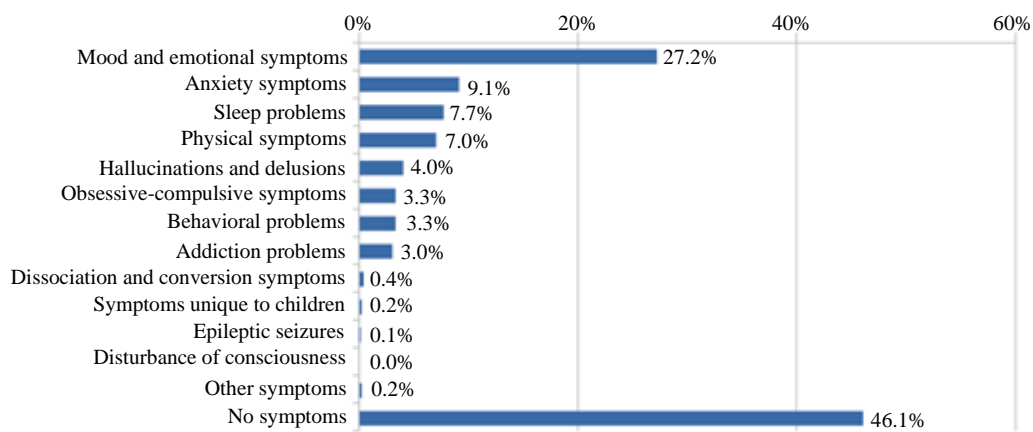


Fig. 11. Percentages relative to the number of valid responses according to psychiatric shifts (total number of people, multiple responses; N = 3,853)

f. Presence or absence of psychiatric counseling, disease name, onset, current treatment history (Table 5, Fig. 12)

Table 5. Medical history and current treatment status (total number of people; N = 3,853)

History of psychiatric counseling		Number of people
History of medical examination	(ongoing treatment)	1,355
	(treatment concluded)	112
	(treatment interrupted)	235
	(no treatment)	7
	(unknown treatment status)	29
No history of medical examination		1,465
Unknown history of medical examination		650

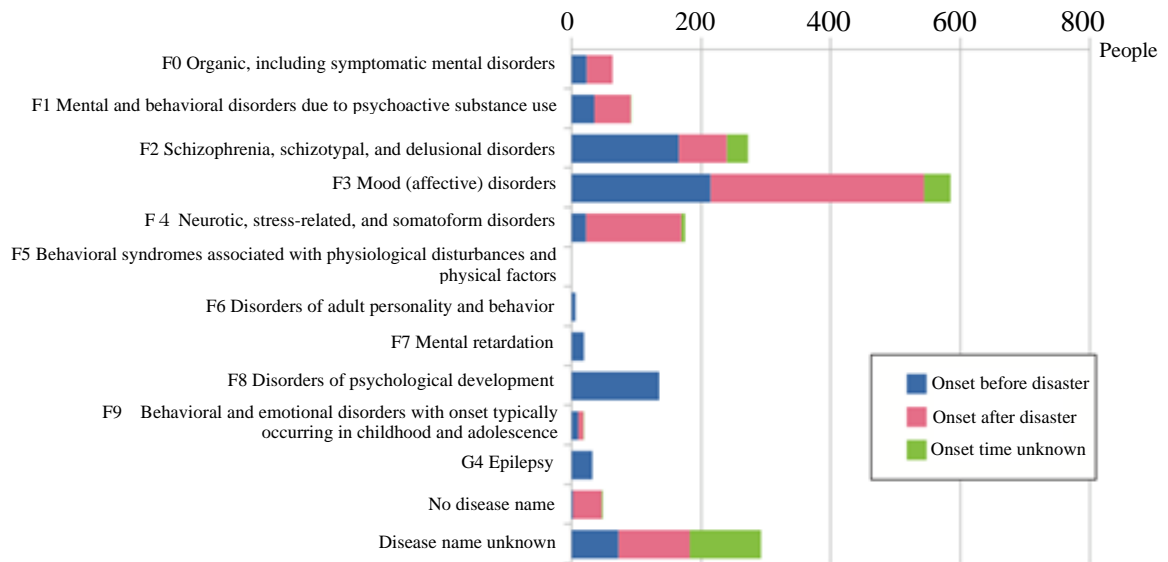


Fig. 12. Number of cases by disease classification for those who have a history of medical examination or with a named disease (total number of people, multiple responses; N = 1,738)

(2) Support content

a. Number of cases by support method for each overseeing division (Fig. 13)

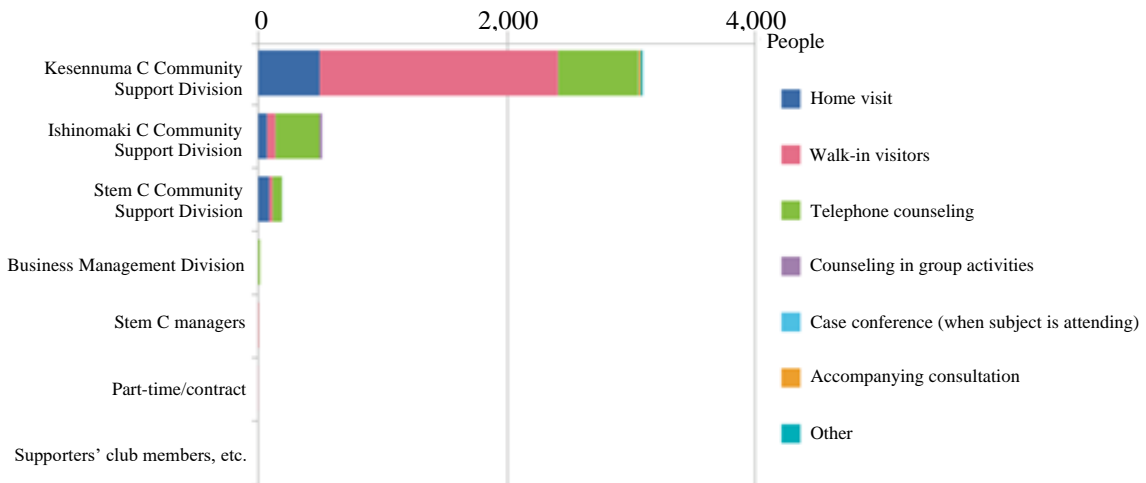


Fig. 13. Number of cases by support method for each overseeing division (total number of people; N = 3,853)

b. Breakdown of counseling recipients (Fig. 14)

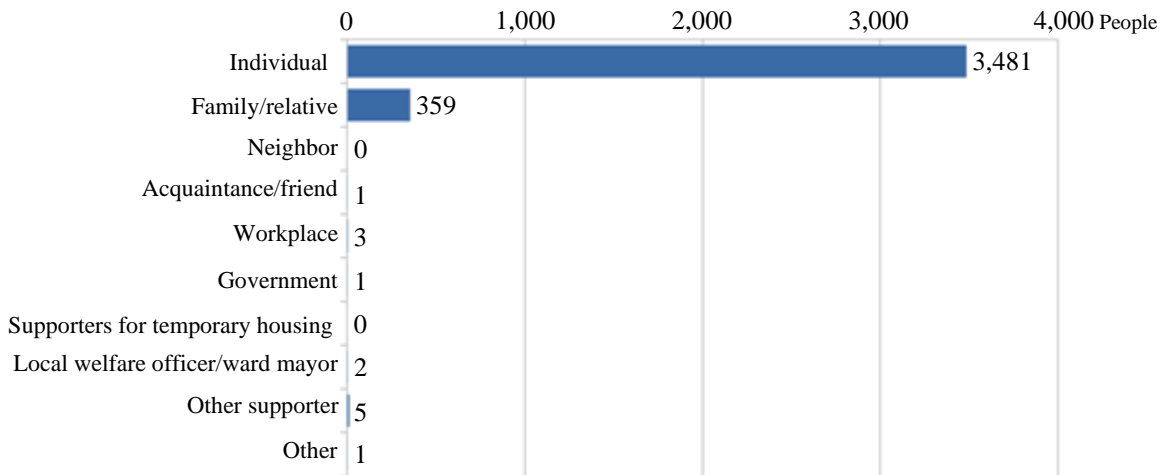


Fig. 14. Number of cases by counseling recipient (N = 3,853)

c. Attendance by other institutions (Fig. 15)

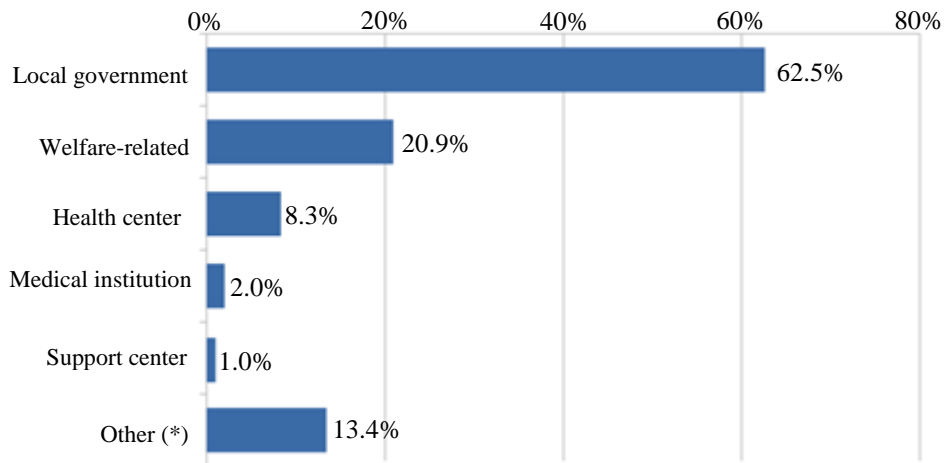


Fig. 15. Percentages relative to the number of valid responses of other attending institutions (total number of people, multiple selection; N = 397)

* "Other" includes educational institutions, police, local welfare officers

d. Characteristics of overseeing divisions (Fig. 16)

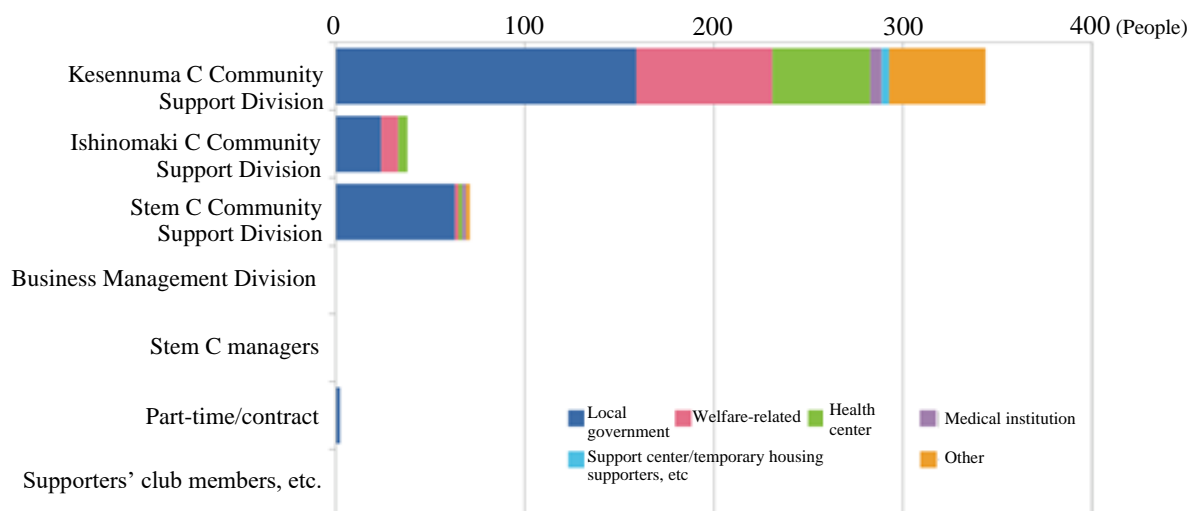


Fig. 16. Breakdown of other attending institutions according to overseeing division (total number of people, multiple selection; N = 397)

(3) Support conclusion status (Table 6, Fig. 17)

Table 6. Outcomes (N = 3,853)

Response status	Number of people	
Ongoing (total)	Regular interview	2,606
	Interview as needed	829
	Other	0
Conclusion (actual number)	Status improvement	373
	Referral to other institutions	39
	Refusal of support	5
	Other	1

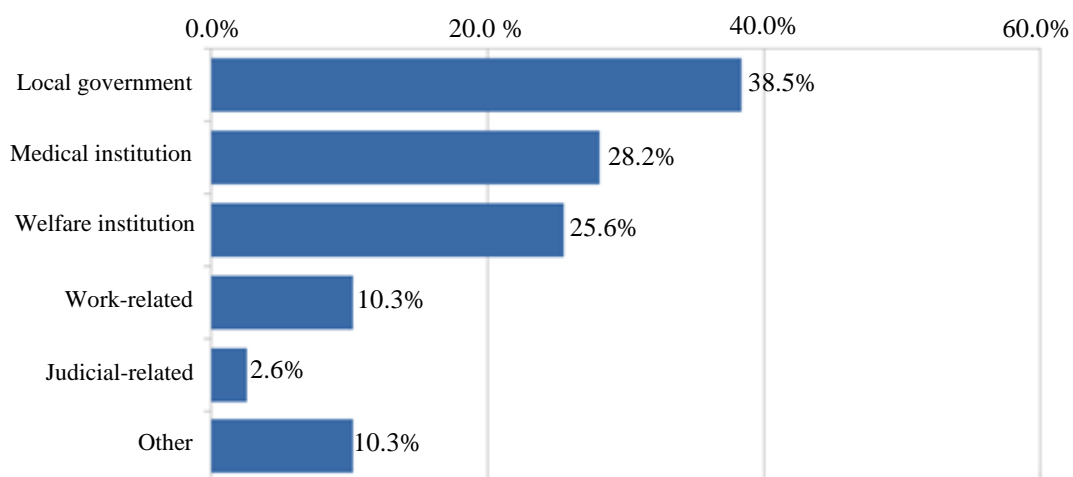


Fig. 17. Percentages relative to the number of valid responses in referrals to other institutions (total number of people, multiple selection; N = 39)

(2) Support for supporters

(1) Support implementation status

a. Number of support cases (Table 7)

Table 7. Support for supporters, implementation status (total number of cases; N = 607)

Support content	Number of cases	Number of subjects
Report after visit/interview	100	113
Professional guidance/advice	188	493
Community issues	40	298
Workplace mental health care	6	72
Case conference (when subject is not attending)	108	728
Opening of mental health counseling service booth	22	22
Medical examination support	60	426
Office work support	22	26
Other (PFA* training*1, self-care training*2, business management cooperation, etc.)	61	603
Total	607	2,781

*1 *2 Recorded as human resource development project until FY 2020.

* PFA : Psychological First Aid

b. Content of professional guidance/advice (Table 8)

Table 8. Details of professional guidance/advice (N = 188)
(total number of cases, multiple selection)

Details of professional guidance/advice	Number of cases
Alcohol problems	21
Gambling problems	0
Drug problems	0
Depression	13
Complicated grief	0
PTSD	3
Abuse	20
Other	160
Total	217

Figure 18 shows the breakdown and percentages of the 160 cases under the “Other” item.

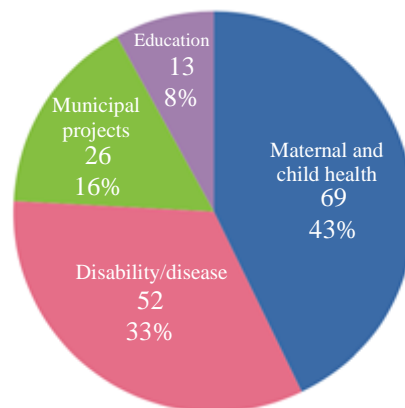


Fig. 18. Details of professional guidance/advice for “Other” (N = 160)

c. Support recipients (Fig. 19)

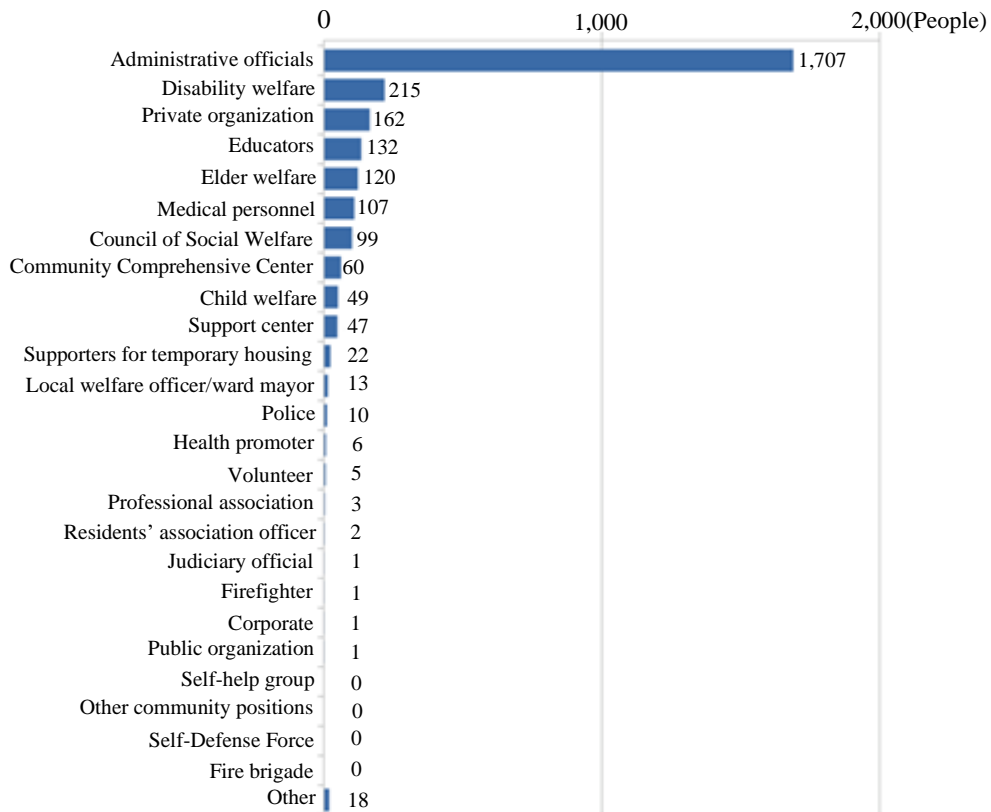


Fig. 19. Details of support recipients (total number of people; N = 2,781)

(2) Breakdown of implementation of support for supporters by overseeing division (Fig. 20)

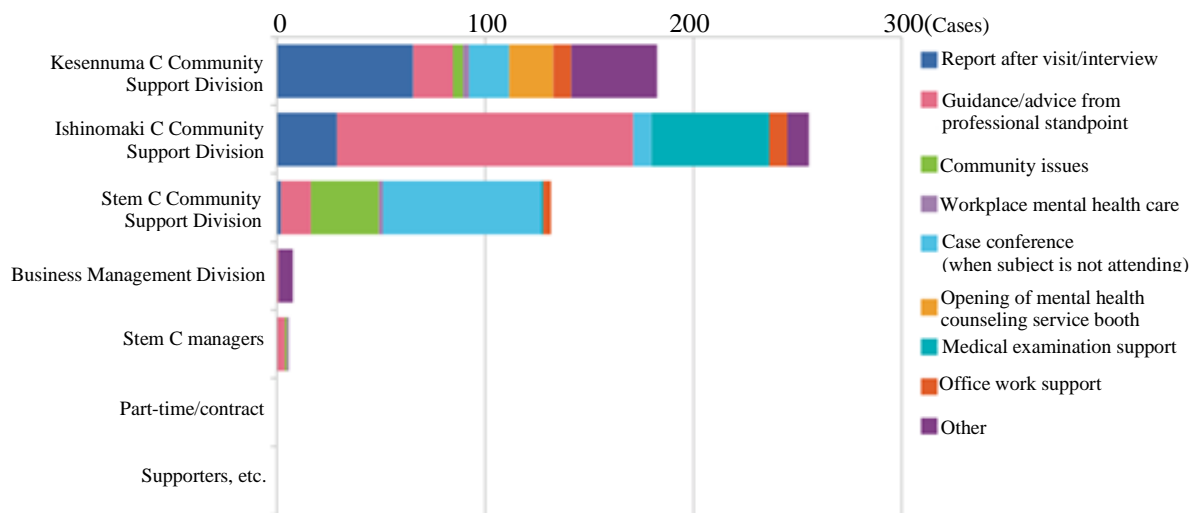


Fig. 20. Status of implementation of support for supporters by overseeing division (total number of cases, multiple selection; N = 607)

(3) Breakdown of professional advice and guidance by overseeing division (Fig. 21)

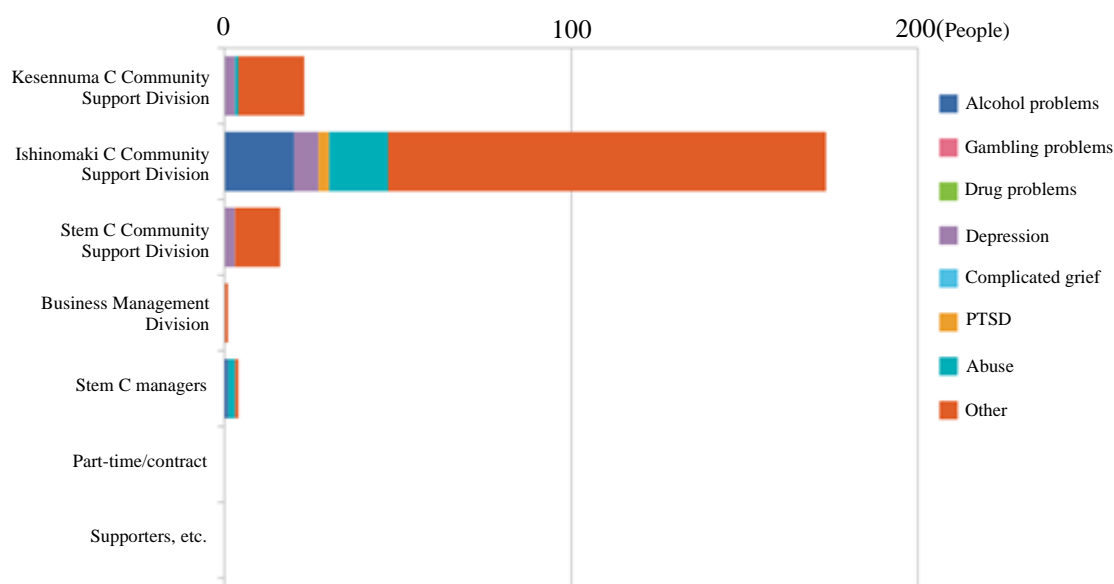


Fig. 21. Details of professional guidance and advice by overseeing division (total number of cases, multiple selection; N = 188)

(3) Public awareness campaigns

(1) Issuance of public awareness materials (Table 9)

Table 9. Distribution status of public awareness goods

Distribution area	Title/content	New / reprint	Number of items
Entire prefecture	Orange ribbon (child abuse prevention) ballpoint pen	New	150 pens
	Orange ribbon (child abuse prevention) highlighter	New	150 pens
	Orange ribbon (child abuse prevention) reusable bag	New	150 bags

(2) Training for raising public awareness (Table 10)

Table 10. Training for raising public awareness (N = 18)

	Number of times	Number of participants
Mental reaction after the earthquake	1	15
Mental illness	1	16
Basic techniques for listening (attentive listening, dealing with bereaved families, etc.)	6	166
Addiction problems (alcohol problems, etc.)	2	274
Impact of the earthquake on children	0	0
Stress and mental health care/self-care	6	154
Physical health	0	0
Workplace mental health	1	8
Disaster area status and activities of the center	1	100

(3) Research and conference presentations (Table 11)

Table 11. Research

Implementation date	Activity month	Principal researcher	Title	Details
2021	July	Miyoko Kubota	Looking back on the 10 years since the Great East Japan Earthquake: Issues revealed from health survey results	31st Tohoku Occupational Therapy Congress & Expo (held online, based in Morioka City, Iwate Prefecture, on July 1–31, 2021), remote presentation at Great East Japan Earthquake Symposium
2021	July	Yuichi Watanabe	Reconsidering gathering places and connections for people through the resumption of salon activities amid the COVID-19 pandemic	20th Japanese Society for Traumatic Stress Studies Meeting (held online, in Koriyama City, Fukushima Prefecture, on July 17–18, 2021), remote presentation at the symposium “What was the impact of COVID-19 on disaster recovery support?”
2021	July	Mitsuaki Katayanagi	From the experience of continuous support in disaster-affected areas	20th Japanese Society for Traumatic Stress Studies Meeting (held online, in Koriyama City, Fukushima Prefecture, on July 17–18, 2021), remote presentation at the symposium “Great East Japan Earthquake and recovery of regions and communities: What should be communicated to the next generation?”
2021	July	Naru Fukuchi	Longitudinal support research for children born after the Great East Japan Earthquake and their families (1): How does the mental health of caregivers affect children born after the Earthquake?	20th Japanese Society for Traumatic Stress Studies Meeting (held online, in Koriyama City, Fukushima Prefecture, on July 17–18, 2021), presented in poster session (on July 17–30)
2021	July	Shusaku Chiba	Longitudinal support research for children born after the Great East Japan Earthquake and their families (2): Examination of individual differences in parents’ mental health and children’s problematic behavior using a latent growth curve model	20th Japanese Society for Traumatic Stress Studies Meeting (held online, in Koriyama City, Fukushima Prefecture, on July 17–18, 2021), presented in poster session (on July 17–30)
2021	October	Shigeru Okazaki	Tohoku today, 10 years after the Great East Japan Earthquake	National (Tohoku) Alcohol Abstinence Meeting 2021 (held online, based in Tokyo, meeting on October 10, 2021), presentation
2021	October	Takao Tanno	Creation of the FY 2020 Annual Activity Report (Bulletin No. 9)	FY 2020 Annual Activity Report (Bulletin No. 9) created and distributed to 920 locations
2021	November	Yuichi Watanabe	“Thinking on reconstruction”: 10 years after the Great East Japan Earthquake	Ami National Community Life Support Council for People with Mental Disabilities, “Ami 24th National Meeting@online” (held online, based in Tokyo, meeting on November 26–27, 2021), remote presentation in panel discussion “10 years of businesses and support: What is recovery?”
2021	December	Akemi Ozaki	Support for reducing alcohol consumption in disaster-affected areas: Salon initiatives and development of support for reducing alcohol consumption	FY 2021 Japanese Alcohol, Nicotine & Drug Addiction Conference (joint meeting by the 56th Japanese Medical Society of Alcohol and Addiction Studies Meeting and 43rd Japanese Society of Alcohol-Related Problems Meeting, event held at Mie Prefectural General Cultural Center as hybrid venue, administrative office was Nagoya City, Aichi Prefecture, session held December 17–19, 2021), oral presentation in online session

*Research shown was that which was worked on in FY 2020 and presented in FY 2021.

(4) Salon activities (Table 12)

Table 12. Salon activities (N = 21)

	Community Support Division			Other	Total
	Kesennuma Center	Ishinomaki Center	Stem Center		
Sponsored/co-sponsored salons	6	0	5	0	11
Cooperation with salons of other institutions	4	0	6	0	10