FY2022 Activity Report

● FY2022 Activity Report by project item

● Activity Report of each division

Stem Center Community Support Division

Ishinomaki Regional Center Community Support Division

Kesennuma Regional Center Community Support Division

Efforts toward “handing down”

● Papers published in other journals

FY2022 Activity Report by project item

We report on the performance of the MDMHCC in the projects implemented in FY 2022.

The composition ratios in the following figures are rounded to the second decimal place; as such, the totals may not necessarily add up to 100.

1. FY2022 results/total numbers (Table 1)

Table 1. Number of activities by affiliation

	Community Support Division			Stem C managers	Supporters, etc.	Total
	Kesennuma	Ishinomaki	Stem			
Resident support	2,190	365	193	1	0	2,749
Support for supporters	105	155	37	2	0	299
Raising public awareness	155	22	31	22	0	230
Support for various activities	0	0	0	1	0	1
Meeting contact coordination	222	306	178	16	0	722

2. By project item

(1) Resident support (Tables 2 and 3)

Table 2. Total number of people supported, by support method (excluding letters, N = 2,716)

Support method	Number of people
Home visit	451
Walk-in visitors	1,269
Telephone counseling	904
Counseling in group activities	39
Case conference (when subject is attending)	16
Accompanying consultation	28
Other	9
Total	2,716

Table 3. Routes to initial support by the Center (multiple selections; N = 153)

Consultation route	Number of people
Health survey/all-household visits	13
From administrative agency	10
From individual themselves	65
From family/relatives	16
From support center/temporary housing supporters	1
From medical/welfare institutions	6
Other (neighbors, workplace, unknown)	50

①Support recipients

a. Sex, age, and employment status (Fig. 1)

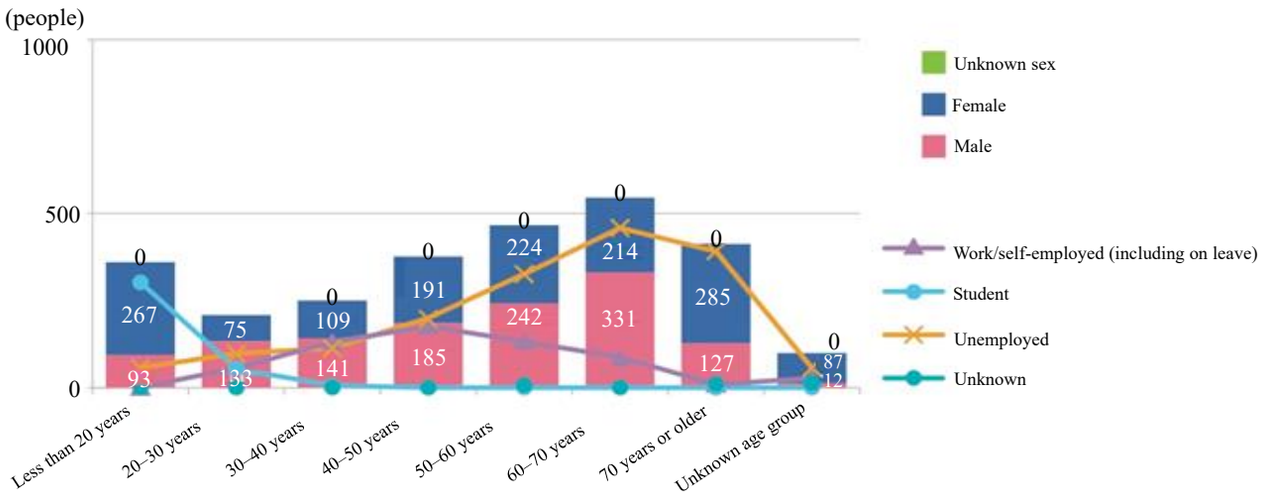


Fig. 1 Support recipients by sex and age group (total number of people, N = 2,716)

b. Damage status

Bereavement status and subject (Figs. 2, 3), injury status (Figs. 4, 5), housing damage (Figs. 6, 7)

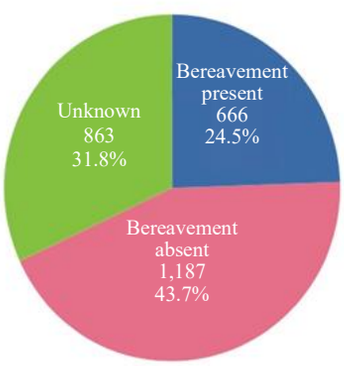


Fig. 2 Bereavement status (total number of people, N = 2,716)

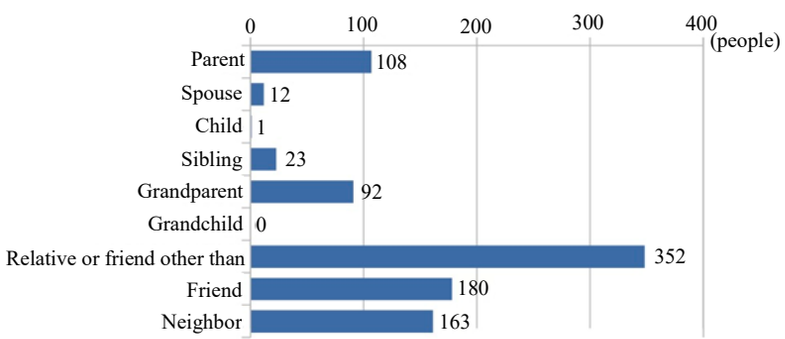
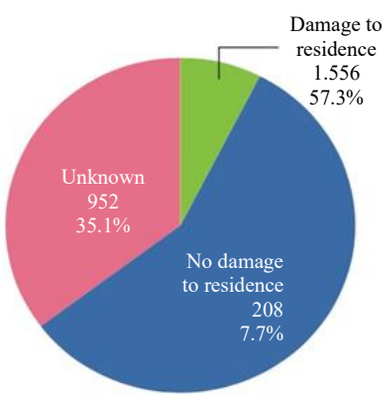


Fig. 3 Details of bereavement (total number of people, multiple selection, N = 666)



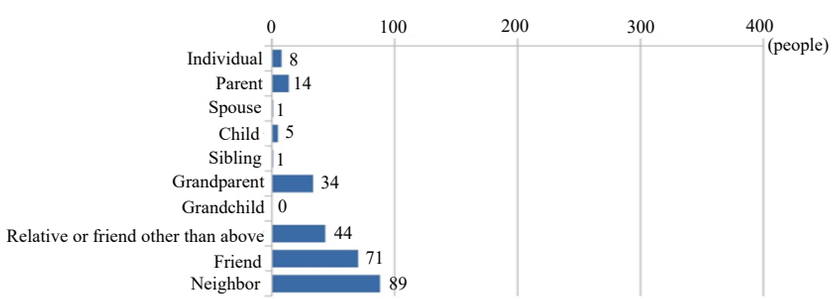


Fig. 4 Presence or absence of injury in individual or close relative (total number of people, N = 2,716)

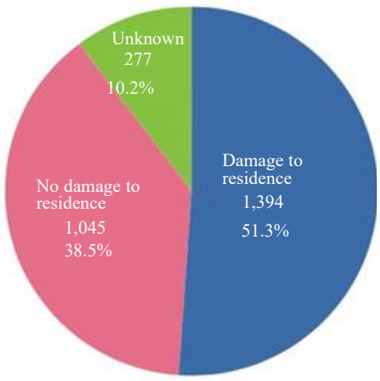


Fig. 5 Details of injuries (total number of people, multiple selection, N = 208)

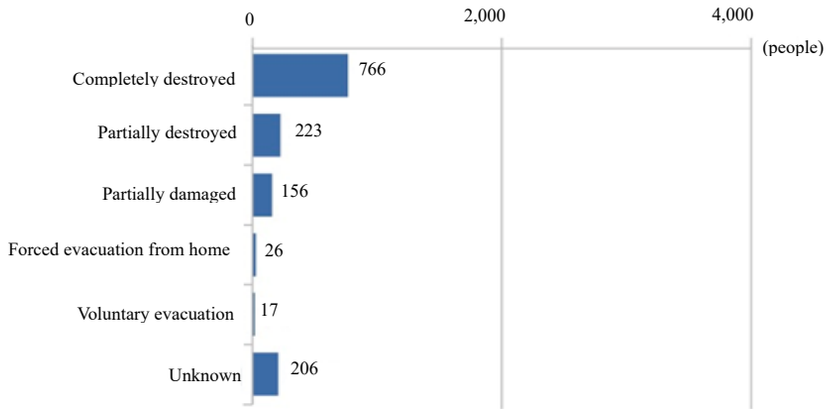


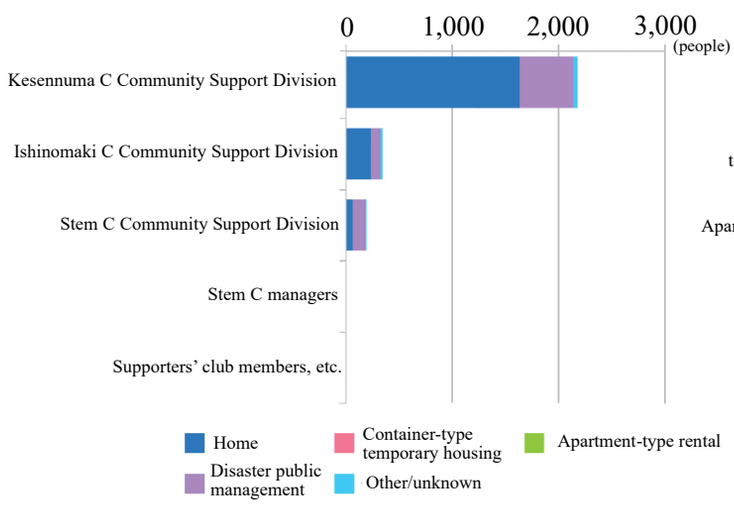
Fig. 6 Presence or absence of residential damage (total number of people, N = 2,716)

Fig. 7 Details of residential damage (total number of people, N = 1,394)

c. Living conditions (Table 4, Figs. 8, 9)

Table 4 Current living environment (total number of people, N = 2,716)

Living environment	Number of people
Home	1,936
Container-type temporary housing	0
Apartment-type rental housing	0
Public housing	715
Other/unknown	65



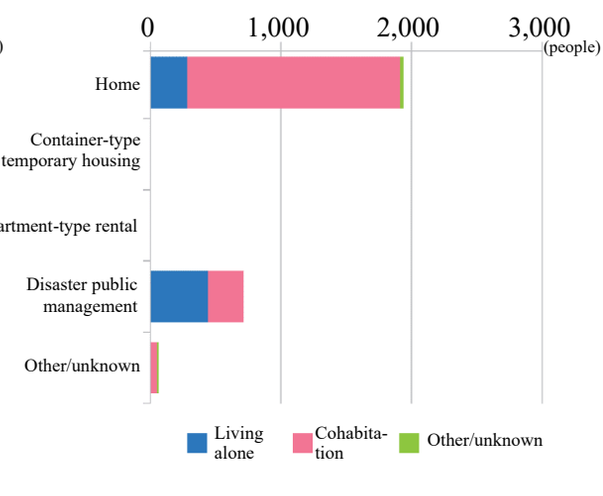


Fig. 8 Current living conditions for each overseeing division (total number of people, N = 2,716)

Fig. 9 Living environment and household situation (total number of people, N = 2,716)

d. Consultation background (Fig. 10)

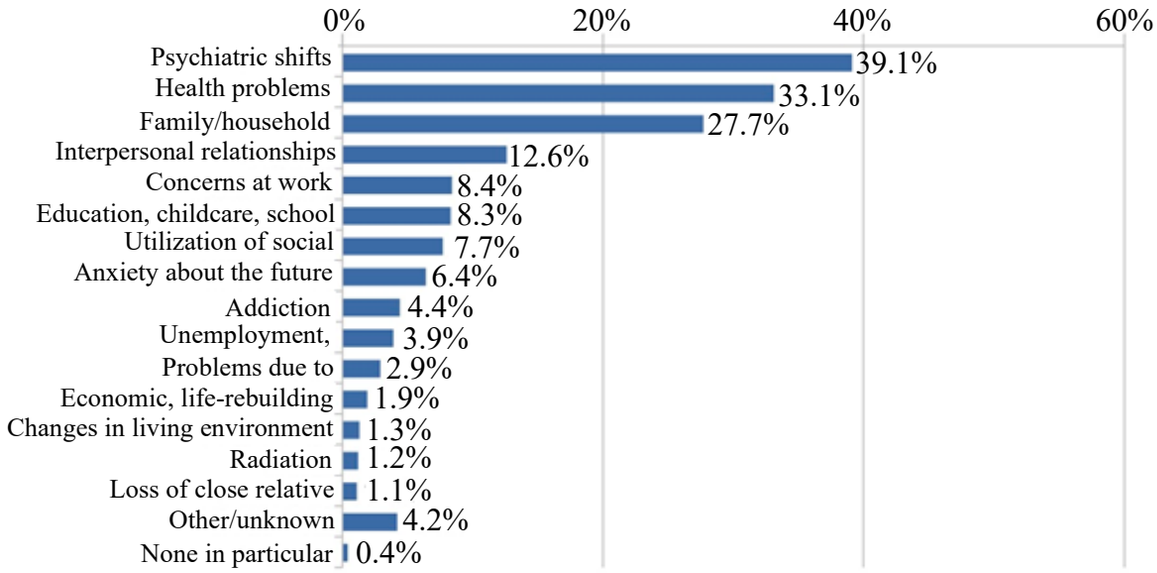


Fig. 10 Percentages relative to the number of valid responses to items on consultation background (total number of people, multiple responses, N = 2,716)

e. Psychiatric shifts (Fig. 11)

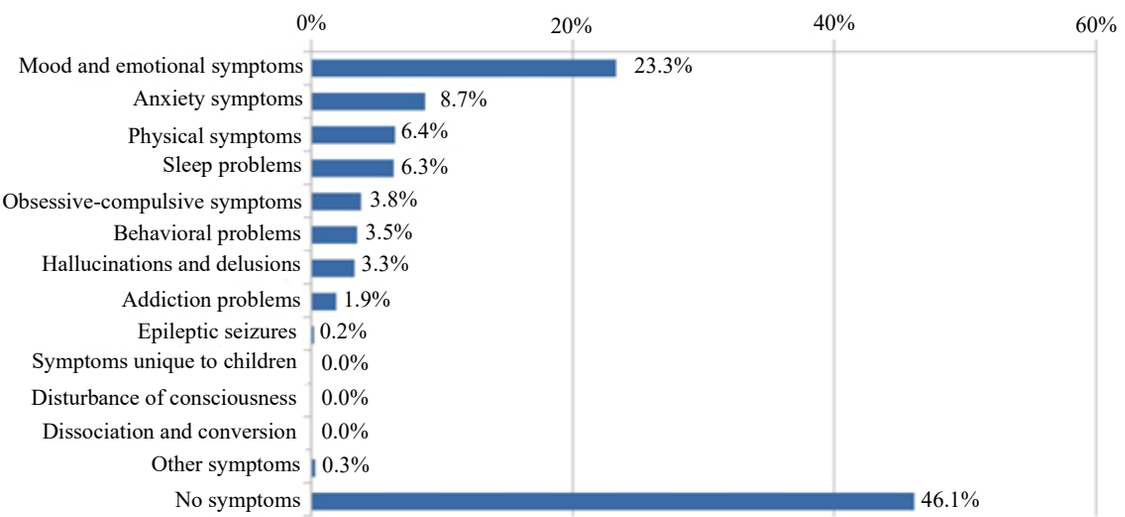


Fig. 11 Percentages relative to the number of valid responses according to psychiatric shift (total number of people, multiple responses, N = 2,716)

f. Presence or absence of psychiatric counseling, disease name, onset time, current treatment history (Table 5, Fig. 12)　Table 5 Medical history and current treatment status (total number of people, N = 2,716)

History of psychiatric counseling		Number of people
History of medical examination	Ongoing treatment	1,213
	Treatment concluded	49
	Treatment interrupted	236
	No treatment	8
	Unknown treatment status	14
No history of medical examination		852
Unknown history of medical examination		344

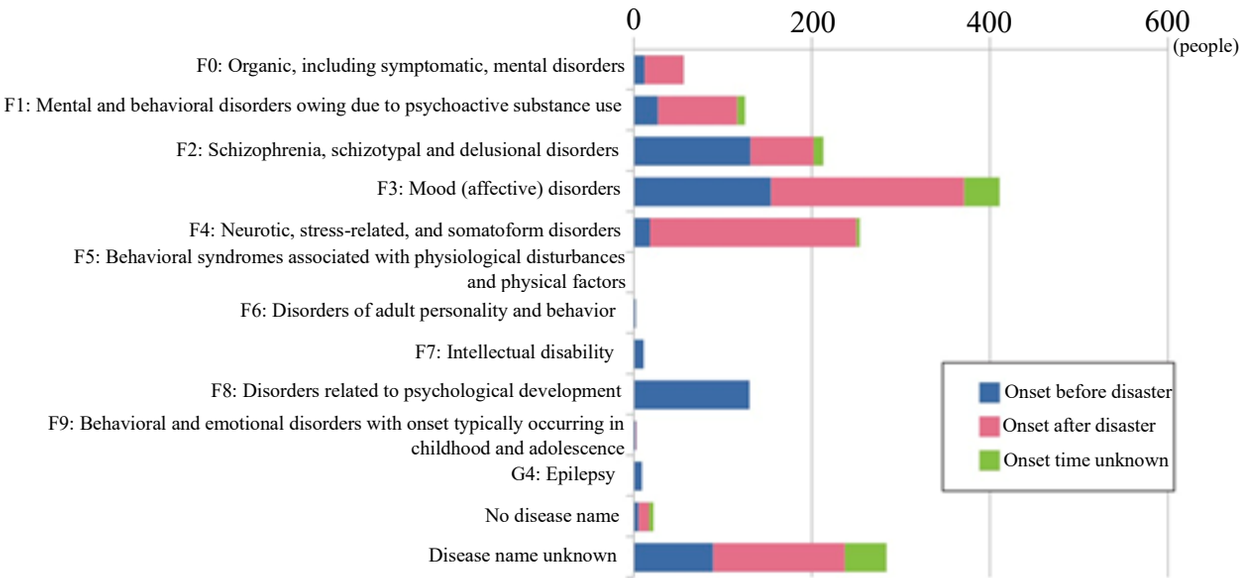


Fig. 12 Number of cases by disease classification for those with a history of medical examination or with a named disease (total number of people, multiple responses, N = 1,520)

②Support content

a. Number of cases by support method for each overseeing division (Fig. 13)

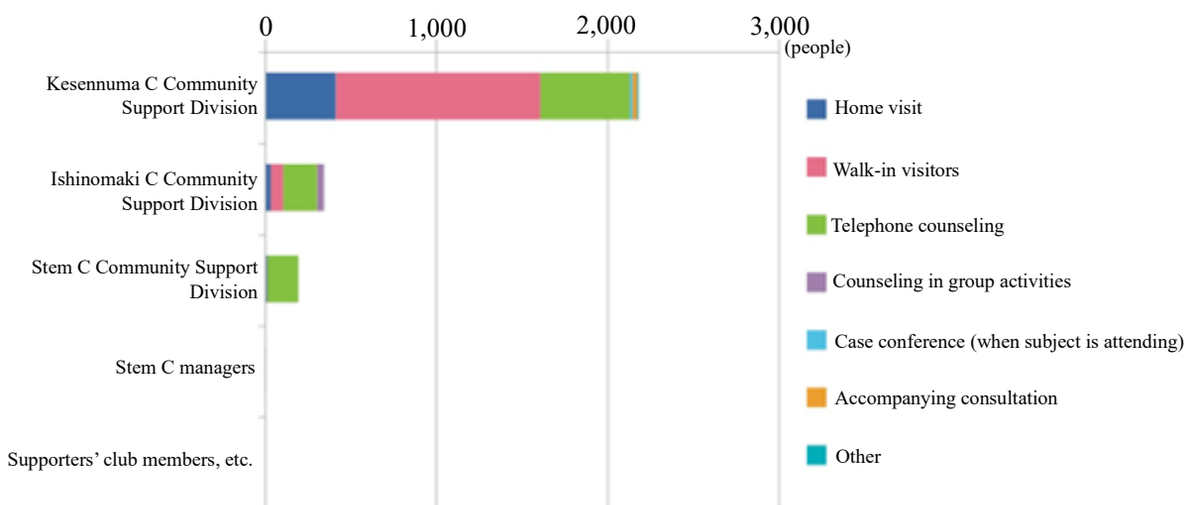


Fig. 13 Number of cases by support method for each overseeing division (total number of people, N = 2,716)

b. Breakdown of counseling recipients (Fig. 14)

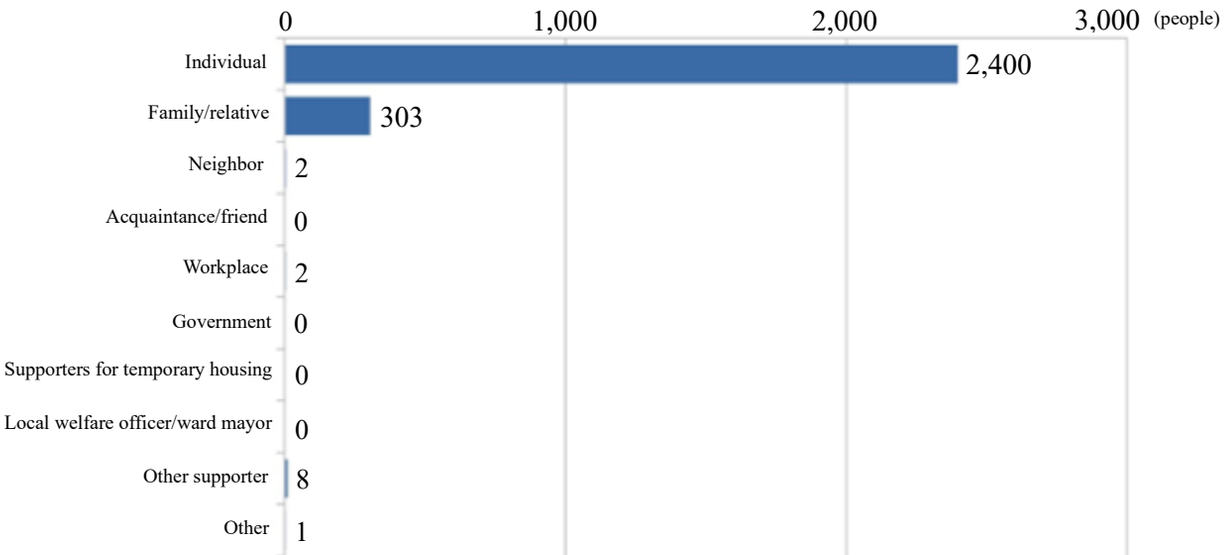


Fig. 14 Number of cases by counseling recipient (N = 2,716)

c. Attendance by other institutions (Fig. 15)

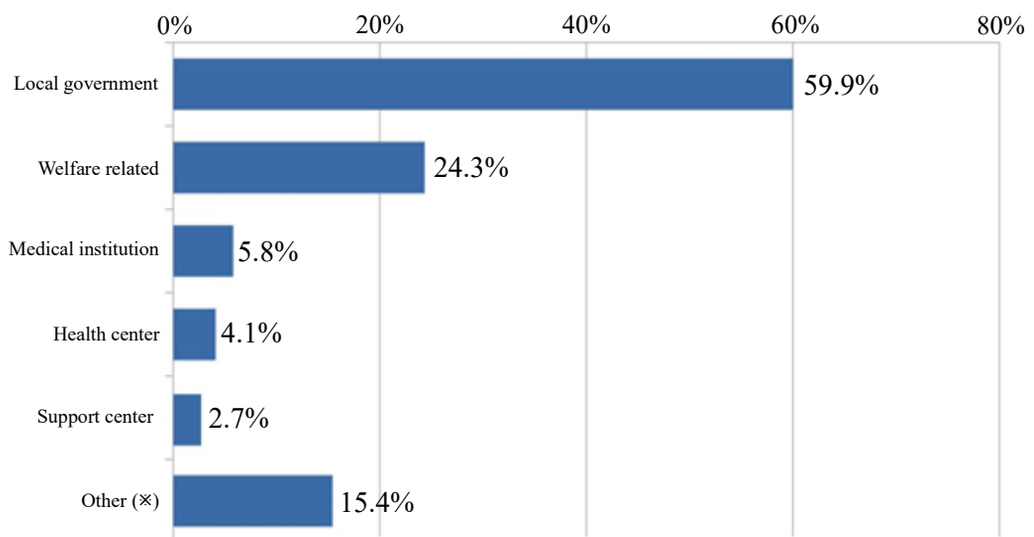


Fig. 15 Percentages relative to the number of valid responses of other attending institutions (total number of people, multiple selection, N = 292)

※ “Other” includes educational institutions, neighborhood association officers, and lifestyle support centers.

d. Characteristics of each overseeing division (Fig. 16)

Fig. 16 Breakdown of other attending institutions according to overseeing division (total number of people, multiple selection, N = 292)

③Support conclusion status (Table 6, Fig. 17)

Table 6 Outcomes (N = 2,716)

Response status		Number of people
Ongoing (total)	Regular interview	1,816
	Interview when needed	604
	Other	0
Conclusion (actual number)	Status improvement	256
	Referral to other institutions	36
	Refusal of support	4
	Other	0

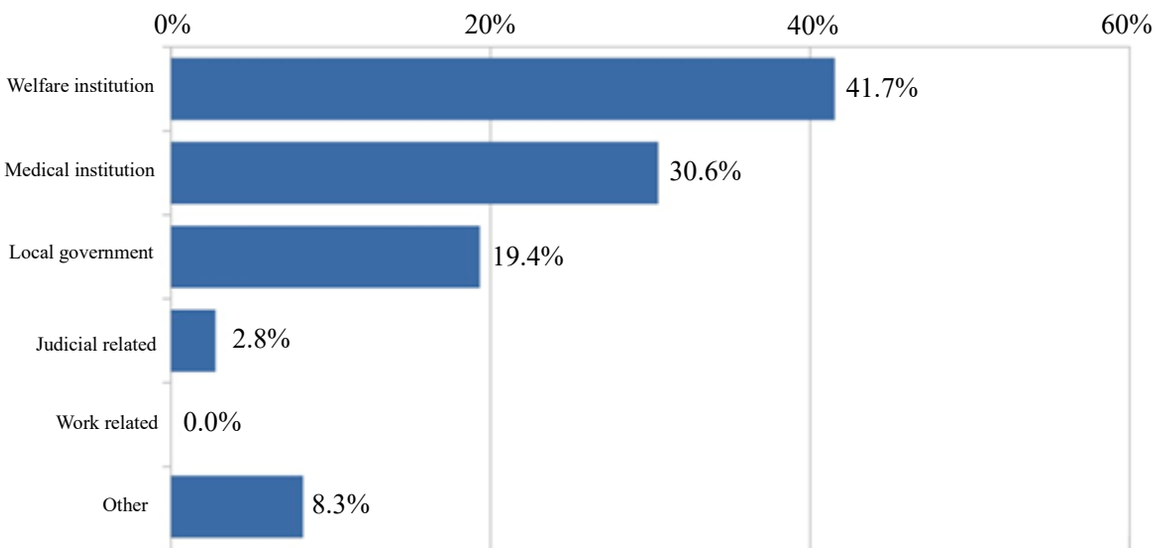


Fig. 17 Percentages relative to the number of valid responses in referrals to other institutions (total number of people, multiple selection, N = 36)

(2) Support for supporters

①Support implementation status

a. Number of support cases (Table 7)

Table 7 Support for supporters implementation status (total number of cases, N = 299)

Support content	Number of cases	Number of subjects
Report after visit/interview	28	30
Professional guidance/advice	115	183
Community issues	1	30
Workplace mental health care	1	16
Case conference (when subject is not attending)	33	323
Opening of mental health counseling service booth	24	25
Medical examination support	38	262
Office work support	5	7
Other (PFA training※1, support skills training※2, business management cooperation, etc.)	54	428
Total	299	1,304

※1 ※2 Recorded as a human resource development project until FY 2020.

b. Content for professional guidance/advice (Table 8)

Table 8 Details of professional guidance/advice (N = 115)
(total number of cases, multiple selection)

Details of professional guidance/advice	Number of cases
Alcohol problems	12
Gambling problems	0
Drug problems	0
Depression	8
Complicated grief	0
PTSD	1
Abuse	12
Other	94
Total	127

Fig. 18 Breakdown and percentages of the 94 cases under the “Other” item in Table 8.

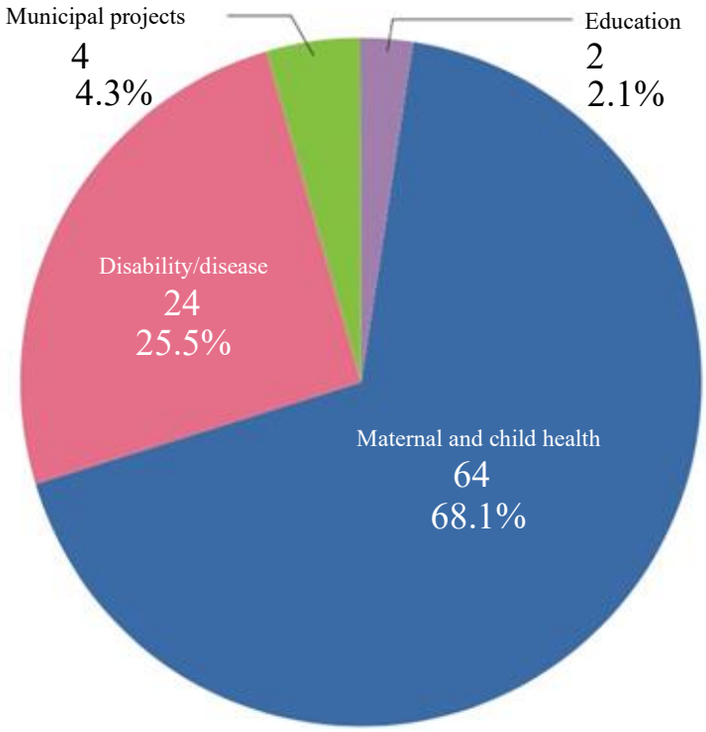


Fig. 18 Details of “Other” support recipients (N = 94)

c. Support recipients (Fig. 19)

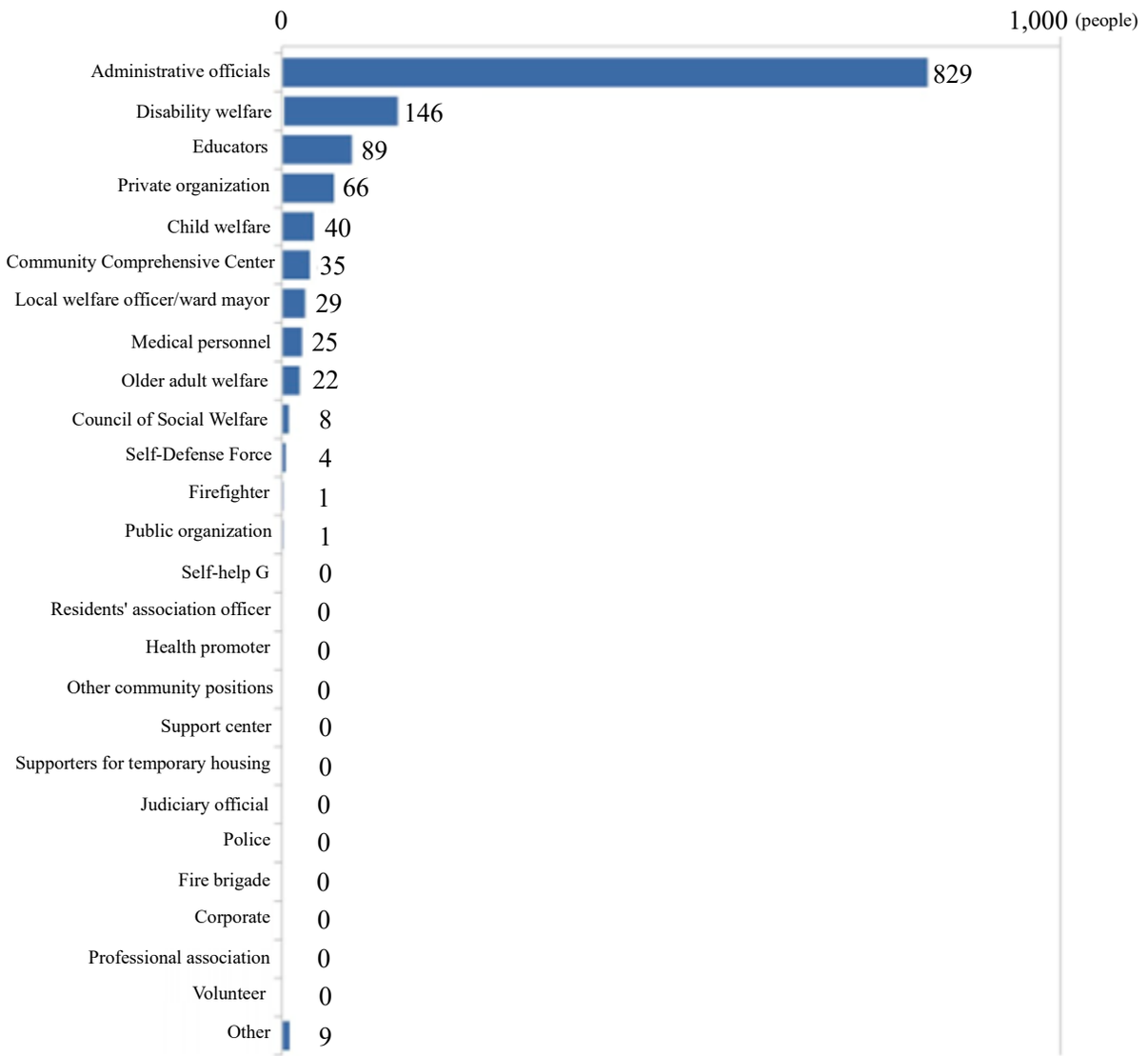


Fig. 19 Details of support recipients (total number of people, N = 1,304)

② Breakdown of implementation of support for supporters according to the overseeing division (Fig. 20)

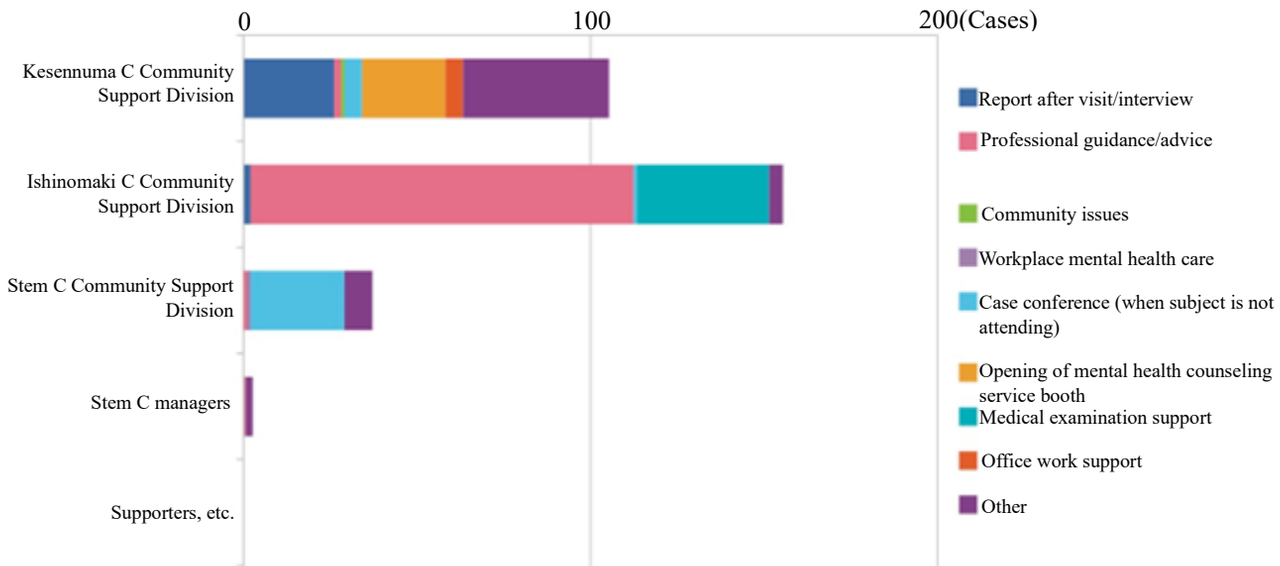


Fig. 20 Status of implementation of support for supporters according to overseeing division (total number of cases, multiple selection, N = 299)

③ Breakdown of professional advice and guidance according to overseeing division (Fig. 21)

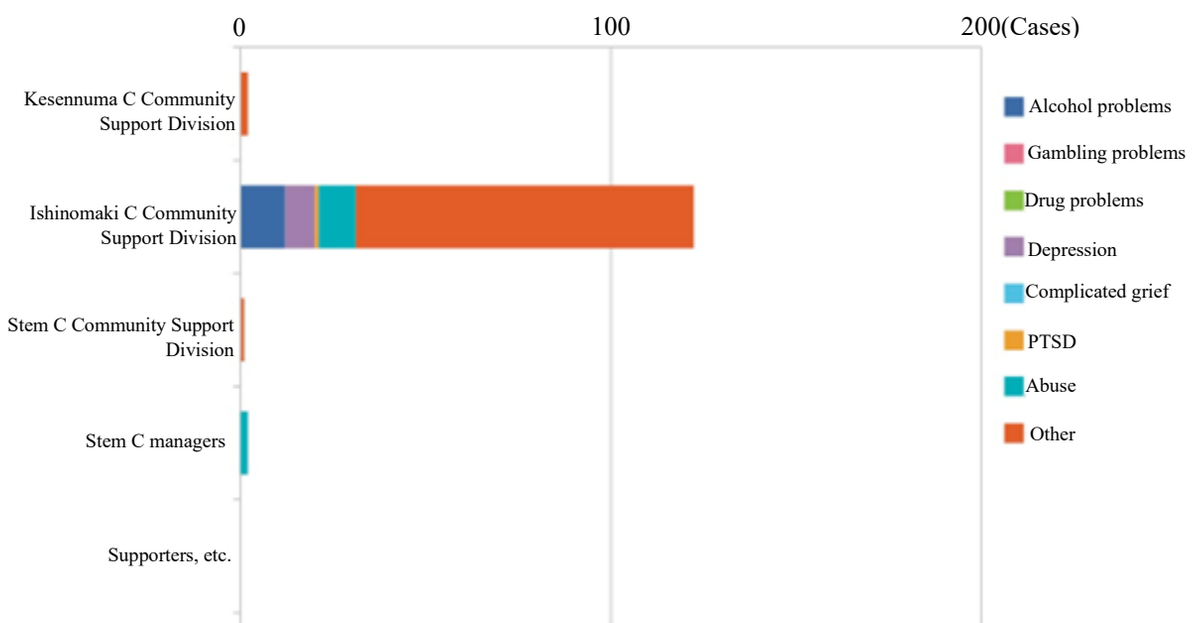


Fig. 21 Details of professional guidance and advice according to overseeing division (total number of cases, multiple selection, N = 115)

※ See Fig. 18 for details on “Other”

(3) Raising public awareness

① Issuance of public awareness materials (Table 9)

Table 9 Distribution status of public awareness goods

Distribution area	Title/content	New/reprint	Number of items
Entire prefecture	Orange ribbon (child abuse prevention) ballpoint pen	New	50
	Orange ribbon (child abuse prevention) highlighter	New	50
	Orange ribbon (child abuse prevention) eco bag	New	50

②Training for raising public awareness (Table 10)

Table 10 Training for raising public awareness (N = 16)

	Number of times	Number of participants
Mental reaction after earthquake	0	0
Mental illness	1	11
Basic techniques for listening (attentive listening, dealing with bereaved families, etc.)	3	93
Addiction problems (alcohol problems, etc.)	2	219
Impact of the earthquake on children	1	7
Stress and mental health care/self-care	8	206
Physical health	1	50
Workplace mental health	0	0
Disaster area status and activities of our center	0	0

③ Research/conference presentations, etc. (Table 11)

Table 11. Research

Implementation date	Activity month	Principal researcher	Research title	Details
2022	July	Naru Fukuchi	Study of factors associated with the prolongation of mental health problems in mothers who gave birth after the Great East Japan Earthquake	July 14–15, 2022: A poster presentation was delivered at the 19th Annual Meeting of the Japanese Society of Mood Disorders (hybrid format: Oita Prefecture).
2023	March	Naru Fukuchi	Analysis of characteristics of people in need of support among resident support after the Great East Japan Earthquake: Insights from the activities of the Miyagi Disaster Mental Health Care Center	March 16–17, 2023: A poster presentation was delivered at the 41st Annual Meeting of the Japanese Society for Social Psychiatry (hybrid format: Hyogo Prefecture).

④Salon activities (Table 12)

Table 12 Forum activities (N = 22)

	Community Support Division of each center			Other	Total
	Kesennuma	Ishinomaki	Stem		
Sponsored/co-sponsored	5	0	6	0	11
Cooperation with forums of other institutions	3	8	0	0	11

(4) Support for various activities (Table 13)

Table 13. Support for various activities

Implementation date	Activity name	Details
May 2, 2022	Consultation with representatives of association of parents of children with delinquency issues	We provided advice to representatives of an association of parents of children with delinquency issues on how to operate the association and how to respond to individual counseling.