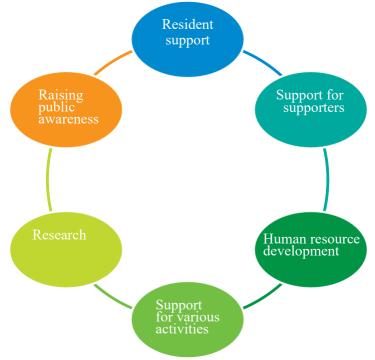
# Miyagi Disaster Mental Health Care Center Project

These six projects constitute the Miyagi Disaster Mental Health Care Center's main foci.

This bulletin primarily contains reports of activities in these six areas.



## Resident support

Preventive mental health care, mental wellness counseling, and support for disaster victims

Counseling and support services for victims (oneon-one counseling, telephone counseling, etc.)

Community programming and event planning for residents of disaster areas

#### Raising public awarene

Mental health awareness and education

Community workshops and lectures Salon activities for residents of affected areas Preparation and distribution of educational pamphlets, flyers

Transmission of information via PR materials and websites, etc.

#### Research

Understanding the current status of disaster-affected areas and people through research and surveys

## Support for supporters

Mental and physical health support services for municipal staff, provisional support workers, and other support providers

Professional aid for local governments

Consultation, supervision, participation in case conferences Establishment of mental health help desks for support workers

Administrative support

## Human resource developme

Promotion and training for mental health professionals and support

Mental health training in the event of earthquake disasters

Support for skills training Case study training Conferences related to mental health care in the context of earthquake recovery

#### Support for various activitie

Collabor